



God Who Removes Shame And Pain
(Subtitle: I have rolled away the reproach of Egypt)
Supernatural Sunday Sermon, August 30, 2026

For our text this morning we will read:

Joshua 5:8-9

8 So it was, when they had finished circumcising all the people, that they stayed in their places in the camp till they were healed.

9 Then the LORD said to Joshua, "This day I have rolled away the reproach of Egypt from you." Therefore the name of the place is called Gilgal to this day.

The people of Israel under the leadership of Joshua had crossed over the river Jordan. At this point Joshua had all the men circumcised – the men who had been born since the Exodus from Egypt and during the journey through the wilderness (see Joshua 5:1-7).

God speaks to Joshua at this juncture and declares “This day I have rolled away the reproach of Egypt from you” (vs 9).

THE REPROACH OF EGYPT

“The reproach of Egypt”, as some translations will point out refers to the shame and disgrace of being slaves in Egypt.

The people of Israel were oppressed and afflicted with heavy burdens by the Egyptians. They were made to build cities for Pharaoh. The Egyptians were ruthless and made them to work as slaves and made their lives bitter with hard work. The Egyptians even went to the extent of killing the male children (Exodus 1:11-16).

The reproach of Egypt therefore, refers to the shame and pain that the people of Israel endured as slaves in Egypt.

It is at this juncture, when the men had been circumcised, that God announced to them that the Lord had rolled away the reproach of Egypt from His people. God had supernaturally wiped away the shame and the pain of being slaves.

In their hearts and minds there was release from the shame and pain of having been slaves.



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In the hearts and minds of all those around them, the neighboring tribes and kings, there was fear and honor toward the people of Israel, when they heard that the people of Israel had crossed over Jordan on dry ground and entered the region East of Jericho.

There was a change – internally and externally.
No more shame and pain.
Now there was honor, authority and dominion.

GOD WHO REMOVES PAIN AND SHAME

All of us may have gone through experiences in life that may have left us in a place of pain, shame and disgrace. Perhaps these things happened because of our own doing. We sinned. We did wrong things. Sometimes, this may have happened because of things others inflicted on us.

The Bible teaches us clearly that God removes pain and shame. He brings us to a place of honor and glory.

We see in several other places in Scripture that God spoke about removing shame and pain from His people. Consider these Scriptures:

A future restoration

Isaiah 29:22-24

**22 Therefore thus says the LORD, who redeemed Abraham, concerning the house of Jacob: "Jacob shall not now be ashamed, Nor shall his face now grow pale;
23 But when he sees his children, The work of My hands, in his midst, They will hallow My name, And hallow the Holy One of Jacob, And fear the God of Israel.
24 These also who erred in spirit will come to understanding, And those who complained will learn doctrine."**

Isaiah is referring to a future day of spiritual restoration for the people of Israel, most likely a time during the millennial reign of the Messiah, when Israel (the house of Jacob) will honor the Lord, and those who have erred will come to understanding. This will remove all shame and disgrace from them.

Doing the Father's will

Isaiah 50:6-7

6 I gave My back to those who struck Me, And My cheeks to those who plucked out the beard; I did not hide My face from shame and spitting.



7 "For the Lord GOD will help Me; Therefore I will not be disgraced; Therefore I have set My face like a flint, And I know that I will not be ashamed."

In Isaiah 50:4-8 the prophet Isaiah is speaking prophetically of the Messiah and how He would endure suffering. This was exactly fulfilled by Jesus Christ. Notice the confidence with which the Messiah would endure suffering. He did this knowing that the Father would help Him and that he would not be disgraced or be put to shame.

Our own sins

Isaiah 54:4

"Do not fear, for you will not be ashamed; Neither be disgraced, for you will not be put to shame; For you will forget the shame of your youth, And will not remember the reproach of your widowhood anymore."

The immediate context of Isaiah 54:1 is the Babylonian exile and captivity during which time Israel would be oppressed and experience humiliation, shame and disgrace. God through the prophet Isaiah, promised a glorious release for His people from the shame and pain of captivity.

You will not be ashamed.

You will not be disgraced.

The shame and pain of captivity will be removed.

This is what God promised and what God did for His people.

Interestingly, Paul the apostle quotes Isaiah 54:1 in Galatians 4:27 in the context of the New Covenant and the new birth, born according to promise and by the Spirit.

The implication here is amazing. The new birth and being in the New Covenant puts us in a place where pain, shame and disgrace have been removed.

The anointing of the Holy Spirit

Isaiah 61:7

Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion. Therefore in their land they shall possess double; Everlasting joy shall be theirs."

Isaiah 61 is the well-known passage about the anointing of the Holy Spirit. The Lord Jesus quoted from Isaiah 61:1-2 to announce His earthly ministry. This entire passage



(i.e. Isaiah 61) gives light on what the anointing of the Holy Spirit brings into our lives. Verse 7 speaks so clearly of double honor instead of shame, and joy instead of confusion.

We've looked at these passages to establish the fact that our God is the God who removes pain, shame and disgrace.

THIS DAY I HAVE ROLLED AWAY

Their pain and shame were rolled away the day they were circumcised

Circumcision in the New Testament is compared to becoming a new creation and to putting away the sins of the flesh

Galatians 6:15

For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation.

Colossians 2:11-12

**11 In Him you were also circumcised with the circumcision made without hands, by putting off the body of the sins of the flesh, by the circumcision of Christ,
12 buried with Him in baptism, in which you also were raised with Him through faith in the working of God, who raised Him from the dead.**

GILGAL - THE PLACE OF PAIN AND SHAME ROLLING AWAY

Think about Gilgal. This was a place inside the Promised Land.

They crossed over supernaturally across the river Jordan on dry ground.

This was the place where the raised a monument – a memorial of what God had done.

This was their first “campsite”, their first stop inside the Promised Land.

This was where the men born in the wilderness, during the forty years of wandering, were circumcised.

This was the place of the first Passover in the Promised Land.

This was the place where manna ceased and they began to eat the produce of the land.

This was the place where God appeared personally to Joshua as commander-in-chief of the army of Israel from where they began their conquests.

The Promised Land speaks to us of our inheritance in Christ.



Our first campsite in the Promised Land, in our inheritance in Christ should be a place where we know that all pain and shame, all disgrace of our past life has been removed, in Christ.

This is the place from which we begin our conquests to inherit and walk into all that God has made available to us.

IN HIM YOU WERE CIRCUMCISED

Psalm 118:22-23

22 The stone which the builders rejected Has become the chief cornerstone.

23 This was the LORD's doing; It is marvelous in our eyes.

Isaiah 28:16

Therefore thus says the Lord GOD: "Behold, I lay in Zion a stone for a foundation, A tried stone, a precious cornerstone, a sure foundation; Whoever believes will not act hastily.

Some versions render the last part of this verse as: whoever believes will not be ashamed, or will not be disappointed.

The Lord Jesus endure rejection, shame and pain.

Yet, we have the powerful testimony that the stone which the builders rejected, God made the chief corner stone.

In Christ, there is no more shame or condemnation. Embrace this freedom. Embrace this liberty. Embrace your righteousness in Christ. Embrace the truth that there is no condemnation in Christ. This is key to moving into your inheritance in Christ.

Romans 8:1

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

We can declare boldly with the Psalmist:

Psalm 3:3

But You, O LORD, are a shield for me, My glory and the One who lifts up my head.

Psalm 34:4-5

4 I sought the LORD, and He heard me, And delivered me from all my fears.



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5 They looked to Him and were radiant, And their faces were not ashamed.

radiant = shine, beam, flow, filled with light, shine like the sun, be glad, put a smile on their face

SUMMARY

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads

Lead people into a time of prayer.

Invite the Holy Spirit to remove all pain and shame.

Let people experience complete release from the things of the past.



**God Who Removes Shame And Pain
Supernatural Sunday Sermon, August 30, 2026**

This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

Preparation

Life Group Leader: To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. Please do not make your life group read through the complete sermon notes during the life group. All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.



LISTEN to God's Word

Read the following Scripture references: *Joshua 5:1-9*

INVESTIGATE God's Word Together

Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning. Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

Q1, Examine the "reproach of Egypt" as described in Exodus 1:11-16.

Q2, The Lord Jesus set us an example of enduring pain and shame for righteousness sake, for fulfilling God's purposes, for doing the Father's will being fully confident that these would be removed. See Isaiah 50:6-7, Psalm 118:22-23. What can we learn from His example when we face dishonor, disgrace and shame?

Q3, Gilgal, the first campsite was the place where pain and shame were removed. From there, the people of Israel went on their conquest. What does this teach us of being established in our righteousness in Christ and being free from shame and condemnation?

Each one can take a few (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1, families to be protected and strengthened

2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.



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3, for the BUILD TO IMPACT project - for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.

Close by thanking God together.



USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>

E-LEARNING: <https://apcbiblecollege.org/elearn>

WEEKEND SCHOOLS: <https://apcwo.org/ministries/weekend-schools>

COUNSELING: <https://chrysalislife.org>

MUSIC: <https://apcmusic.org>

MINISTERS FELLOWSHIP: <https://pamfi.org>

CHURCH APP: <https://apcwo.org/app>

CHURCHES: <https://apcwo.org/ministries/churches>

WORLD MISSIONS: <https://apcworldmissions.org>

BELIEVERS BIBLE COMMENTARY: <https://believersbiblecommentary.com>

SERMON OUTLINE

Gilgal was the first campsite after crossing the river Jordan and entering the Promised Land. At Gilgal, God announced to His people "I have rolled away the reproach of Egypt". The pain, shame and disgrace of being slaves in Egypt had been removed. From here the people of Israel would carry out their conquests to possess the land of Promise. The Promised Land speaks to us of our inheritance in Christ. Our first campsite in the Promised Land, in our inheritance in Christ should be a place where we know that all pain and shame, all disgrace of our past life has been removed, in Christ. This is the place from which we begin our conquests to inherit and walk into all that God has made available to us. In this sermon we lead believers to experience a rolling away of reproach, a removal of pain, shame and disgrace. By the anointing of the Holy Spirit God places double honor for shame and joy instead of confusion. Receive your rolling away



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of the reproach of Egypt! This sermon includes free audio (mp3) and video of this powerful, motivational, expository teaching, free printable PDF sermon outlines, sermon notes and small group study guide with discussion questions and presentation slides. All resources (sermon PDF, sermon MP3, sermon video, sermon presentation) are free for use in personal study, small groups, Bible study prayer groups, local churches, conferences, Bible colleges, etc.

KEYWORDS

freedom from shame, pain and disgrace, no condemnation, no shame, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN

Mounce Concise Greek-English Dictionary. Edited by William D. Mounce with Rick D. Bennett, Jr. (1993)

Word Pictures in the New Testament. Archibald Thomas Robertson. Published in 1930-1933; public domain.

Word Studies in the New Testament. Marvin R. Vincent, D.D. (1886).

Free Bible software and AI tools are also used as Bible study aids, from time to time.