



Good Friday
Jesus' Final Statements from the Cross
Sermon Notes, Sermon Outline and Small Group Study Guide

People may be seated. Communion right after Worship.

COMMUNION / LORD'S TABLE

BABY DEDICATION

FTV WELCOME

Welcome first-time visitors....

What we do announce is that if you are already part of a church that teaches the uncompromised Word of God, we encourage you to remain faithful there. But if you are looking for a home church, we welcome you to visit us again and see if this is where God wants you to be planted.

LIVE STREAM AUDIENCE

Welcome! Please visit apcwo.org/ftv. Please Like, Share and Subscribe, if in Bangalore come to any one of our Sunday services. Please engage, post comments in the Live Chat during service.

OTHER ANNOUNCEMENTS

SUNDAY VIDEO ANNOUNCEMENTS

NEW MEMBERS' WELCOME

TESTIMONIES

NOTE TO PASTORS



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Friday, April 03, 2026 – Sermon Outline

Introduction

Good Friday—a day filled with injustice, suffering, betrayal, death, when hope seemed lost, and when the Son of God hung on the Cross.

Good Friday is “good” because of what the Lord Jesus accomplished. On that Cross, sin was dealt with, the penalty was paid, and the barrier between God and humanity was broken. Justice was satisfied, and mercy was made available to all.

It is good because of the great exchange—our sin, sickness, curse, pain and shame for His forgiveness, salvation, healing, blessing, and righteousness.

Today, we are focusing on the final statements that the Lord Jesus spoke from the Cross. These sayings are traditionally referred to as the “seven words” of the Lord Jesus from the Cross and are put together from the four gospels. These final statements of the Lord reveal to us His nature and character, what He accomplished through the Cross, and what it means to us today.

1. ‘Father forgive them for they do not know what they do’

Luke 23:34

Then Jesus said, “Father, forgive them, for they do not know what they do.” And they divided His garments and cast lots.

The Lord was betrayed, denied, accused, mocked, beaten, whipped, and crucified. Crucifixion was an excruciatingly painful form of torture and slow death. The sin of the world was laid on him.

So, He was in great pain and anguish – physically, emotionally, and spiritually.

Pain has a way of pulling our attention inward, making us acutely aware of ourselves and our suffering.

Pain naturally draws us into ourselves, but even in His deepest suffering, the Lord Jesus looked beyond Himself and the agony that He was undergoing to focus on others — to intercede, to forgive, to care.



This was indeed a fulfillment of what Isaiah prophesied.

Isaiah 53:12

**Therefore I will divide Him a portion with the great,
And He shall divide the spoil with the strong,
Because He poured out His soul unto death,
And He was numbered with the transgressors,
And He bore the sin of many,
And made intercession for the transgressors.**

2. 'Today you will be with me in paradise'

Luke 23:43

And Jesus said to him, "Assuredly, I say to you, today you will be with Me in Paradise."

The rulers and the soldiers mocked the Lord Jesus, including one of the criminals on the Cross.

Luke 23:39-42

39 Then one of the criminals who were hanged blasphemed Him, saying, "If You are the Christ, save Yourself and us."

40 But the other, answering, rebuked him, saying, "Do you not even fear God, seeing you are under the same condemnation?"

41 And we indeed justly, for we receive the due reward of our deeds; but this Man has done nothing wrong."

42 Then he said to Jesus, "Lord, remember me when You come into Your kingdom."

The repentant criminal had a simple prayer.
The Lord responded with a powerful promise.

It is never too late to turn to the Lord.

This is the true picture of salvation—only by grace through faith. It is immediate, it is relational and it is by grace through faith.

Ephesians 2:8,9

8 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God,

9 not of works, lest anyone should boast.



3. 'Woman, this is your son ... this is your mother'

John 19:26,27

26 When Jesus therefore saw His mother, and the disciple whom He loved standing by, He said to His mother, "Woman, behold your son!"

27 Then He said to the disciple, "Behold your mother!" And from that hour that disciple took her to his own home.

The Lord Jesus, the living Word fulfills the law, his duties as a son to his earthly (widowed) mother.

Exodus 20:12

"Honor your father and your mother, that your days may be long upon the land which the Lord your God is giving you.

The Lord Jesus emphasizes compassion, care, and fulfilling of family responsibilities. This is sacred and spiritual.

Timothy 5:8

But if anyone does not provide for his own, and especially for those of his household, he has denied the faith and is worse than an unbeliever.

We notice that Jesus addressed His mother as "Woman."

This may sound distant and disrespectful to us, but in that culture, it was a respectful, honorable and dignified form of address.

Jesus uses the same term at the wedding in Cana (John 2:4).

The Lord entrusts Mary not to a biological brother but to "the disciple whom the Lord loved," traditionally acknowledged as being John.

It is said that in strict Jewish settings, care for family members stayed within the bloodline. Here, we see the Lord redefining that!

Mark 3:35

For whoever does the will of God is My brother and My sister and mother.

4. 'My God, my God, why have you forsaken me?'



Matthew 27:46

And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, why have You forsaken Me?"

These are the words of Jesus from the Cross. These are also recorded for us in Mark 15:33,34.

David, inspired by the Holy Spirit wrote this statement in Psalm 22:1 describing his own situation; however, it was a prophecy of the sufferings of Jesus (1 Peter 1:20, 21). One of the reasons why Jesus could quote these Scriptures is that He had been meditating in the Old Testament Scriptures during His time of pain and agony. He understood the purpose of God for Him through the Scriptures and was submitted to it. It is incredible to note the walk of submission that Jesus had to the Father and lived to fulfill the purposes of Father for his life.

Jesus was on the Cross from 9:00 AM to 3:00 PM after Pontius Pilate handed him over to be crucified. Jesus died in the ninth hour or at about 3:00 PM when Passover lambs and other sacrifices were made. Jesus is our Passover lamb (1 Corinthians 5:7).

Jesus endured great humiliation, agony, and rejection as He hung on the Cross. Jesus had already endured whipping with the Roman flagrum that had him in pain. Isaiah records His condition in Isaiah 52:14 as "disfigured" and "beyond recognition." The Cross was an even more slow brutal torture. Jesus endured it all for our forgiveness.

Jesus experienced a very dark season of pain in those moments! He was humble enough to acknowledge his struggle of physical and mental pain. Incredible to think that the infinite God would become a finite man, be willing to experience, understand rejection and loneliness. The agony was a spiritual one too as the sin of the world was put on Jesus and He for a moment felt distant from the Father, though He was sinless.

5. 'I thirst'

John 19:28

After this, Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said, "I thirst!"

According to Mark 15:23, Jesus was offered wine mixed with Myrrh, just before His crucifixion at Golgotha. This was an analgesic given as a gesture to help numb the excruciating pain of crucifixion. But Jesus refused it. He was fully submitted to the purpose



of God to fulfill Scripture and willing to go through the pain without any shortcuts. This displays His commitment to the mandate that the Father gave him.

After He hung on the Cross for about 6 hours, he desperately cried out in thirst. Jesus experienced the fragility of a human body despite being the Son of God (Philippians 2). Jesus was fully man, though he was fully God. This is a picture of Jesus' humanity. At this point the soldiers put a sponge in sour wine and put it into his mouth with a hyssop. Jesus became vulnerable and was not ashamed to express his need.

6. 'It is finished'

John 19:30

So when Jesus had received the sour wine, He said, "It is finished!" And bowing His head, He gave up His spirit.

Jesus declared "It is finished" and this is of great significance. Sometimes this considered as

The Greek word used is "*tetelestai*" and it can be understood as "to complete, to bring to an end, to accomplish." This was a term also used in business / accounting to mean "Paid in full."

This declaration was not crying out in defeat, but in victory! It was a conqueror's cry. Jesus finally triumphantly completed or accomplished the mission that the Father gave him.

"It is finished" pointed to

- Fulfillment of Scripture concerning the life, ministry, and mission of Jesus on the earth
- Victory over sin and satan
- Completion of the work of redemption
- End of the Old Covenant

7. 'Father, into your hands I commend my spirit'

Luke 23:46

And when Jesus had cried out with a loud voice, He said, "Father, 'into Your hands I commit My spirit.'" Having said this, He breathed His last.

Jesus submitted his spirit to the Father and his body to death on the Cross. This also demonstrates the eternal nature of the spirit. Though the natural body may one day become lifeless, the spirit continues to exist.



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He gave up his life when his work was finished. Jesus willingly yielded himself to God and completed the assignment on His life here on earth. Once completed, he breathed his last by committing his spirit to God. He himself gave up his life and no one took his life away from him (John 10:18).

Jesus was submitted to God, both in life and in death.

SUMMARY

Seven Last Words of Christ:

'Father forgive them...': Even in agonizing pain, Jesus intercedes for His enemies, looking outward to offer mercy.

'Today you will be with me in paradise': Through the repentant thief, we see that salvation is by grace through faith and is available even in the final hour.

'Woman, this is your son...': Jesus honors His earthly responsibilities and redefines family through spiritual kinship.

'My God, my God, why have you forsaken me?': A cry of profound spiritual agony as Jesus, our Passover Lamb, bears the weight of the world's sin.

'I thirst': A poignant reminder of Jesus' humanity and His unwavering commitment to fulfilling every Scripture.

'It is finished': Not a cry of defeat, but a shout of victory signaling that the debt of sin is "Paid in Full."

'Father, into your hands I commend my spirit': The final act of total submission, as Jesus willingly yields His life, having completed His divine assignment.

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads



LIFE GROUP STUDY GUIDE



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This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon—how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

Preparation

Life Group Leader: To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. Please do not make your life group read through the complete sermon notes during the life group. All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing, and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

LISTEN to God's Word

Read the following Scripture references: *one or more Scripture texts listed below*

INVESTIGATE God's Word Together

Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning. Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

1. *Take some time to share 2-3 insights from the seven final statements of the Lord from the Cross that impacted you the most.*
2. *Share about how you can practically live it out.*



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Each one can take a few minutes (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few minutes (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learned today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1. *Families to be protected and strengthened.*
2. *A mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.*
3. *For the BUILD TO IMPACT project — for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.*

Close by thanking God together.



USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>



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E-LEARNING: <https://apcbiblecollege.org/elearn>
WEEKEND SCHOOLS: <https://apcwo.org/ministries/weekend-schools>
COUNSELING: <https://chrysalislife.org>
MUSIC: <https://apcmusic.org>
MINISTERS FELLOWSHIP: <https://pamfi.org>
CHURCH APP: <https://apcwo.org/app>
CHURCHES: <https://apcwo.org/ministries/churches>
WORLD MISSIONS: <https://apcworldmissions.org>
BELIEVERS BIBLE COMMENTARY: <https://believersbiblecommentary.com>

SERMON OUTLINE

Explore the profound significance of Jesus' final seven statements from the Cross. In this powerful sermon, we reflect on the "Great Exchange"—where Christ took our sin and pain to offer us forgiveness and salvation. Discover how His final words reveal His divine character, His victory over sin, and His ultimate submission to the Father. This sermon includes free audio (mp3) and video of this powerful, motivational, expository teaching, free printable PDF sermon outlines, sermon notes and small group study guide with discussion questions and presentation slides. All resources (sermon PDF, sermon MP3, sermon video, sermon presentation) are free for use in personal study, small groups, Bible study prayer groups, local churches, conferences, Bible colleges, etc.

KEYWORDS

Jesus' Final Statements from the Cross, Good Friday Sermon 2026, Meaning of "It is Finished", 7 Sayings of Jesus on the Cross, Victory over sin and death, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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Thayer's Greek Definitions. Published in 1886, 1889; public domain.

Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN

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