Walking in Peace Sunday June 08, 2025 - Sermon Outline

Relevance of this topic:

We live in a world where there are all kinds of pressures, challenges, that can come against us, unexpected things that can suddenly change what we are experiencing in life. There are many things that can disturb our inner peace. Sometimes it is what people may say or do. Sometimes, even the news, world events could affect our mood, our emotions and ultimately our inner peace.

Sometimes our peace is disturbed not by external sources, but by things within our own selves. Example:

Unresolved emotional pain: Grief, heartbreak, or betrayal. Unforgiveness, especially toward oneself or others. Guilt or shame from past actions.

Fear and anxiety: Fear of the future, failure, rejection, or the unknown. Anxiety about responsibilities, relationships, or health.

Overthinking and overanalyzing things: Constant thinking on "what ifs."

Consider some of the effects of inner turmoil and lack of peace: We know that when our peace is disturbed it could affect us in many ways (a)Physical, mental/emotional health problems (b)Our ability to function - poor decision making, strained relationships with people, productivity and creativity at work, etc. and (c)even affect our spiritual life.

So, lets try to learn some of the instructions and truths the Bible presents to us, that will enable us to maintain a sense of calm, an inner peace within ourselves, when there could be all kinds of things happening around us.

PEACE FROM GOD - NOT FROM THE WORLD

John 14:27

Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

John 16:33

These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.

We are talking about the God kind of peace. The peace that comes FROM Jesus, and the peace that is IN Jesus.

The "peace" that the world gives is temporary and transitory. The peace that comes from Jesus, the Prince of Peace, is lasting.

The peace that comes from the Lord is a peace that prevails over situations and circumstances. There could be tribulations around us, and yet we can have His tranquility, His peace within us.

The peace that comes from Jesus not only bring us calm, but also produces "good cheer", a sense of joy, know that Jesus has overcome the world. He has already conquered everything that might trouble us, cause us tribulation.

TROUBLE AND FEAR - NO ENTRY

John 14:27

...Let not your heart be troubled, neither let it be afraid.

Jesus called us to take action and refuse to allow our heart to be moved by trouble or fear.

We give no entry to things that could trouble or disturb us or produce fear in us.

John 14:27 (TPT)

I leave the gift of peace with you—my peace. Not the kind of fragile peace given by the world, but my perfect peace. Don't yield to fear or be troubled in your hearts—instead, be courageous!

We can and should maintain ourselves in a place of peace, where fear, trouble, anxiety cannot enter our hearts to disturb us.

So, what are some Biblical practices to "let not your heart be troubled", giving "no entry" to things that could trouble or disturb us or produce fear in us.

#1, FAITH IN GOD

John 14:1

Let not your heart be troubled; you believe in God, believe also in Me.

The Lord Jesus connected maintaining peace with believing in God and believing in Him. Jesus is God incarnate. Jesus is God manifest in the flesh. Having faith in Him, who He is and what He has promised, and what He will do – is the basis for us not allowing ourselves to be troubled or disturbed.

Consider a few instances during Jesus' ministry. In the middle of a storm, Jesus was calm and resting. The disciples being completely distressed, woke Jesus. Jesus rebuked the winds and waves, then turned to His disciples and questioned: Where is your faith?

Luke 8:25

..."Where is your faith?"...

What can we learn from this? In the middle of the storm, we need to be strong in our faith in God. This keeps us in a place of peace and strength. And with faith in our hearts, and from a place of peace, a place of calm assurance, we command the winds and the waves.

When Jairus received news, he knew he did not want to hear, and which would have shaken him completely, Jesus spoke with strength and calm and said:

Mark 5:36

As soon as Jesus heard the word that was spoken, He said to the ruler of the synagogue, "Do not be afraid; only believe."

Jesus instructed Jairus to stay in a place of faith, in the middle of the "storm".

This reminds of what the Psalmist said about the person who fears God:

Psalm 112:7

He will not be afraid of evil tidings; his heart is steadfast, trusting in the LORD.

This should be our declaration that we are not afraid of sudden terror or trouble. The Lord is our confidence and we know He will keep us.

Proverbs 3:25-26

25 Do not be afraid of sudden terror, Nor of trouble from the wicked when it comes;

26 For the LORD will be your confidence, and will keep your foot from being caught.

#2, RELEASING OUR ANXIETIES IN PRAYER

We are familiar with this passage of Scripture:

Philippians 4:6-7

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Let's break this down. This is what we do in every situation.

- 1, Don't let anxiety dominate us. We refuse to give entry to anxiety.
- 2, Instead, in every situation, we turn to God in prayer and supplication
- 3, We engage with thanksgiving. We give thanks knowing what He has done, and what He will do.



Three simple actions and the promise is that we will experience the peace of God.

This is a peace that we will not be able to explain – beyond all understanding.

This is a peace that will garrison (completely guard, fortify, safeguard) our hearts and minds in Jesus.

In turning to God with prayer and supplications, we must release things that are the underlying cause for the disturbance in us. As we mentioned earlier, sometimes this means we release forgiveness and let go of past wounds.

#3, MIND STAYED ON THE LORD

The Bible tells us to keep our mind – our thoughts, imaginations, emotions, analyzing, etc. – on God.

Isaiah 26:3

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

This is possibly the most difficult thing. We are often inclined to "figure things out", "solve our own problems", analyze and reason, and sometime even engage in "overthinking" about a matter.

He has promised us perfect peace as we keep our mind rested on Him. We do this deliberately. If we find ourselves, in our minds, wandering back to ponder over things that cause us anxiety or that disturb us, we need to pull our minds back on the Lord and keep it anchored there.

#4, STAYING IN A PLACE OF REST

Isaiah 30:15

For thus says the Lord GOD, the Holy One of Israel: "In returning and rest you shall be saved; In quietness and confidence shall be your strength." But you would not,



Finally, we must "return and rest" in the Lord. We must choose a place of "quietness and calmness" in God. While having this space in the natural (physical) is helpful, what we are referring to is a place of spiritual and emotional "returning and resting", a place of spiritual and emotional "quietness and calmness" before God.

Of course, making this practical is useful. This would mean keeping healthy boundaries in relationships and staying away or keeping a healthy distance from relationships that destroy our peace. Including physical rest and silence, prioritizing quietness and stillness is also important.

We are familiar with the words of the **Hymn: Standing on the Promises of God**

Second stanza:

Standing on the promises that cannot fail, When the howling storms of doubt and fear assail, By the living Word of God I shall prevail, Standing on the promises of God.



SUMMARY

PEACE FROM GOD - NOT FROM THE WORLD TROUBLE AND FEAR - NO ENTRY #1, FAITH IN GOD #2, RELEASING OUR ANXIETIES IN PRAYER #3, MIND STAYED ON THE LORD #4, STAYING IN A PLACE OF REST

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads



Walking in Peace Sunday June 08, 2025 - Sermon Outline

The is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

Preparation

Life Group Leader: To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. Please do not make your life group read through the complete sermon notes during the life group. All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our sermons page. Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

LISTEN to God's Word

Read the following Scripture references: *John 14:27; John 16:33; Philippians 4:6-7*

INVESTIGATE God's Word Together

Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning. Please discuss a few of these

together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

- #1, What kind of things usually disturb your peace (e.g. workplace matters, family, finances, fear about future, politics, news, etc.)?
- #2, How do you know your peace has been disturbed and you are not in a place of "perfect peace"?
- #3, Consider practical things you can do to apply these Biblical instructions we discussed, to experience the peace of God, stay in "perfect peace", and guard your heart from trouble, anxiety, distress, etc.?
- #1, FAITH IN GOD
- #2, RELEASING OUR ANXIETIES IN PRAYER
- #3, MIND STAYED ON THE LORD
- #4, STAYING IN A PLACE OF REST.

Each one can take a few (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1, families to be protected and strengthened



- 2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.
- 3, for the BUILD TO IMPACT project for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.

Close by thanking God together.





Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: https://youtube.com/allpeopleschurchbangalore

WEBSITE: https://apcwo.org/live

Our other websites and free resources:

CHURCH: https://apcwo.org

FREE SERMONS: https://apcwo.org/resources/sermons

FREE BOOKS: https://apcwo.org/books/english

DAILY DEVOTIONALS: https://apcwo.org/resources/daily-devotional

JESUS CHRIST: https://examiningjesus.com
BIBLE COLLEGE: https://apcbiblecollege.org/elearn
E-LEARNING: https://apcbiblecollege.org/elearn

WEEKEND SCHOOLS: https://apcwo.org/ministries/weekend-schools

COUNSELING: https://chrysalislife.org

MUSIC: https://apcmusic.org

MINISTERS FELLOWSHIP: https://pamfi.org
CHURCH APP: https://apcwo.org/app

CHURCHES: https://apcwo.org/ministries/churches
WORLD MISSIONS: https://apcworldmissions.org

SERMON OUTLINE

In this important sermon we discuss practical ways to guard and maintain inner peace, the peace that comes from God. The Bible teaches us how to walk in perfect peace, so that nothing, no tribulation, no turbulence, no trouble can destroy the peace of God within us. When we walk in peace, we position ourselves to walk in authority over the storms we face, and over satan. The God of peace, who is the Source of our perfect peace, as we walk with Him in His peace, He crushes satan underneath our feet. This sermon includes free audio (mp3) and video of this powerful, motivational, expository teaching, free printable PDF sermon outlines, sermon notes and small group study guide with discussion questions and presentation slides. All resources (sermon PDF, sermon MP3, sermon video, sermon



presentation) are free for use in personal study, small groups, Bible study prayer groups, local churches, conferences, Bible colleges, etc.

KEYWORDS

Walking in peace, peace of God, the God kind of peace, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN

Mounce Concise Greek-English Dictionary. Edited by William D. Mounce with Rick D. Bennett, Jr. (1993)

Word Pictures in the New Testament. Archibald Thomas Robertson. Published in 1930-1933; public domain.

Word Studies in the New Testament. Marvin R. Vincent, D.D. (1886)