



Having Done All, Stand!
May 11, 2025 - Sermon Outline

For our Scripture text today we will read:

Ephesians 6:10-14

10 Finally, my brethren, be strong in the Lord and in the power of His might.

11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.

12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, ...

We are in conflict and this conflict is a spiritual conflict against demonic forces.

Nonetheless, this conflict is real and impacts our day-to-day lives on earth. It could affect us at a personal level, at a relational level in terms of relationships, and in many other areas: professional, ministry, etc.

We know that there is an enemy who comes to steal, kill and destroy (John 10:10). We are aware that the devil walks about stealthily waiting for opportunities to devour (1 Peter 5:8). We are not ignorant of his schemes and devices and ways of operating (2 Corinthians 2:11).

What do the Scriptures instruct us to do, as we engage in this spiritual conflict. Let's consider the instructions given to us in the passage we read:

#1, BE STRONG IN THE LORD

We are called to strengthen ourselves with the strength that comes from God.



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Our Source of strength is God Himself, and His supply of strength is limitless. However, it is up to us to strengthen ourselves in God – that is draw strength from God so that we ourselves can be strong with the strength that He supplies.

A great example in the Bible is that of David in 1 Samuel 30:1-8. David and his small army of men found themselves in a very difficult and discouraging situation in Ziklag. But the Scriptures tell us that “David strengthened Himself in the Lord His God” (1 Samuel 30:6). David recovered all.

We know how to strengthen ourselves in God.

We wait upon the Lord (Isaiah 40:29-31).

We are strengthened by His Spirit in our inner man (Ephesians 3:16). An important way to draw strength is to pray in tongues. Praying in tongues edifies our spirit.

God’s Word strengthens us and builds us up, same root word translated “edify” when speaking in tongues (Acts 20:32). The Word abiding in us makes us strong to overcome (1 John 2:14).

So, in the thick of the battle, strengthen yourself, and keep on strengthening yourself in God.

Get others to help you strengthen yourself in God. Be among people who encourage you to be strong in the Lord.

#2, PUT ON THE WHOLE ARMOR OF GOD (VS 11,13)

Next, we must take on our spiritual armor and the spiritual weapons of war that God has given us against the enemy. These are listed out for us in Ephesians 6: Salvation, Righteousness, Truth, Gospel of peace, Faith, the Word of God. And we know of other weapons including the Name of Jesus, the Blood, the word of our testimony, Praise, Prayer, etc.

We’ve got to put on and take on our weapons. We must do this. God is not going to do this for us. He instructed us to take these on.



We must use the whole or full armor of God. Fighting with just a sword without a helmet, shield or breastplate – could really make us vulnerable.

An important part of our conflict is our own personal submission to God.
James 4:7

As believers we must learn how to use our weapons.

#3, STAND AGAINST THE WILES OF THE DEVIL

Third, we must stand – that is be firm, resolute, determined, unflinching, unyielding, stubborn, determined – in conflict.

We must remember that we are dealing with the “old serpent”, a cunning deceiver.

wiles = cunning arts, deceit, craft, trickery

Always be on guard.

Always be alert to determine how the enemy could attack or is attacking.

Without giving the devil undue importance, we must take time to learn, understand and recognize the operations and schemes of the enemy. This is to help us be better equipped for spiritual conflict.

#4, WE WRESTLE AGAINST SPIRITUAL HOSTS OF WICKEDNESS

Fourth, we recognize that this is a spiritual battle.

While we are responsible people and live responsibly in the natural, fulfilling our responsibilities in the natural – we are also very aware of the spiritual realm.

We listen to God who reveals to us by His Word and His Spirit, what the enemy may be attempting to do against us.



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Thayer Definition:

wrestling (a contest between two in which each endeavours to throw the other, and which is decided when the victor is able to hold his opponent down with his hand upon his neck).

Our goal is to put the enemy down and keep them down giving them no upper hand in any area of our lives.

We are also aware there are different kinds of demonic spirits that work in different areas. So even when we are victorious in one area, we are on guard in other areas of life.

#5, WITHSTAND IN THE EVIL DAY

The evil day refers to a day of full onslaught. There may be times, days, seasons, when things are extremely challenging – when the enemy seems to be pounding you with everything possible – the evil day!

God empowers us to stand, resist, oppose in the evil day. God has given us everything we need to stand up against everything the devil has.

#6, HAVING DONE ALL TO STAND, STAND, AND KEEP STANDING!

Finally, the Scriptures instruct us – that having done all we have to do to stand up against the enemy, we keep standing.

We know that God will bring us through to victory.

We will overcome (1 John 5:4).

God always causes us to triumph (2 Corinthians 2:14).

We know in all things we are more than conquerors (Romans 8:37).



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SUMMARY

- #1, BE STRONG IN THE LORD
- #2, PUT ON THE WHOLE ARMOR OF GOD (VS 11,13)
- #3, STAND AGAINST THE WILES OF THE DEVIL
- #4, WE WRESTLE AGAINST SPIRITUAL HOSTS OF WICKEDNESS
- #5, WITHSTAND IN THE EVIL DAY
- #6, HAVING DONE ALL TO STAND, STAND, AND KEEP STANDING!

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads



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This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

Preparation

Life Group Leader: To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. Please do not make your life group read through the complete sermon notes during the life group. All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

LISTEN to God's Word

Read the following Scripture references: *Ephesians 6:10-14*

INVESTIGATE God's Word Together

Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning. Please discuss a few of these together, giving time for people to share their insights. We encourage each



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one individually to make notes of their personal learning during the Group discussion.

1, While we go about our day-to-day activities, without giving the devil undue attention, we must remember that we are in spiritual conflict. Review the instructions and discuss the practical applications of the instructions given to us in Ephesians 6:10-14, as covered in the sermon.

#1, BE STRONG IN THE LORD

#2, PUT ON THE WHOLE ARMOR OF GOD (VS 11,13)

#3, STAND AGAINST THE WILES OF THE DEVIL

#4, WE WRESTLE AGAINST SPIRITUAL HOSTS OF WICKEDNESS

#5, WITHSTAND IN THE EVIL DAY

#6, HAVING DONE ALL TO STAND, STAND, AND KEEP STANDING!

Each one can take a few (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1, families to be protected and strengthened

2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.



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3, for the BUILD TO IMPACT project - for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.

Close by thanking God together.



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USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>

E-LEARNING: <https://apcbiblecollege.org/elearn>

WEEKEND SCHOOLS: <https://apcwo.org/ministries/weekend-schools>

COUNSELING: <https://chrysalislife.org>

MUSIC: <https://apcmusic.org>

MINISTERS FELLOWSHIP: <https://pamfi.org>

CHURCH APP: <https://apcwo.org/app>

CHURCHES: <https://apcwo.org/ministries/churches>

WORLD MISSIONS: <https://apcworldmissions.org>

SERMON OUTLINE

While we go about our day-to-day activities, without giving the devil undue attention, we must remember that we are in spiritual conflict. We review the instructions and discuss the practical applications of the instructions given to us in Ephesians 6:10-14, in this sermon:

#1, BE STRONG IN THE LORD - We are called to strengthen ourselves with the strength that comes from God.

#2, PUT ON THE WHOLE ARMOR OF GOD - We've got to put on and take on our weapons. We must use the whole or full armor of God. Fighting with just a sword without a helmet, shield or breastplate – could really make us vulnerable.



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#3, STAND AGAINST THE WILES OF THE DEVIL - we must stand – that is be firm, resolute, determined, unflinching, unyielding, stubborn, determined – in conflict.

#4, WE WRESTLE AGAINST SPIRITUAL HOSTS OF WICKEDNESS - Our goal is to put the enemy down and keep them down giving them no upper hand in any area of our lives.

#5, WITHSTAND IN THE EVIL DAY - God empowers us to stand, resist, oppose in the evil day. God has given us everything we need to stand up against everything the devil has.

#6, HAVING DONE ALL TO STAND, STAND, AND KEEP STANDING!

This sermon includes free audio (mp3) and video of this powerful, motivational, expository teaching, free printable PDF sermon outlines, sermon notes and small group study guide with discussion questions and presentation slides. All resources (sermon PDF, sermon MP3, sermon video, sermon presentation) are free for use in personal study, small groups, Bible study prayer groups, local churches, conferences, Bible colleges, etc.

KEYWORDS

Spiritual warfare, weapons of our warfare, overcoming the enemy, resisting the enemy, keep standing, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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Thayer's Greek Definitions. Published in 1886, 1889; public domain.

Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN



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Mounce Concise Greek-English Dictionary. Edited by William D. Mounce with Rick D. Bennett, Jr. (1993)

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