



Sermon Outline: An Attitude of Blessedness
February 09, 2025

Let's begin by reading two Scripture texts, one of them was the text used for the Word of the Lord 2025:

Psalm 115:12-14

12 The LORD has been mindful of us; He will bless us; He will bless the house of Israel; He will bless the house of Aaron.

13 He will bless those who fear the LORD, Both small and great.

14 May the LORD give you increase more and more, You and your children.

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

Our sermon for today is titled: An Attitude of Blessedness.

We want to spend some time thinking about "attitude".

Attitude: refers to our outlook and perspective on life, people, and situations including how we think and behave, and interact with people and how we react and respond to situations.

Several factors shape a person's attitude, including personal life experiences, personal beliefs and values, our upbringing and environment, our learning and education, social interactions, emotional health, and even our daily habits and practices.

We often recognize **a poor attitude, or bad attitude or a negative attitude** when we see these things expressed:

Poor attitude: jealousy, comparing, unhealthy competition, ungrateful, indifferent, irresponsible, couldn't care less, etc.

Bad attitude: critical, fault finding, condescending, judgmental, etc.

Negative attitude: pessimistic, victim mentality, fearful, etc.

You may have heard several of these common statements about attitude (these statements may be expressed in different ways):

"Your attitude determines your altitude."



“A bad attitude is the only disability in life.”

“A bad attitude is like a flat tire. You can’t go anywhere until you change it.”

*“You cannot always control what happens to you, but you can control **your attitude toward what happens** to you.”*

“The first step toward changing your future is to change your attitude.”

“Happiness is an attitude. You can choose to have it.”

All these statements are trying to help us recognize the importance of having a good, healthy, positive attitude.

A **good, healthy, and positive attitude** is characterized by several key traits and behaviors. Some of these could be listed as: joy, kindness, respect, optimism, adaptability, resilience, persistence, gratitude, being encouraging, being supportive, communicating positively, confidence (without arrogance), growth mindset, self-motivated, proactiveness, self-awareness, empathy, emotional intelligence, solution-oriented thinking, etc.

A positive attitude doesn’t mean we ignore challenges, but we face them with strength, wisdom, and a constructive mindset.

Generally speaking, psychologists and others encourage us to **do some of these things to help develop a positive attitude**: practice gratitude, think positive thoughts, surround yourself with positive people, develop emotional intelligence, practice self-care, set goals and take action, develop yourself personally, take responsibility, etc. All these are good things.

But as believers, we can depend on what God has made available to us and for us to form, shape, nurture and develop a good, healthy, positive attitude.

Here is some guidance on how to let our faith in God, and His Word help construct (form, share, nurture, and develop) a good, healthy, positive attitude:

#1, CONSTRUCT YOUR ATTITUDE BASED ON WHO GOD IS

Frame your outlook and perspective on life, people, and situations you face, etc. based on who God is.



God calls us to “be still and know that I am God” (Psalm 46:10). In every situation, recognize who God is in that situation. He is powerful. He is almighty. He is your God.

When David decided to go face Goliath, his perspective was “the Lord...”. He was looking at the giant, in comparison to his God!

1 Samuel 17:37

Moreover David said, "**The LORD**, who delivered me from the paw of the lion and from the paw of the bear, He will deliver me from the hand of this Philistine." And Saul said to David, "Go, and the LORD be with you!"

Frame your outlook and perspective on life, people, and situations you face, etc. based on who God is. This will help us to have a positive, healthy attitude.

#2, CONSTRUCT YOUR ATTITUDE BASED ON YOUR IDENTITY IN CHRIST

Frame your outlook and perspective on life, people, and situations you face, etc. based on your identity in Christ.

Consider one Scripture that speaks of our identity in Christ:

Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

God has already blessed us with all spiritual blessings! We are already blessed. This is true at all times, in all situations.

#3, CONSTRUCT YOUR ATTITUDE BASED ON GOD’S WORD AND HIS PROMISES

Frame your outlook and perspective on life, people, and situations you face, etc. based on God’s Word and His promises.

We know that all the promises of God are true, “yes and amen”.

Psalm 115:12-14

12 The LORD has been mindful of us; He will bless us; He will bless the house of Israel; He will bless the house of Aaron.

13 He will bless those who fear the LORD, Both small and great.



14 May the LORD give you increase more and more, You and your children.

The Lord will bless those who fear Him and the Lord will bring increase more and more. So, we stand firm on His Word.

#4, CONSTRUCT YOUR ATTITUDE TO BE INDEPENDENT OF CIRCUMSTANCES

As believers, we need not allow the situations and circumstances dictate our attitude.

Frame your outlook and perspective on life, people, and situations you face, etc. independent of the circumstances.

Philippians 4:10-13

10 But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity.

11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content:

12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need.

13 I can do all things through Christ who strengthens me.

The apostle Paul was under house arrest in Rome when he wrote to the Philippians.

These are not words of despair.

These are not words of a man who has given up on life, given up on dreams, given up on pursuing what lies ahead (see Philippians 3:12-14).

These are not the words of a man who has a poor attitude, or a negative attitude or a bad attitude.

He is strong and positive. In fact, Paul's epistle to the Philippians is often referred to as an epistle of joy. Paul the prisoner is encouraging believers who are free and outside prison with these words: *"Rejoice in the Lord always. Again I will say, rejoice!"* (Philippians 4:4)

In the passage above, in verse 11, the word *"content"* according to the Thayer's Greek dictionary:

- 1) sufficient for one's self, strong enough or possessing enough to need no aid or support
- 2) independent of external circumstances

We could restate this as:



In whatever state I am, I know I have more than enough in God, through His Word and His promises.

In whatever state I am, I am not dependent on external circumstances, because my God is with me.

MAINTAIN AN ATTITUDE OF BLESSEDNESS – YOU ARE BLESSED AT ALL TIMES!

REMEMBER THE BE-ATTITUDES

Finally, let's consider from the Lord's Sermon on the Mount, what we refer commonly as the "Beatitudes".

These are really a call to "Be Attitudes".

They are a call to an attitude of blessedness, in spite of what we are presently experiencing.

Let's take a quick look at what the Lord Jesus said:

Matthew 5:3-12

3 "Blessed are the poor in spirit, For theirs is the kingdom of heaven.

4 Blessed are those who mourn, For they shall be comforted.

5 Blessed are the meek, For they shall inherit the earth.

6 Blessed are those who hunger and thirst for righteousness, For they shall be filled.

7 Blessed are the merciful, For they shall obtain mercy.

8 Blessed are the pure in heart, For they shall see God.

9 Blessed are the peacemakers, For they shall be called sons of God.

10 Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven.

11 "Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake.

12 Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

All of these are counter intuitive. They go against what we would normally think. Jesus is declaring as "blessed" those who we found generally think as "unfortunate".

When you feel poor in spirit - think "I am blessed" because God's kingdom is mine.

When you mourn - think "I am blessed" because God's comfort is mine.

When you humble yourself - think "I am blessed" because I will inherit the earth.

When you are crying out for righteousness - think "I am blessed" because I will be filled.



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When you extend mercy - think "I am blessed" because I will receive mercy from God.
When you keep your heart pure - think "I am blessed" because I will see God.
When you make peace - think "I am blessed" because I will be called a child of God.
When you face persecution for doing right - think "I am blessed" because God's kingdom is mine.

Always, in all situations, maintain an attitude of blessedness!

SUMMARY

#1, CONSTRUCT YOUR ATTITUDE BASED ON WHO GOD IS

#2, CONSTRUCT YOUR ATTITUDE BASED ON YOUR IDENTITY IN CHRIST

#3, CONSTRUCT YOUR ATTITUDE BASED ON GOD'S WORD AND HIS PROMISES

#4, CONSTRUCT YOUR ATTITUDE TO BE INDEPENDENT OF CIRCUMSTANCES

MAINTAIN AN ATTITUDE OF BLESSEDNESS – YOU ARE BLESSED AT ALL TIMES!

REMEMBER THE BE-ATTITUDES

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads



Beatitudes – An Attitude of Blessedness
Sermon Notes, Sermon Outline and Small Group Study Guide



Sermon Outline: An Attitude of Blessedness
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This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

Preparation

Life Group Leader: To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. **Please do not make your life group read through the complete sermon notes during the life group.** All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

LISTEN to God's Word

Read the following Scripture references: -- *listed along with discussion points* -

INVESTIGATE God's Word Together

Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning. Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

#1, referencing 1 Samuel 17:37 discuss how we can form or construct our attitude based on who God is.



Beatitudes – An Attitude of Blessedness
Sermon Notes, Sermon Outline and Small Group Study Guide

#2, referencing Ephesians 1:3 discuss how we can form or construct our attitude based on your identity in Christ

#3, referencing Psalm 115:12-14 discuss how we can form or construct your attitude based on God's word and His promises

#4, referencing Philippians 4:10-13 discuss how we can form or construct your attitude to be independent of circumstances

#5, discuss different scenarios that illustrate how we can maintain an attitude of blessedness knowing that we are blessed at all times!

Each one can take a few (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1, families to be protected and strengthened

2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.

3, for the BUILD TO IMPACT project - for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.

Close by thanking God together.



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USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>

E-LEARNING: <https://apcbiblecollege.org/elearn>

WEEKEND SCHOOLS: <https://apcwo.org/ministries/weekend-schools>

COUNSELING: <https://chrysalislife.org>

MUSIC: <https://apcmusic.org>

MINISTERS FELLOWSHIP: <https://pamfi.org>

CHURCH APP: <https://apcwo.org/app>

CHURCHES: <https://apcwo.org/ministries/churches>

WORLD MISSIONS: <https://apcworldmissions.org>

SERMON OUTLINE

Attitude is our outlook and perspective on life, towards people and situations. Our attitude is important. We recognize when someone expresses a bad, poor or negative attitude. Attitude is a choice we make. In this sermon we provide guidance on Biblical ways to form, construct, shape and nurture a good, healthy, positive attitude at all times. We cover forming or constructing our attitude (A)based on who God is, (B)based on your identity in Christ (C)based on God's word and His promises (D)to be independent of circumstances. We also discuss the Be-Attitudes and how we can maintain an attitude of blessedness knowing that we are blessed at all times!

This sermon includes free audio (mp3) and video of this powerful, motivational, expository teaching, free printable PDF sermon outlines, sermon notes and small group study guide with discussion questions and presentation slides. All resources (sermon PDF, sermon MP3, sermon video, sermon presentation) are free for use in personal study, small groups, Bible study prayer groups, local churches, conferences, Bible colleges, etc.

KEYWORDS



Beatitudes – An Attitude of Blessedness Sermon Notes, Sermon Outline and Small Group Study Guide

attitude, positive attitude, Beatitudes, Be-attitudes, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

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