



**Walk in the Spirit – The Spirit Filled Life**  
**Sunday December 08, 2024**

We hear the phrase being Spirit filled, the work of the Holy Spirit, etc. but we need to understand from the Scriptures what does it mean to live the Spirit filled life, and to walk in the Spirit.

Today we will look at 3 Scripture texts and highlight characteristics of the Spirit filled life.

**Ephesians 5:15-21**

**15** See then that you walk circumspectly, not as fools but as wise,  
**16** redeeming the time, because the days are evil.  
**17** Therefore do not be unwise, but understand what the will of the Lord is.  
**18** And do not be drunk with wine, in which is dissipation; but be filled with the Spirit,  
**19** speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord,  
**20** giving thanks always for all things to God the Father in the name of our Lord Jesus Christ,  
**21** submitting to one another in the fear of God.

The Spirit filled life:

speaking to one another - psalms, hymns, spiritual songs  
your heart to the Lord - singing, making melody, giving thanks always for all things  
submitting to one another - out of reverence for God

**Galatians 5:16-26**

**16** I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.  
**17** For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.  
**18** But if you are led by the Spirit, you are not under the law.  
**19** Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness,  
**20** idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies,  
**21** envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.  
**22** But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,  
**23** gentleness, self-control. Against such there is no law.  
**24** And those who are Christ's have crucified the flesh with its passions and desires.  
**25** If we live in the Spirit, let us also walk in the Spirit.  
**26** Let us not become conceited, provoking one another, envying one another.

The Spirit filled life:

Walk in the Spirit (vs 16)  
Led by the Spirit (vs 18)  
Live in the Spirit (vs 25)



Bear the fruit of the Spirit (vs 22)  
Have crucified the flesh (vs 24)

**Romans 8:12-17,26-27**

**12 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.**

**13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.**

**14 For as many as are led by the Spirit of God, these are sons of God.**

**15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."**

**16 The Spirit Himself bears witness with our spirit that we are children of God,**

**17 and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.**

**26 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.**

**27 Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.**

The Spirit filled life:

You, by the Spirit (vs 13)

Led by the Spirit (vs 14)

The Spirit bears witness (vs 16)

The Spirit helps in our weaknesses (vs 26)

The Spirit makes intercession (vs 26)

**SUMMARY**

The Spirit filled life:

Ephesians 5

Speaking to one another - psalms, hymns, spiritual songs

Your heart to the Lord - singing, making melody, giving thanks always for all things

Submitting to one another - out of reverence for God

Galatians 5

Walk in the Spirit (vs 16)

Led by the Spirit (vs 18)

Live in the Spirit (vs 25)

Bear the fruit of the Spirit (vs 22)

Have crucified the flesh (vs 24)

Romans 8

You, by the Spirit (vs 13)



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Led by the Spirit (vs 14)  
The Spirit bears witness (vs 16)  
The Spirit helps in our weaknesses (vs 26)  
The Spirit makes intercession (vs 26)

**GOSPEL AND SALVATION CALL**

**SUPERNATURAL MINISTRY TIME**

**Minister as the Spirit leads**



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This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 1.5 to 2 hours. Each Life Group would have up to 12-15 people.

**Preparation**

**Life Group Leader:** To prepare for the Life Group meeting, you can listen to the Sermon or review the Sunday Sermon notes. **Please do not make your life group read through the complete sermon notes during the life group.** All you need to do is have individuals read the Scriptures listed below and then open for a time of discussion, sharing and learning using the questions given below. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

**Welcome**

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

**LISTEN to God's Word**

Read the following Scripture references: *Ephesians 5:15-21; Galatians 5:16-26; Romans 8:12-17,26-27*

**INVESTIGATE God's Word Together**

**Life Group is a discussion-based, participatory meeting with everyone given the opportunity to share their learning.** Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

#1, Discuss the characteristics of the Spirit filled life from each of these passages. When discussing each passage, consider what challenges we face in everyday life, that keep us from walking in the Spirit and staying filled with the Spirit continuously. What are ways by which we can practically keep ourselves "living in the Spirit" through all situations.



Ephesians 5:15-21; Galatians 5:16-26; Romans 8:12-17,26-27

Each one can take a few (3 minutes max) to share one or two key insights and how they see themselves applying it to their specific life situations. Encourage each one to participate and share.

**FELLOWSHIP by sharing your life and spiritual journey**

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

**ENCOURAGE each other by praying and ministering to one another**

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow, bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

- 1, families to be protected and strengthened*
- 2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.*
- 3, for the BUILD TO IMPACT project - for all details to go well as we plan and build our Bible college and church facilities to serve the Lord and people.*

Close by thanking God together.



## Walk in the Spirit – The Spirit Filled Life Sermon Notes, Sermon Outline and Small Group Study Guide



### USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

**YOUTUBE:** <https://youtube.com/allpeopleschurchbangalore>

**WEBSITE:** <https://apcwo.org/live>

Our other websites and free resources:

**CHURCH:** <https://apcwo.org>

**FREE SERMONS:** <https://apcwo.org/resources/sermons>

**FREE BOOKS:** <https://apcwo.org/books/english>

**DAILY DEVOTIONALS:** <https://apcwo.org/resources/daily-devotional>

**JESUS CHRIST:** <https://examiningjesus.com>

**BIBLE COLLEGE:** <https://apcbiblecollege.org>

**E-LEARNING:** <https://apcbiblecollege.org/elearn>

**WEEKEND SCHOOLS:** <https://apcwo.org/ministries/weekend-schools>

**COUNSELING:** <https://chrysalislife.org>

**MUSIC:** <https://apcmusic.org>

**MINISTERS FELLOWSHIP:** <https://pamfi.org>

**CHURCH APP:** <https://apcwo.org/app>

**CHURCHES:** <https://apcwo.org/ministries/churches>

**WORLD MISSIONS:** <https://apcworldmissions.org>

### SERMON OUTLINE

In this sermon we examine three passages of Scripture: Ephesians 5:15-21; Galatians 5:16-26; Romans 8:12-17,26-27 to identify characteristics of the Spirit filled life. We discuss practical ways to walk in the Spirit and stay continuously filled with the Holy Spirit.

### KEYWORDS

Spirit filled life, walk in the Spirit, Led by the Spirit, Live in the Spirit, Be filled with the Spirit, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

### REFERENCES/CITATIONS

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Biblical definitions, Hebrew and Greek words and their meanings are drawn from the following resources:



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Sermon Notes, Sermon Outline and Small Group Study Guide

Thayer's Greek Definitions. Published in 1886, 1889; public domain.

Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN

Mounce Concise Greek-English Dictionary. Edited by William D. Mounce with Rick D. Bennett, Jr. (1993)

Word Pictures in the New Testament. Archibald Thomas Robertson. Published in 1930-1933; public domain.

Word Studies in the New Testament. Marvin R. Vincent, D.D. (1886)