



Prayer of Submission and Surrender
Following Jesus in Prayer (Part-6)
Sermon Notes, Sermon Outline and Small Group Study Guide

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Following Jesus in Prayer (Part-6)
Sunday July 16, 2023

As we journey through this study on “Following Jesus in Prayer”, we will reflect on each of these 8 aspects of prayer. We trust that there will be much learning and growth in each of our personal prayer lives:

- 1) *Praying in secret*
- 2) *A pattern for personal prayer*
- 3) *Believing prayer*
- 4) *Persistent prayer*
- 5) *Prayer of submission and surrender*
- 6) *Intercessory prayer*
- 7) *Jesus’ teaching on prayer*
- 8) *His present ministry – our great High Priest*

As we continue to observe the life, teaching, and ministry of the Lord Jesus on prayer, we discover another important aspect of prayer. We will call it the prayer of submission and surrender.

The Lord Jesus taught and demonstrated believing prayer, the prayer of faith, intercessory prayer and other kinds of prayer. Typically, when expecting the supernatural for ourselves or when ministering the supernatural to people, we pray believing prayer. When engaging before God or thwarting the enemy’s schemes on behalf of other people, we pray intercessory prayer. When coming to the place of obedience and following God’s plan and purpose for our lives, we pray the prayer of submission and surrender.

While the Lord Jesus lived and walked the entirety of His earthly life in willful surrender to the Father, there were times this was not easy to do. He had to pray to draw strength to do the Father’s will. This is observed most clearly in His obedience in going to the Cross.

As He drew near to the time of His crucifixion, the Lord Jesus spoke about what He was feeling and experiencing emotionally.

John 12:27-33

27 "Now My soul is troubled, and what shall I say? 'Father, save Me from this hour'? But for this purpose I came to this hour.



28 Father, glorify Your name." Then a voice came from heaven, saying, "I have both glorified it and will glorify it again."

29 Therefore the people who stood by and heard it said that it had thundered. Others said, "An angel has spoken to Him."

30 Jesus answered and said, "This voice did not come because of Me, but for your sake.

31 Now is the judgment of this world; now the ruler of this world will be cast out.

32 And I, if I am lifted up from the earth, will draw all peoples to Myself."

33 This He said, signifying by what death He would die.

"Now my soul is troubled..." This was not an easy thing to do. The One who was Sinless, pure and perfect was going to be made sin for the whole world.

Yet in such a moment, the Lord Jesus is asking the question "what shall I say?" or in context "what should I pray?". Should I pray "Father, save me from this hour?". The implied answer is 'no'. That is not what I am going to pray for. Because "for this purpose I have come to this moment in time".

But what then do I pray when my soul is troubled. When I am challenged to do something that I know is the will of God, but I find difficult doing. What did Jesus pray in such a moment. He prayed **"Father, glorify your name"** (vs 28).

Jesus then focused on the outcome of His obedience. "The ruler of this world will be cast out" and He would be able to draw all people to Himself! Focus on the outcome of your obedience to God.

What insights can we gain from this passage in John 12:27-33 about the prayer of submission and surrender?

As we pray about our walk of obedience, even when we find it difficult, this is what we should focus on when we pray:

Focus on the purpose of God (*for this purpose I came*).

Focus on God being glorified (*Father, glorify your name*).

Focus on the outcome of your obedience (*the ruler of this world will be cast out, I will draw all people to myself*).

As Jesus progressed closer in time to His death on the Cross, He had a last meal with His Twelve disciples. At this meal, the bread and the wine took on new significance. The Lord Jesus held these up as representing His own body and blood which would be crucified and spilled at Calvary.



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Try to imagine what the Lord Jesus would be experiencing emotionally at this last meal with His disciples. Yet, as He held up the elements that represented His body and blood the Scriptures stated that He “blessed” and “gave thanks”.

Matthew 26:26-29

26 And as they were eating, Jesus took bread, **blessed** and broke it, and gave it to the disciples and said, "Take, eat; this is My body."

27 Then He took the cup, and **gave thanks**, and gave it to them, saying, "Drink from it, all of you."

28 For this is My blood of the new covenant, which is shed for many for the remission of sins.

29 But I say to you, I will not drink of this fruit of the vine from now on until that day when I drink it new with you in My Father's kingdom."

Can we in prayer, bless God and thank God about something that we know will be great pain and agony? To walk in obedience to the Father, this is what Jesus did.

And finally, Jesus arrived at the Garden of Gethsemane.

Matthew 26:36-46

36 Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while **I go and pray** over there."

37 And He took with Him Peter and the two sons of Zebedee, and He began to be **sorrowful and deeply distressed**.

38 Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and **watch with Me**."

39 He went a little farther and fell on His face, and prayed, saying, "O My Father, **if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will**."

40 Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me **one hour**?"

41 **Watch and pray, lest you enter into temptation**. The spirit indeed is willing, but the flesh is weak."

42 Again, a second time, He went away and prayed, saying, "**O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done**."

43 And He came and found them asleep again, for their eyes were heavy.

44 So **He left them, went away again, and prayed** the third time, saying the same words.

45 Then He came to His disciples and said to them, "Are you still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners."



46 Rise, let us be going. See, My betrayer is at hand."

There is so much we can learn from this passage in Matthew 26:36-46

vs 36 "I go and pray": What did Jesus do in His hour of greatest trial? He went and prayed.

vs 37 "sorrowful and deeply distressed": Is doing God's will always easy? The commandments of God are not grievous. God's will for us is always good and is the best for us. Yet, we in our own selves, will face times, when doing God's will and walking in obedience to Him will not be easy for us. Emotionally and other ways we may be challenged.

vs 38 "watch with me": Jesus prayed. And in His time of greatest trial, He invited others to pray with Him. We can do the same. We need each other in our time of need.

vs 39 "if it is possible...not as I will..": Jesus journeyed into the place of full and final surrender. He was there already in willingness. But now He had to submit and surrender His full self, mind, and body, to that place of doing the Father's will. He even asked if there would be any other way. He journeyed into a place of complete submission and surrender.

vs 42 "Watch and pray, lest you enter into temptation": Was this true only for the disciples, or was this true for Jesus also? If it was true for Jesus, what would have been the temptation He was faced with at this time? The temptation to avoid going the Cross. The temptation of disobedience. And what was the antidote? "Watch and pray". This is key then to overcoming temptation and walking in obedience.

vs 44 "He left them, went away again and prayed": sometimes you must pray alone. Sometimes, the last mile, the extra mile, the crucial mile, you may have to journey by yourself. But be so committed to obedience that you will pray through by yourself to make the journey of complete submission and surrender.

vs 46 "let us be going": The work is completed in prayer. Now let's complete the work by walking in obedience.

The writer of Hebrews speaks of this incident, the agonizing prayer in the Garden of Gethsemane:

Hebrews 5:6-10



7 As He also says in another place: "YOU ARE A PRIEST FOREVER ACCORDING TO THE ORDER OF MELCHIZEDEK";

7 who, in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and **was heard because of His godly fear,**

8 though He was a Son, yet **He learned obedience by the things which He suffered.**

9 And **having been perfected, He became the author of eternal salvation to all who obey Him,**

10 called by God as High Priest "ACCORDING TO THE ORDER OF MELCHIZEDEK,"

Vs 7 “was heard because of His godly fear”: His prayer of submission and surrender came from a place of godly reverence. It was not something He did out of compulsion. It was not something that was done out of a place of dread, or guilt.

Vs 8 “He learned obedience”: As we mentioned earlier, the Lord Jesus journeyed into a place of obedience.

Vs 9 “having been perfected”: He came to this place of being complete or being proven to be perfect. He prayer and then He had to live it out.

WHEN AND HOW DO WE PRAY THE PRAYER OF SUBMISSION AND SURRENDER?

Daily Surrender

Matthew 6:10

Your kingdom come. Your will be done On earth as it is in heaven.

Everyday we yield to the Lordship of Jesus Christ as we welcome His Kingdom. In all the decisions we make, we are in a place of submission and surrender.

Special Moments and Turning Points

There will also be those special big moments, and turning points in our lives, where like Jesus we have to choose to follow God in doing His will obediently. As we understood, things may not always be easy. We have to contend with the flesh and satan’s temptations luring us to avoid obeying God. This is when we go into praying the prayer of submission and surrender. The Holy Spirit comes alongside us to help us in our weaknesses, and in praying according to God’s will.

Romans 8:26-28



26 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.

27 Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints **according to the will of God.**

28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

Example:

Young people – emotional attachments.

Letting go of friendships or emotional attachments that are not good for you.

SUBMISSION AND SURRENDER IS ACTIVE NOT PASSIVE

Having prayed the prayer of submission and surrender, we follow through with obedient action.

We lay our Isaac on the altar.

We go to the cross.

We count as loss what could be gain to us.

We take on responsibility, which we could have easily avoided.

We go the extra mile when we could have stopped earlier.

WHAT YOU ARE CALLED TO SURRENDER MAY BE DIFFERENT FROM OTHERS

We are not all called to surrender the same things or in the same ways.

Follow God in obedience.

PRAY LIKE JESUS

Follow Jesus in prayer.

Submit and surrender in prayer.

SUMMARY

praying even when we find it difficult to follow God in obedience.

Focus on the purpose of God (for this purpose I came).

Focus on God being glorified (Father, glorify your name).

Focus on the outcome of your obedience (the ruler of this world will be cast out, I will draw all people to myself).

In praying the prayer of submission and surrender:

vs 36 - in our time of greatest trial we must pray. This is how we can draw strength from God to do His will.



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vs 37 - doing God's will and walking in obedience to Him will not always be easy for us. Emotionally and other ways we may be challenged.

vs 38 - in our time of greatest trial, invite others to pray with us.

vs 39 - through prayer we journey into a place of complete submission and surrender.

vs 42 - through prayer we overcome the temptation of disobedience.

vs 44 - sometimes, we may have to pray alone, especially in the last mile, the extra mile, the crucial mile, to make the journey of complete submission and surrender.

vs 46 - the work of submission and surrender that is completed in prayer must be followed through with walking in obedience.

GOSPEL AND SALVATION CALL

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads



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This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 2 hours. Each Life Group would have up to 12-15 people.

Preparation

To prepare for the Life Group meeting, you can listen to the Sermon Key Points (sermon summary in five minutes) or the full-length Sunday sermon. You can also review the Sunday Sermon notes. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

Welcome

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

LISTEN to God's Word

Read the following Scripture references: John 12:27-33; Matthew 26:26-29; Matthew 26:36-46

INVESTIGATE God's Word Together

Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

Q1, Review the key insights we discovered from John 12:27-33, about praying even when we find it difficult to follow God in obedience.

Focus on the purpose of God (for this purpose I came).

Focus on God being glorified (Father, glorify your name).

Focus on the outcome of your obedience (the ruler of this world will be cast out, I will draw all people to myself).



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Q2, Discuss key insights we highlighted from Matthew 26:36-46 about praying the prayer of submission and surrender.

vs 36 - in our time of greatest trial we must pray. This is how we can draw strength from God to do His will.

vs 37 - doing God's will and walking in obedience to Him will not always be easy for us. Emotionally and other ways we may be challenged.

vs 38 - in our time of greatest trial, invite others to pray with us.

vs 39 - through prayer we journey into a place of complete submission and surrender.

vs 42 - through prayer we overcome the temptation of disobedience.

vs 44 - sometimes, we may have to pray alone, especially in the last mile, the extra mile, the crucial mile, to make the journey of complete submission and surrender.

vs 46 - the work of submission and surrender that is completed in prayer must be followed through with walking in obedience.

If time permits, each one can take a few (3 minutes max) to share one or two key learning and how they see themselves applying it into their specific life situations. Encourage each one to participate and share.

FELLOWSHIP by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

ENCOURAGE each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

1, families to be protected and strengthened

2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.

3, for the BUILD TO IMPACT project - for God's hand to guide us through the land search and acquisition process, and for finances to be more than enough to get this project done.

Close by thanking God together.



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USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

YOUTUBE: <https://youtube.com/allpeopleschurchbangalore>

WEBSITE: <https://apcwo.org/live>

Our other websites and free resources:

CHURCH: <https://apcwo.org>

FREE SERMONS: <https://apcwo.org/resources/sermons>

FREE BOOKS: <https://apcwo.org/books/english>

DAILY DEVOTIONALS: <https://apcwo.org/resources/daily-devotional>

JESUS CHRIST: <https://examiningjesus.com>

BIBLE COLLEGE: <https://apcbiblecollege.org>

E-LEARNING: <https://apcbiblecollege.org/elearn>

WEEKEND SCHOOLS: <https://apcwo.org/ministries/weekend-schools>

COUNSELING: <https://chrysalislife.org>

MUSIC: <https://apcmusic.org>

MINISTERS FELLOWSHIP: <https://pamfi.org>

CHURCH APP: <https://apcwo.org/app>

CHURCHES: <https://apcwo.org/ministries/churches>

WORLD MISSIONS: <https://apcworldmissions.org>

SERMON OUTLINE

Prayer is an opportunity for us to partner with God to see His Kingdom come and His will be established here on earth. In this sermon series “Following Jesus in Prayer”, we examine the life, the practices, and teachings of Jesus in 8 important aspects of prayer: 1) Praying in secret, 2) A pattern for personal prayer, 3) Believing prayer, 4) Persistent prayer, 5) Prayer of submission and surrender, 6) Intercessory prayer, 7) Jesus’ teaching on prayer, 8) His present ministry – our great High Priest. Expect your prayer life to be enriched and strengthened as we learn to develop our prayer lives based on prayer life of Jesus Himself.

In Part-6 of this sermon series, in “Prayer of Submission and Surrender” we draw several insights from the life of Jesus as He prayed before going to the Cross. In praying even when we find it difficult to follow God in obedience.

Focus on the purpose of God.

Focus on God being glorified.

Focus on the outcome of your obedience.

In praying the prayer of submission and surrender:



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In our time of greatest trial, we must pray. This is how we can draw strength from God to do His will.

Doing God's will and walking in obedience to Him will not always be easy for us. Emotionally and other ways we may be challenged.

In our time of greatest trial, invite others to pray with us.

Through prayer we journey into a place of complete submission and surrender.

Through prayer we overcome the temptation of disobedience.

Sometimes, we may have to pray alone, especially in the last mile, the extra mile, the crucial mile, to make the journey of complete submission and surrender.

The work of submission and surrender that is completed in prayer must be followed through with walking in obedience.

KEYWORDS

prayer, submission in prayer, prayer of surrender, pray like Jesus, the prayer life of Jesus, sermon, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

REFERENCES/CITATIONS

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