



## The Cross of Jesus Christ - The Triumph of the Cross (Part-1) Sermon Notes, Sermon Outline and Small Group Study Guide

### The Cross of Jesus Christ – The Triumph of the Cross (Part-1) Sunday April 02, 2023

This week we focus our attention on the Cross of Jesus Christ and what He did for us on the Cross.

We know that the Cross was a cruel and painful punishment.

*In antiquity crucifixion was considered one of the most brutal and shameful modes of death. Probably originating with the Assyrians and Babylonians, it was used systematically by the Persians in the 6th century BC. Alexander the Great brought it from there to the eastern Mediterranean countries in the 4th century BC, and the Phoenicians introduced it to Rome in the 3rd century BC. It was virtually never used in pre-Hellenic Greece. The Romans perfected crucifixion for 500 years until it was abolished by Constantine I in the 4th century AD. Crucifixion in Roman times was applied mostly to slaves, disgraced soldiers, Christians and foreigners--only very rarely to Roman citizens. Death, usually after 6 hours--4 days, was due to multifactorial pathology: after-effects of compulsory scourging and maiming, haemorrhage and dehydration causing hypovolaemic shock and pain, but the most important factor was progressive asphyxia caused by impairment of respiratory movement. Resultant anoxaemia exaggerated hypovolaemic shock. Death was probably commonly precipitated by cardiac arrest, caused by vasovagal reflexes, initiated inter alia by severe anoxaemia, severe pain, body blows and breaking of the large bones. The attending Roman guards could only leave the site after the victim had died, and were known to precipitate death by means of deliberate fracturing of the tibia and/or fibula, spear stab wounds into the heart, sharp blows to the front of the chest, or a smoking fire built at the foot of the cross to asphyxiate the victim.*

Source: The history and pathology of crucifixion, S Afr Med J. 2003 Dec;93(12):938-41., <https://pubmed.ncbi.nlm.nih.gov/14750495>

While the suffering and pain the Lord Jesus endured was significant, what is more significant is the spiritual work that was accomplished on the Cross. We will focus on one aspect of the Cross of Jesus Christ.

Some of us may be surprised when we state that the Cross was the place of the greatest triumph ever known. In the message today, will consider one aspect of this triumph, the triumph over sin.

The Cross of Jesus Christ is God's answer to the Fall.



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## THE FALL PUT US IN SUBJECTION TO SIN, SATAN, AND DEATH

### Romans 5:12

**Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned—**

The Fall brought sin into the world. This also resulted in people becoming subject to satan and to death.

Sin gained a mastery over man.

We see God warning Cain, that sin is waiting at the door, and desiring to enter in, but Cain had to master it. Sadly sin got the better of Cain.

### Genesis 4:7

**If you do well, will you not be accepted? And if you do not do well, sin lies at the door. And its desire is for you, but you should rule over it."**

### Genesis 4:7 (ERV)

**You know that if you do what is right, I will accept you. But if you don't, sin is ready to attack you. That sin will want to control you, but you must control it."**

And this has been the story of every individual. We have become slaves to sin. Sin controls and dominates us.

Even a deeply devout man like the apostle Paul, shares this experience of living under the Law, desiring to do good, but finding that he in his own self is powerless against the sin that was controlling him:

### Romans 7:15,17-20

**15 For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do.**

**17 But now, it is no longer I who do it, but sin that dwells in me.**

**18 For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find.**

**19 For the good that I will to do, I do not do; but the evil I will not to do, that I practice.**

**20 Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me.**



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The Cross of Jesus Christ is God's answer to the Fall.  
The Cross of Jesus Christ is God's answer to sin, satan and death.

### **THE CROSS WAS A PLACE OF GREAT TRIAL AND ALSO THE PLACE OF THE GREATEST TRIUMPH!**

The Cross was the place where the power of sin over our lives was broken.

### **ON THE CROSS THE POWER OF SIN OVER YOUR LIFE WAS BROKEN!**

Paul the apostle states it like this for us:

#### **Romans 6:6-7**

**6 knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.**

**7 For he who has died has been freed from sin.**

On the Cross something powerful happened. The old man, the sin nature that controlled us was crucified with Him, so that the power of sin (body of sin) over our lives was destroyed, so that we no longer are slaves of sin.

#### **Romans 6:6 (The Passion Translation)**

**Could it be any clearer that our former identity is now and forever deprived of its power? For we were co-crucified with him to dismantle the stronghold of sin within us, so that we would not continue to live one moment longer submitted to sin's power.**

Adam subjected us to the control of sin.

The Lord Jesus broke the power of sin over us on the Cross.

We need not continue to live one moment longer under the power of sin.

#### **Romans 6:14**

**For sin shall not have dominion over you, for you are not under law but under grace.**

What a victory! What a triumph!  
The Lord Jesus did this just for us.

### **THE CROSS IS YOUR PLACE OF FREEDOM AND DOMINION OVER SIN!**

#### **Romans 8:1-4**



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**1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.**

**2 For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.**

**3 For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,**

**4 that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.**

God condemned, judged, sentenced and ended sin's control over us by sending Jesus in human form, and on the Cross destroyed its power.

Now we who are empowered by the Spirit of life, are free from the law (control) of sin and death. We are able to fulfill the righteous requirements of the law as we walk according to the Spirit.

### **WHAT IS YOUR SIN-PROBLEM?**

There could be people here who still struggle with the control of sin over their lives. It could be anger, hate, unforgiveness, resentment, bitterness, lust, jealousy, addictions, sexual perversion, some other form of uncleanness, etc. etc. What ever that controlling sin is – we must know that sin's power over our lives has been broken.

### **THE CROSS IS YOUR PLACE OF FREEDOM AND DOMINION OVER SIN!**

#### **#1, BELIEVE IN WHAT JESUS CHRIST DID FOR YOU ON THE CROSS**

God's Word is truth. The revelation of Scripture concerning the Cross of Christ is truth. Embrace it. Believe it.

#### **#2, RECEIVE WHAT JESUS DID FOR YOU ON THE CROSS**

Make His work on the Cross personal.

#### **#3, DECLARE AS YOURS WHAT JESUS DID FOR YOU ON THE CROSS**

Speak over your life and declare that your spirit, soul and body are free from sin's control.

### **Romans 10:6-10**

**6 But the righteousness of faith speaks in this way, "do not say in your heart, 'who will ascend into heaven?' " (that is, to bring Christ down from above)**



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7 or, " 'who will descend into the abyss?' " (that is, to bring Christ up from the dead).  
8 But what does it say? "the Word is near you, in your mouth and in your heart" (that is, the word of faith which we preach):  
9 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.  
10 For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

### **#4, LIVE OUT OF WHAT JESUS COMPLETED FOR YOU ON THE CROSS**

Choose to live out of what Jesus has provided for you on the Cross.  
We must appropriate the triumph of the Cross and live in victory over sin!

#### **Romans 8:12-13**

12 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.

13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

As long as we are in this world we will face temptation. However, we are not obligated to live according to the sinful desires that pull on us. With the power of the Holy Spirit in us, we can put to death (bring an end to) the sinful deeds of the body.

### **SALVATION CALL**

### **SUPERNATURAL MINISTRY TIME**

Minister as the Spirit leads



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### LIFE GROUP STUDY GUIDE

#### **The Cross of Jesus Christ – The Triumph of the Cross (Part-1)** **Sunday April 02, 2023**

There is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 2 hours. Each Life Group would have up to 12-15 people.

#### **Preparation**

To prepare for the Life Group meeting, you can listen to the Sermon Key Points (sermon summary in five minutes) or the full-length Sunday sermon. You can also review the Sunday Sermon notes. All these are available in the "All Peoples Church Bangalore" mobile App or online at our [sermons page](#). Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

#### **Welcome**

The Life Group meeting may commence with a time of prayer, worship, and a fun activity.

#### **LISTEN to God's Word**

Read the following Scripture references: *Romans 7:15,17-20; Romans 6:6-7,14; Romans 8:1-4,12-13*

#### **INVESTIGATE God's Word Together**

Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

*1, Discuss the control of sin as described by Paul Romans 7:15,17-20*

*2, Discuss how the power of sin over us was broken on the Cross as described by Paul in Romans 6:6-7,14*

*3, Discuss how we as believers can live free from the control of sin, through the power of the Holy Spirit as instructed by Paul in Romans 8:1-4,12-13*



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If time permits, each one can take a few (3 minutes max) to share one or two key learning and how they see themselves applying it into their specific life situations. Encourage each one to participate and share.

### **FELLOWSHIP by sharing your life and spiritual journey**

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

### **ENCOURAGE each other by praying and ministering to one another**

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

*1, families to be protected and strengthened*

*2, a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.*

*3, for the BUILD TO IMPACT project - for God's hand to guide us through the land search and acquisition process, and for finances to be more than enough to get this project done.*

Close by thanking God together.



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### USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

**YOUTUBE:** <https://youtube.com/allpeopleschurchbangalore>

**WEBSITE:** <https://apcwo.org/live>

Our other websites and free resources:

**CHURCH:** <https://apcwo.org>

**FREE SERMONS:** <https://apcwo.org/resources/sermons>

**FREE BOOKS:** <https://apcwo.org/books/english>

**DAILY DEVOTIONALS:** <https://apcwo.org/resources/daily-devotional>

**JESUS CHRIST:** <https://examiningjesus.com>

**BIBLE COLLEGE:** <https://apcbiblecollege.org>

**E-LEARNING:** <https://apcbiblecollege.org/learn>

**WEEKEND SCHOOLS:** <https://apcwo.org/ministries/weekend-schools>

**COUNSELING:** <https://chrysalislife.org>

**MUSIC:** <https://apcmusic.org>

**MINISTERS FELLOWSHIP:** <https://pamfi.org>

**CHURCH APP:** <https://apcwo.org/app>

**CHURCHES:** <https://apcwo.org/ministries/churches>

**WORLD MISSIONS:** <https://apcworldmissions.org>

### SERMON OUTLINE

The Cross of Jesus Christ is God's answer to the Fall. The Fall put us in subjection to sin, satan, and death. The Cross was a place of great trial and also the place of the greatest triumph! On the Cross the power of sin over our lives was broken! Adam subjected us to the control of sin. The Lord Jesus broke the power of sin over us on the Cross. We need not continue to live one moment longer under the power of sin. The Cross of Jesus Christ is your place of freedom and dominion over sin! We learn how to appropriate the triumph of the Cross of Jesus Christ to live in victory over sin!

### KEYWORDS

The Cross of Jesus Christ, The Triumph of the Cross, sermon, sermons, sermon notes, sermon outline, free sermon notes, free sermon outlines, Bible study resources

### REFERENCES/CITATIONS

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Thayer's Greek Definitions. Published in 1886, 1889; public domain.

Strong's Hebrew and Greek Dictionaries, Strong's Exhaustive Concordance by James Strong, S.T.D., LL.D. Published in 1890; public domain.

Vine's Complete Expository Dictionary of Old and New Testament Words, © 1984, 1996, Thomas Nelson, Inc., Nashville, TN

Mounce Concise Greek-English Dictionary. Edited by William D. Mounce with Rick D. Bennett, Jr. (1993)

Word Pictures in the New Testament. Archibald Thomas Robertson. Published in 1930-1933; public domain.

Word Studies in the New Testament. Marvin R. Vincent, D.D. (1886)