

Good Friday April 15, 2022 Psalm 22

Lets begin by reading through Psalm 22. We will read the entire Psalm.

Psalm 22:1-31
A Psalm of David.

- 1 My God, My God, why have You forsaken Me? Why are You so far from helping Me, And from the words of My groaning?
- 2 O My God, I cry in the daytime, but You do not hear; And in the night season, and am not silent.
- 3 But You are holy, Enthroned in the praises of Israel.
- 4 Our fathers trusted in You; They trusted, and You delivered them.
- 5 They cried to You, and were delivered; They trusted in You, and were not ashamed.
- 6 But I am a worm, and no man; A reproach of men, and despised by the people.
- 7 All those who see Me ridicule Me; They shoot out the lip, they shake the head, saying,
- 8 "He trusted in the LORD, let Him rescue Him; Let Him deliver Him, since He delights in Him!"
- 9 But You are He who took Me out of the womb; You made Me trust while on My mother's breasts.
- 10 I was cast upon You from birth. From My mother's womb You have been My God.
- 11 Be not far from Me, For trouble is near; For there is none to help.
- 12 Many bulls have surrounded Me; Strong bulls of Bashan have encircled Me.
- 13 They gape at Me with their mouths, Like a raging and roaring lion.
- 14 I am poured out like water, And all My bones are out of joint; My heart is like wax; It has melted within Me.
- 15 My strength is dried up like a potsherd, And My tongue clings to My jaws; You have brought Me to the dust of death.
- 16 For dogs have surrounded Me; The congregation of the wicked has enclosed Me. They pierced My hands and My feet;
- 17 I can count all My bones. They look and stare at Me.
- 18 They divide My garments among them, And for My clothing they cast lots.
- 19 But You, O LORD, do not be far from Me; O My Strength, hasten to help Me!
- 20 Deliver Me from the sword, My precious life from the power of the dog.
- 21 Save Me from the lion's mouth And from the horns of the wild oxen! You have answered Me.



- 22 I will declare Your name to My brethren; In the midst of the assembly I will praise You.
- 23 You who fear the LORD, praise Him! All you descendants of Jacob, glorify Him, And fear Him, all you offspring of Israel!
- 24 For He has not despised nor abhorred the affliction of the afflicted; Nor has He hidden His face from Him; But when He cried to Him, He heard.
- 25 My praise shall be of You in the great assembly; I will pay My vows before those who fear Him.
- 26 The poor shall eat and be satisfied; Those who seek Him will praise the LORD. Let your heart live forever!
- 27 All the ends of the world Shall remember and turn to the LORD, And all the families of the nations Shall worship before You.
- 28 For the kingdom is the LORD's, And He rules over the nations.
- 29 All the prosperous of the earth Shall eat and worship; All those who go down to the dust Shall bow before Him, Even he who cannot keep himself alive.
- 30 A posterity shall serve Him. It will be recounted of the Lord to the next generation,
- 31 They will come and declare His righteousness to a people who will be born, That He has done this.

WHEN GOD STEPPED INTO HUMAN LIFE

The Bible teaches us that about two thousand years ago God came into this world in the person of Jesus Christ. Jesus Christ was God who became Man.

It had been foretold where and how this Saviour would be born. His death on the Cross was prophesied in great detail by Isaiah the prophet, some 750 years prior.

He came with the primary purpose of providing salvation — a way for people to be restored into right relationship with God, have their sins forgiven, rescued from satan's dominion and oppression and brought into God's family.

It is impossible for the human mind to comprehend, for words to articulate, for a song to describe, for an artist to capture how Deity could be wrapped in humanity, how the Infinite One could confine Himself to what is finite, and how omnipotence could be expressed through weakness. This is what took place when God became Man in the Person of Jesus Christ.

In His earthly life, Jesus did not walk in His powers of deity – of omnipotence (being all powerful), omniscience (being all knowing) and omnipresence (being present



everywhere at the same time). He walked as an ordinary Man, as anyone of us, anointed and empowered by the Holy Spirit.

He grew up as a Jew. As a Jew He would have read and learnt the Jewish Scriptures, our Old Testament. He would have read through the Pentateuch (the first five books of Moses), the Former Prophets (the historical books), the Writings (the books of Poetry, i.e. the Psalms, and the books of Wisdom), and the Latter Prophets.

Again, it shudders our minds to think that the Creator would subject Himself to a process of growth and development, that the Omniscient One would subject Himself to a process of learning, and yet the Bible states clearly "And the Child grew and became strong in spirit, filled with wisdom; and the grace of God was upon Him." (Luke 2:40)

As Jesus grew, He came to recognize the purpose of the Father. He walked in submission to the Father. He was taught and instructed by the Father. He recognized the Scriptures that spoke about Him, which were to be fulfilled in His life.

PSALM 22 – A PERSONAL EXPERIENCE AND A PROPHETIC EXPRESSION

Psalm 22, a Psalm written by David, is a Psalm that describes his personal experience. During the course of his own life's journey, he personally experienced such a situation. And yet, God is speaking by His Spirit through the Psalmist about the Messiah. The New Testament teaches us that the Holy Spirit was at work in the Old Testament prophets so that they "testified beforehand the sufferings of Christ and the glories that would follow" (1 Peter 1:10-12). Often, they spoke of things which they themselves did not understand, which they themselves desired to search, inquire and understand. They only knew they were speaking of the grace that was to come.

JESUS – THE DAY HE WAS CRUCIFIED

Late that evening Jesus was captured by the Roman soldiers and brought before the Jewish Sanhedrin, and the High Priest Annas (father-in-law of Caiphas) and Caiaphas, the high priest. The high priest then asked Jesus about His disciples and His doctrine in the Temple Courtyard. He spent the night there. Early the next morning, they brought him to the Praetorium to stand on trial before the Roman authority - Pontius Pilate. Pilate handed Jesus over to be crucified, as demanded by the crowd.

When He began His ministry, Jesus announced that the Scripture was being fulfilled (Luke 4:21). As He washed the feed of His disciples Jesus announced that the Scripture



was being fulfilled when He knew that Judas Iscariot would betray Him (John 13:18). During His High Priestly prayer knowing that He had preserved all His disciples but for Judas, He said the Scripture was being fulfilled (John 17:12). And as He hung on the Cross, John inspired by the Spirit records, that Jesus, was aware that all things were now accomplished, and the Scripture was fulfilled (John 19:28).

Therefore, we can be certain that throughout this time of His humiliation, agony, pain and suffering, the Lord Jesus would have been meditating in the Old Testament Scriptures. His thoughts would have raced back to Psalm 22 and perhaps like at no other time, every verse in this Psalm would have become so real for Him.

SEVEN HIGHLIGHTS FROM PSALM 22

We present this Psalm now with seven key insights that we observe. So we are not going through the Psalm in the sequence of the verses, but will look at the Psalm from the perspective of seven key expressions of what Jesus would have felt on the Cross, as He hung there, and in the midst of His pain and agony, recounted Psalm 22.

#1, A SENSE OF ABONDONMENT (Psalm 22:1-2)

1 My God, My God, why have You forsaken Me? Why are You so far from helping Me, And from the words of My groaning?

2 O My God, I cry in the daytime, but You do not hear; And in the night season, and am not silent.

The Lord Jesus cried these words from the Cross (Matthew 27:46; Mark 15:34)

Mark 15:33-34

33 Now when the sixth hour had come, there was darkness over the whole land until the ninth hour.

34 And at the ninth hour Jesus cried out with a loud voice, saying, "Eloi, Eloi, lama sabachthani?" which is translated, "MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?"

We hear His cry expressing a deep feeling of God being far away from Him. Everything seemed dark. It was "the night season", a dark time as He cried out in the darkness.

Jesus was on the Cross from 9am till 3pm. From 12noon till 3pm there was darkness over the land. He died at the ninth hour, about 3:00 p.m., the same time when the



Passover lambs and other sacrifices were offered. He died after being on the cross for about six hours.

Do we at times in our life's journey feel that God seems so far from helping us, so distant from our prayers and cries for help. Do we feel that the night is long? Jesus, was there.

#2, RIDICULED BY SCOFFERS AND MOCKERS (Psalm 22:6-8)

6 But I am a worm, and no man; A reproach of men, and despised by the people.

7 All those who see Me ridicule Me; They shoot out the lip, they shake the head, saying,

8 "He trusted in the LORD, let Him rescue Him; Let Him deliver Him, since He delights in Him!"

The Lord has been dehumanised, ridiculed, rejected, and despised. He felt like a worm, not a human. Jesus felt the shame, the ridicule, the slander, the accusations, the cruel mocking, and railing of His accusers, all of which were falsely thrown upon Him. And yet, He did not open His mouth to defend Himself.

Matthew 27:39-44

39 And those who passed by blasphemed Him, wagging their heads

40 and saying, "You who destroy the temple and build it in three days, save Yourself! If You are the Son of God, come down from the cross."

41 Likewise the chief priests also, mocking with the scribes and elders, said,

42 "He saved others; Himself He cannot save. If He is the King of Israel, let Him now come down from the cross, and we will believe Him.

43 He trusted in God; let Him deliver Him now if He will have Him; for He said, 'I am the Son of God.' "

44 Even the robbers who were crucified with Him reviled Him with the same thing.

Have we faced such times in our own lives, when we have been scoffed at and mocked for our trust in the Lord? Jesus has been there for us. He knows how it feels and He is able to aid us.

#3, CRUCIFIED BY VICIOUS AND VIOLENT OPPONENTS (Psalm 22:12-18)



- 12 Many bulls have surrounded Me; Strong bulls of Bashan have encircled Me.
- 13 They gape at Me with their mouths, Like a raging and roaring lion.
- 14 I am poured out like water, And all My bones are out of joint; My heart is like wax; It has melted within Me.
- 15 My strength is dried up like a potsherd, And My tongue clings to My jaws; You have brought Me to the dust of death.
- 16 For dogs have surrounded Me; The congregation of the wicked has enclosed Me. They pierced My hands and My feet;
- 17 I can count all My bones. They look and stare at Me.
- 18 They divide My garments among them, And for My clothing they cast lots.

Those who crucified the Lord are portrayed as vicious and violent bulls and dogs. Bashan was a grazing ground for bulls.

Momentarily, people were given power over the Omnipotent One. The vicious and violent accusers seemed to have gained an upper hand.

Recounting the Psalm and looking at what was being done, Jesus would have seen every detail being fulfilled literally: they pierced my hands and feet, His bones being bared from the heavy whipping, the soldiers casting lots to take his clothing.

Isaiah 52:14

Just as many were astonished at you, So His visage was marred more than any man, And His form more than the sons of men;

Isaiah 53:2-3

- 2 For He shall grow up before Him as a tender plant, And as a root out of dry ground. He has no form or comeliness; And when we see Him, There is no beauty that we should desire Him.
- 3 He is despised and rejected by men, A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

And yet in the midst of His worst, Jesus looked at the bulls and the dogs, the very ones who dealt so cruelly towards Him and spoke forgiveness over them.

Luke 23:34

Then Jesus said, "Father, forgive them, for they do not know what they do." And they divided His garments and cast lots.



This was the reason He came. Though we were sinners Christ died for us. Though we were enemies, Christ loved us to give His own life for us, so we could be forgiven. Today, He does the same. We are the ones who nailed Him to the Cross, and yet to us He makes His grace and forgiveness available.

John 19:28

After this, Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said, "I thirst!"

On the Cross, exhausted, Jesus wanted a little water to quench His thirst and prepare for one final cry, a shout of victory. Remember, Jesus did not accept the pain relieving drink at the beginning of His ordeal (Mark 15:23), but now He accepts a little bit of sour wine to wet His lips and throat.

#4, RELIANCE ON GOD (Psalm 22:9-11,19,24)

- 9 But You are He who took Me out of the womb; You made Me trust while on My mother's breasts.
- 10 I was cast upon You from birth. From My mother's womb You have been My God.
- 11 Be not far from Me, For trouble is near; For there is none to help.
- 19 But You, O LORD, do not be far from Me; O My Strength, hasten to help Me!
- 24 For He has not despised nor abhorred the affliction of the afflicted; Nor has He hidden His face from Him; But when He cried to Him, He heard.

We see a remembrance of the hand of God from the very beginning. And the assurance that God would not utterly abandon Him. That God will hear Him.

In these painful moments, Jesus also addressed the needs of His physical mother, the one who took care of Him from His birth, and who stood faithfully at the Cross, at His death.

John 19:26-27

26 When Jesus therefore saw His mother, and the disciple whom He loved standing by, He said to His mother, "Woman, behold your son!"

27 Then He said to the disciple, "Behold your mother!" And from that hour that disciple took her to his own home.



#5, DECLARATION OF GOD'S DELIVERANCE (Psalm 22:4-5,20-21)

4 Our fathers trusted in You; They trusted, and You delivered them.

5 They cried to You, and were delivered; They trusted in You, and were not ashamed.

20 Deliver Me from the sword, My precious life from the power of the dog.

21 Save Me from the lion's mouth And from the horns of the wild oxen! You have answered Me.

There is the assurance that this painful season will be over. Deliverance will come. The night will pass and give way to a new morning.

With this assurance, Jesus could assure the thief on the other Cross beside Him:

Luke 23:43

And Jesus said to him, "Assuredly, I say to you, today you will be with Me in Paradise."

To each of us, we must remember that we who trust in Him, will be delivered. He will deliver us from the lion's mouth and the horns of the wild ox. We will not be ashamed. He will answer us.

#6, PRAISE IN THE MIDST OF IT ALL (Psalm 22:3,22-23,25-26)

3 But You are holy, Enthroned in the praises of Israel.

22 I will declare Your name to My brethren; In the midst of the assembly I will praise You.

23 You who fear the LORD, praise Him! All you descendants of Jacob, glorify Him, And fear Him, all you offspring of Israel!

25 My praise shall be of You in the great assembly; I will pay My vows before those who fear Him.

26 The poor shall eat and be satisfied; Those who seek Him will praise the LORD. Let your heart live forever!

We see a declaration of praise to God in this painful Psalm.

Would Jesus have praised the Father hanging on the Cross? Psalm 22 indicates He would have.

As His mind raced through these Scriptures, Jesus would have, in the midst of His agony, anchored Himself in a place of praise to the Father.



He speaks prophetically of declaring the Father's name to the brethren and praising the Father in the midst of the assembly. This is quoted in Hebrews 2:12 with reference to Jesus declaring the Father's praise along with the Church.

Even in agony, there is a sense of triumph in the heart of everyone who puts their trust in the Lord. There is a final note of praise. There is a final note of victory. The mission will be accomplished. The work will be finished. Nothing can stop God.

John 19:30

So when Jesus had received the sour wine, He said, "It is finished!" And bowing His head, He gave up His spirit.

It is finished! Jesus' final word (tetelestai in the ancient Greek). This was the cry of a winner. Jesus had finished the eternal purpose of God on the Cross. The price to pay for the sins of the whole world completed. Satan had been defeated. The way for salvation had been made. The veil in the Temple had been torn open. A new and living way had been created for everyone washed in the blood of Jesus, to enter the Holiest.

#7, DECLARATION OF TRIUMPH (Psalm 22:27-31)

- 27 All the ends of the world Shall remember and turn to the LORD, And all the families of the nations Shall worship before You.
- 28 For the kingdom is the LORD's, And He rules over the nations.
- 29 All the prosperous of the earth Shall eat and worship; All those who go down to the dust Shall bow before Him, Even he who cannot keep himself alive.
- 30 A posterity shall serve Him. It will be recounted of the Lord to the next generation,
- 31 They will come and declare His righteousness to a people who will be born, That He has done this.

What is so amazing is that in this Psalm, there is a declaration of victory and triumph. A declaration of the greatness of God being declared to the ends of the earth.

As Jesus committed His spirit into the Father's hands, He would have rested in these Scriptures. The sacrifice He made, will touch every nation and cause the Kingdom of God to reach the families of the nations, so that they can come and worship the Lord. Generations who come will recount the goodness of God and be saved.

Luke 23:46



And when Jesus had cried out with a loud voice, He said, "Father, 'INTO YOUR HANDS I COMMIT MY SPIRIT.' " Having said this, He breathed His last.

This is why we are here today.

The price Jesus paid on the Cross, He paid for each one of us, so that today we can be saved.

REVIEW OF PSALM 22

- #1, A SENSE OF ABONDONMENT (Psalm 22:1-2)
- #2, RIDICULED BY SCOFFERS AND MOCKERS (Psalm 22:6-8)
- #3, CRUCIFIED BY VICIOUS AND VIOLENT OPPONENTS (Psalm 22:12-18)
- #4, RELIANCE ON GOD (Psalm 22:9-11,19,24)
- #5, DECLARATION OF GOD'S DELIVERANCE (Psalm 22:4-5,20-21)
- #6, PRAISE IN THE MIDST OF IT ALL (Psalm 22:3,22-23,25-26)
- #7, DECLARATION OF TRIUMPH (Psalm 22:27-31)

SALVATION CALL

If you ask, does God love me? We can tell you what the Bible says: John 3:16, Romans 5:8

If you ask, how can I have my sins forgiven? We can tell you what the Bible says: Acts 10:43; 1 John 2:2,12

If you ask, what is the way to God? We can tell you what the Bible says: John 14:6
If you ask, how can I become a child of God? We can tell you what the Bible says: John 1:12

If you ask, where can I find salvation? We can tell you what the Bible says: Acts 4:12 If you ask, what must I do to experience salvation? We can tell you what the Bible says: Acts 16:30-31

As an act of your own free choice, we invite you to make this decision to follow Jesus.

SUPERNATURAL MINISTRY TIME

Minister as the Spirit leads





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SERMON BRIEF

Psalm 22

Psalm 22 is a prophetic declaration of Christ's suffering on the Cross and the proclamation of praise for God's deliverance and triumph. This sermon is a study in Psalm 22. This Psalm bears much relevance and application to us, as we encounter struggles and hardships. We learn to rest in complete reliance on God, remain assured of God's deliverance, declare His praises and journey through to triumph and victory in Him.

KEYWORDS

Psalm 22, Good Friday Sermon, sermon outlines, sermon notes, preaching, sermons, sermon audio, free sermons, bible study, topical bible study, verse by verse Bible study

REFERENCES/CITATIONS

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