

CONTENTS

Lesson 1	Genesis	Pg 3
Lesson 2	The Laws	Pg 13
Lesson 3	First and Second Commandments	Pg 21
Lesson 4	Third and Fourth Commandments	Pg 27
Lesson 5	Fifth and Sixth Commandments	Pg 36
Lesson 6	Seventh and Eighth Commandments	Pg 43
Lesson 7	Ninth and Tenth Commandments	Pg 51

Old Testament



Genesis



LEARNING OBJECTIVES

- To briefly summarise the first book of the Old Testament.
- To assure children they can be part of the Abrahamic promise and all the promises in the Bible by faith in Jesus.



SCRIPTURE PORTION

Genesis 12:1-7, Genesis chapter 15, Genesis chapter 22



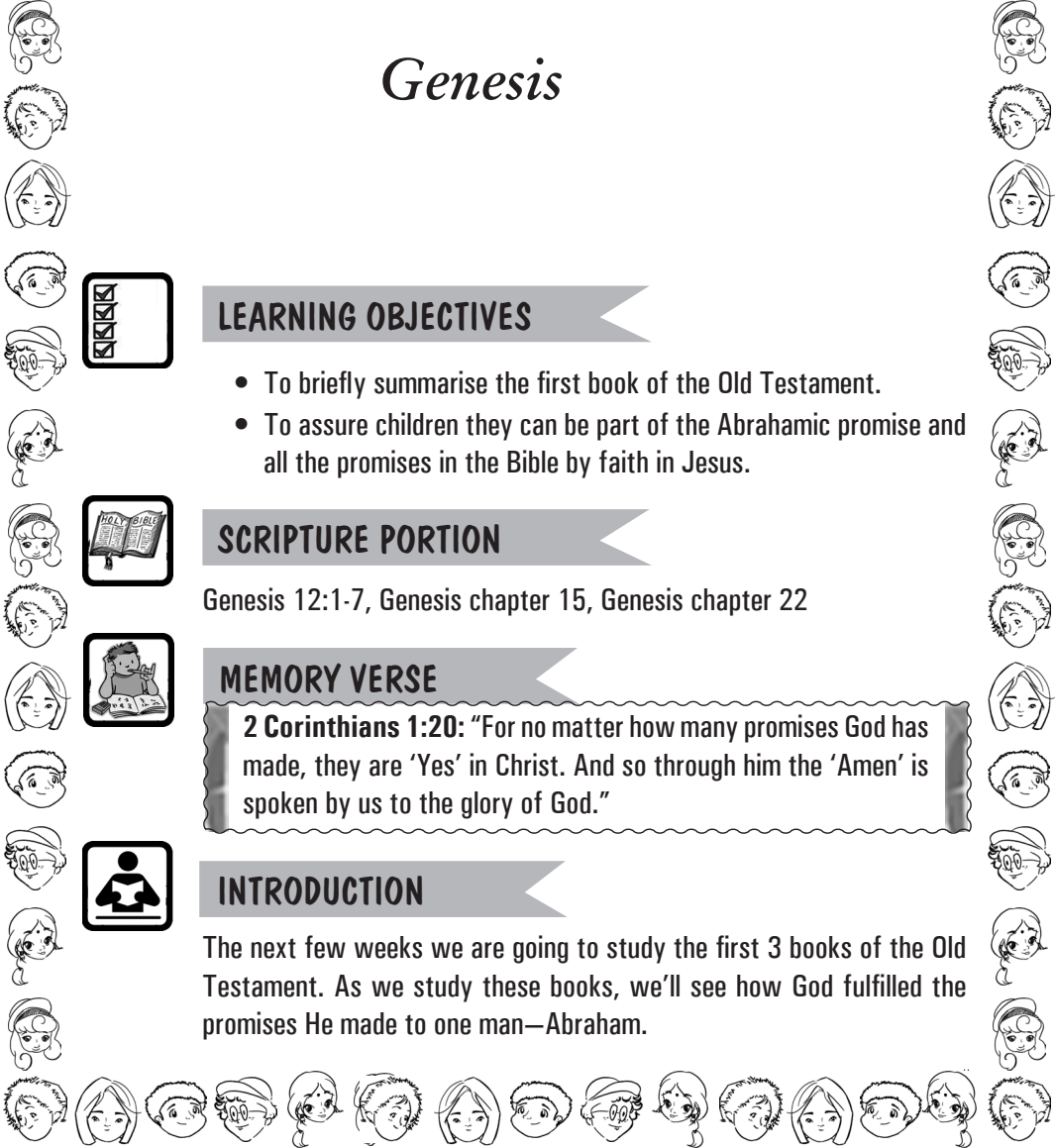
MEMORY VERSE

2 Corinthians 1:20: "For no matter how many promises God has made, they are 'Yes' in Christ. And so through him the 'Amen' is spoken by us to the glory of God."



INTRODUCTION

The next few weeks we are going to study the first 3 books of the Old Testament. As we study these books, we'll see how God fulfilled the promises He made to one man—Abraham.





The Old Testament is a collection of 39 books about the history and religion of the people of Israel. The first 5 books of the Old Testament are called the 'Books of Moses' because they were written by Moses. They're also called the 'Books of the Law' or just 'The Law' because these books contain the laws that God gave Israel after He brought them out of Egypt.



The Books of the Law are:



Genesis



Exodus



Leviticus



Numbers



In this lesson, we'll study the book of Genesis and the promises God made to Abraham.



DISCUSSION QUESTIONS



Why was Abraham willing to sacrifice his only son? To find the answer, read Hebrews 11:19.



Why did God make His Covenant and choose to carry out His plan for the entire mankind through just one man—Abraham?

The following passages will help you find the answer:





Genesis 12:1: "The Lord had said to Abram, 'Leave your country, your people and your father's household and go to the land I will show you ...'"



Genesis 12:4: "So Abram left, as the Lord had told him ..."



Hebrews 11:8: "By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going."



Genesis 26:4-5: "... all nations on earth will be blessed, because Abraham obeyed me and kept my requirements, my commandments, my decrees, and my laws."



Genesis 15:6: "Abraham believed in the Lord, and he credited to him as righteousness."





God made the promises to Abraham and his descendants thousands of years ago. Today, how does it help us to know the promises God made to him?

The following passages will help you find the answer:



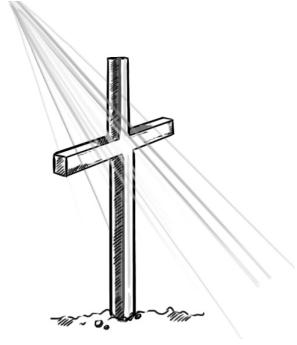
Genesis 12:1-3: "The Lord had said to Abram, 'Leave your country, your people and your father's household and go to the land I will show you. I will make you into a





great nation and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and **all peoples on earth will be blessed through you.**”

Genesis 22:17-18: “...Your descendants will take possession of the cities of their enemies, and **through your offspring all nations on earth will be blessed, because you have obeyed me.**”



Galatians 3:26-29: “You are all sons of God through faith in Christ Jesus, for all of you who were baptized into Christ have clothed yourselves with Christ. There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus. **If you belong to Christ, then you are Abraham's seed, and heirs according to the promise.**”

The promises of God were to Abraham's descendants—the Israelites? By making and fulfilling these promises only to the Israelites, do you think God was being partial? To find the answer, read Galatians 3:28 and 2 Timothy 2:3–4.






APPLICATION

Just as God made promises to Abraham, the Bible contains more than 3000 promises which God has made for all who believe in Him. These promises will be fulfilled for all those who put their faith and trust in Him. God's promises cover every area of our lives:

- Our studies
- Health
- Safety
- Protection
- Healing
- To overcome fear
- To be the best in what we do
- For strength, etc.

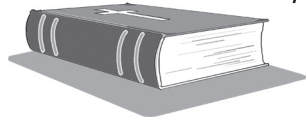


What do we need to do for God's promises to come true in our lives?

First, read the Bible: When you read the Bible and you come across a promise, underline it. It would be also good for you to memorise the promise.



Second, obey God's commands: Secondly, just like Abraham did we need to obey God's commands. In most of the promises mentioned in the Bible, there is a command. We need to obey the command for the promise to come true in our lives.



Thirdly, have faith: Abraham's faith led him to obey God.

Even though the circumstances were very hard for Abraham, yet he obeyed God because he had the faith in God.

He had faith that it was God who spoke to him.

He had the faith that God will show him the land where he needs to stay.





He had the faith that even though his wife and he were old, they would have a son. He had faith that even though God asked him to sacrifice his only son of promise that God was able to raise him up to fulfill the unconditional covenant He made with Abraham.

Romans chapter 4 tells us that Abraham was not saved because he obeyed God; rather, his obedience to God was a result of his faith. The Bible tells us that without faith it is impossible to please God. That is why God was pleased with Abraham's faith and made all those wonderful promises to him.

Similarly, it will be easy for us to obey God when we have the faith that the promises God made in His Word will come true in our lives. Don't doubt—always have faith to obey Him and see His promise come true in your lives.

Fourthly, speak the promise in faith over your life: God has not only given us His precious and great promises but He has also promised to fulfill every promise recorded in His Word. Knowing this truth will not automatically cause the promise to come true in our lives. We need to speak the promises in faith in the areas we need help. We can also speak the promises over the lives of family or friends who are in need.



You can say, Lord Jesus I thank you for this promise in Your Word (say the promise). I speak this in faith over _____ (mention the person's name) / my life. I believe it is done.

Given below are a few promises from the Bible. Tick at least five promises that you can claim over your lives in prayer, or over the lives of your family members or friends. Read the promise, if there is a command, obey it, and in faith claim the promise.



God has promised forgiveness for all your sins:
1 John 1:9: "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."





 We are promised the Holy Spirit:

Luke 11:13: "If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"



 God can do impossible things in our life:

Luke 18:27: "Jesus replied, 'What is impossible with men is possible with God.'"



He has promised deliverance from fear:

Psalms 34:4: "I sought the LORD, and he answered me; he delivered me from all my fears."



All of our needs will be supplied:

Philippians 4:19: "And my God will meet all your needs according to his glorious riches in Christ Jesus."



God will not withhold any good thing from you:

Psalms 84:11: "For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold from those whose walk is blameless."



God has promised wisdom:

James 1:5: "If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him."



God has promised escape from temptation:

1 Corinthians 10:13: "No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand under it."



God has promised you health and healing:

Jeremiah 30:17: "But I will restore you to health and heal your wounds, declares the LORD ..."



God has promised protection from harm and danger:

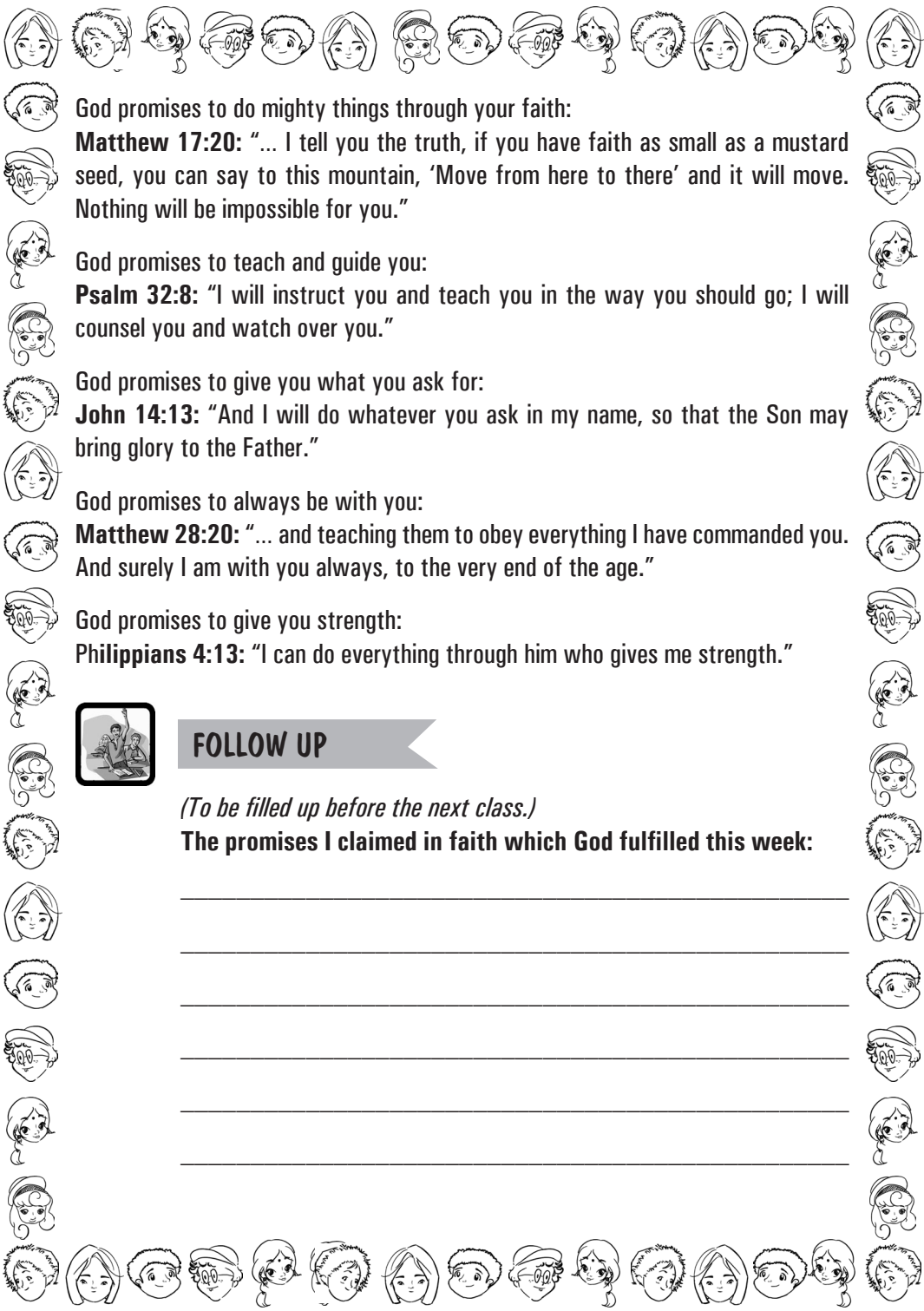
Psalms 91:10: "... then no harm will befall you, no disaster will come near your tent."



God promises to answer your prayers:

Matthew 21:22: "If you believe, you will receive whatever you ask for in prayer."





God promises to do mighty things through your faith:

Matthew 17:20: "... I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."

God promises to teach and guide you:

Psalms 32:8: "I will instruct you and teach you in the way you should go; I will counsel you and watch over you."

God promises to give you what you ask for:

John 14:13: "And I will do whatever you ask in my name, so that the Son may bring glory to the Father."

God promises to always be with you:

Matthew 28:20: "... and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

God promises to give you strength:

Philippians 4:13: "I can do everything through him who gives me strength."



FOLLOW UP

(To be filled up before the next class.)

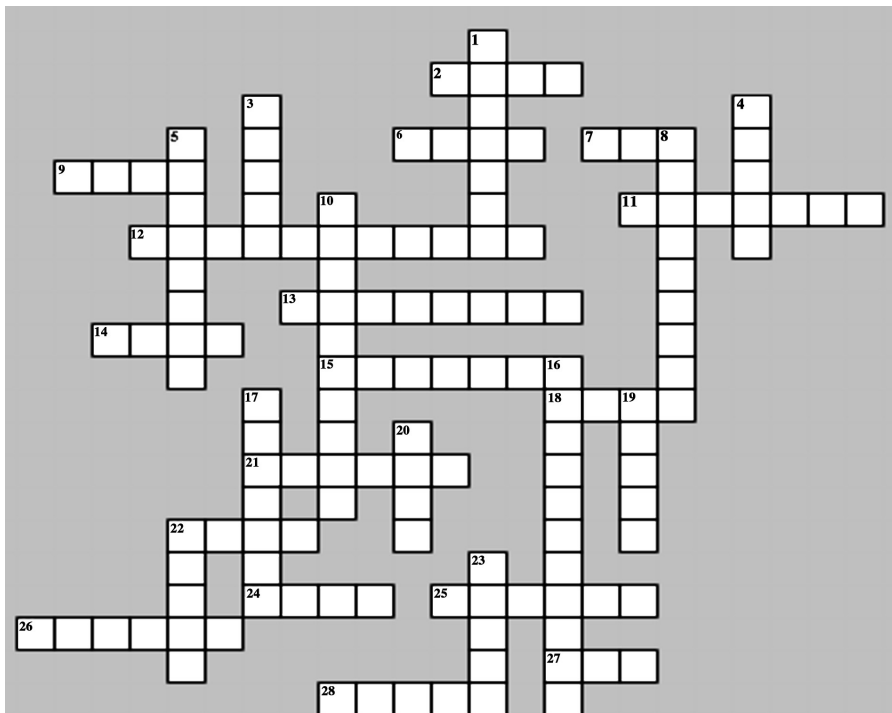
The promises I claimed in faith which God fulfilled this week:



TAKE HOME ACTIVITY

BIBLE FIRSTS





















Complete the crossword puzzle.



























Across

- 2 First shelter mentioned in the Bible (Gen. 4:20)
- 6 The first murder victim (Gen. 4:8)
- 7 The first "cave man" (Gen. 19:30)
- 9 The first sailor (Gen. 8:1)
- 11 The first Pilgrim (Heb. 11:8-13)
- 12 Noah was the first man recorded to have committed this sin (Gen. 9:21)
- 13 Abel was the first one of these (Gen. 4:2)



-  14 The first murderer (Gen. 4:8) 
-  15 Where Abraham built this first altar (Gen. 12:6) 
-  18 The first home (Gen. 2:8) 
-  21 The first thing God created (Gen. 1:1) 
-  22 The first man 
-  24 The first animal God asked for as a sacrifice (Gen. 4:4; Heb. 11:4) 
-  25 The first bigamist (Gen. 4:19) 
-  26 The very first day according to our calendar was (Gen. 1:1-2:3) 
-  27 The mother of all living (Gen. 3:20) 
-  28 First cattle rancher (Gen. 4:20) 

Down

-  1 The first book of the Bible 
-  3 The first liar (John 8:44) 
-  4 Invented the organ (Gen. 4:21) 
-  5 First angel mentioned in the Bible (Gen. 3:24) 
-  8 First metal-worker (Gen. 4:22) 
-  10 The oldest man (Gen 5:27) 
-  16 The first priest of God mentioned (Gen. 14:18) 
-  17 Abraham's firstborn son (Gen. 16:15) 
-  19 The first man called a prophet (Jude 14) 
-  20 The first man to lead a family to call upon God (Gen. 4:26) 
-  22 The first man called a Hebrew (Gen. 14:13) 
-  23 The first tower (Gen. 11:4) 



Old Testament



The Laws



LEARNING OBJECTIVES

- To summarise the second and third books of the Old Testament.
- To help children understand why God gave us laws.
- To help them know they can obey the Laws with the help of Jesus and the Holy Spirit living in them.



SCRIPTURE PORTION

Exodus 20



MEMORY VERSE

Ezekiel 36:26, 27: "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws."



INTRODUCTION

Last week, we very briefly studied the book of Genesis. In this lesson, we'll study the second and third book of the Old Testament.



TEACHING CONTENT

I. Introduction to the Book of Exodus

The word Exodus means ‘exit’ or ‘departure.’ Why is it called ‘exit’ or ‘departure?’

400 years after Joseph's death, the Israelites lived among the Egyptians. They prospered and grew until the next Pharaoh came to the throne. He saw them as a security risk and enslaved them (Exodus 1:8–11). The Israelites cried out to God in their suffering and pain. God remembered the promise He made to Abraham. He delivered them out of Egypt. This book narrates the Israelites’ departure or exit from Egypt and slavery, to Canaan—the Promised Land.

In Exodus, God reveals for the first time His name, nature, plans, laws, and how He is to be worshiped by the nation of Israel and the nations living around them.

II. Introduction to the Book of Leviticus

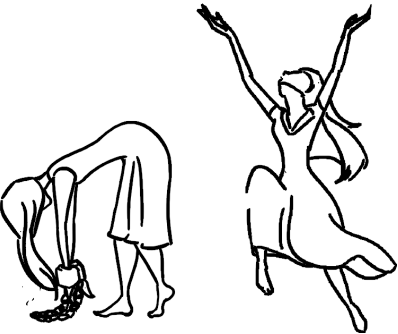
The book of Leviticus mentions the details of the 613 laws. Leviticus is the third book of the Old Testament and is a guidebook of rules and laws. Leviticus means ‘relating to the Levites.’ The Levites were the tribe from which the priests and others who serve in the tabernacle were chosen.

The Laws that God gave the Israelites were:

- Laws concerning Sacrifice—exact ways in which the five offerings were to be made.
- Laws of purification from ceremonial uncleanness (sins)—these laws gave instructions on the sacrifices people had to make for the removal of their uncleanness and sins.
- Laws dealing with the religious and moral behavior of the Israelites.
- Laws concerning the holiness of the priests.

Leviticus also has details of holy days and feasts that God wanted the Israelites to observe and celebrate.

God gave the Israelites rules to make life easier for them. We'll see how:

1. When God delivered his children from Egypt, a new nation was created. Every nation must have laws for leading the people. Laws protect people by imposing punishments when a law is broken. Without this, there would be disorder, confusion and rebellion. If there were no laws, a nation would be divided. Since God was the King of Israel, He gave them laws to make life easier for them.
2. God gave the Laws to make the Israelites spiritually free under His guidance. Without God's guidance, no one can truly be free. When we are not under God guidance, we are under the devil's guidance. When we are under the devil's guidance, he makes us his slaves. God gave us the Law so we would not be enslaved by the devil and his evil plans.
3. God gave the Laws because He wanted the Israelites to be Holy as He is holy. Holiness is being separated from sin and being set apart fully to the Lord, for His purposes and glory. By following these rules, Israel would be different from the other nations that were worshipping idols. The unique laws given to Israel were meant to attract the other nations to the God of Israel.
4. The Law helps a person know what is right and wrong.
5. The Law helps a person stay obedient to God. When people disobey, the Law helps them realise they've sinned and failed God. It will show them their need to be saved from punishment, by a loving God.
6. The Law promotes good health, good morals and good relationships. The food requirements within the Law have been proven by modern science to be healthy practices. The moral requirements produced love and kindness toward fellow men. The Israelites were supposed to treat the poor and outsiders in the same way God treated them—with love, compassion and justice.



DISCUSSION QUESTIONS

What are your opinions and attitudes to the rules you have to follow in school and at home?

How did God want the Israelites to obey His laws?

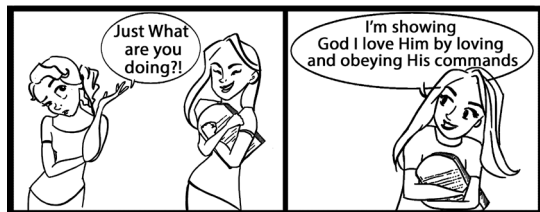


How is love connected to the Law? The verses given below will help you find the answer.

Deuteronomy 6:5-6: “Love the LORD your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be upon your hearts.”

Deuteronomy 11:1: “Love the LORD your God and keep his requirements, his decrees, his laws and his commands always.”

Deuteronomy 30:16: “For I command you today to love the LORD your God, to walk in his ways, and to keep his commands, decrees and laws; then you will live and increase, and the LORD your God will bless you in the land you are entering to possess.”



In Jeremiah 31:33 God says that He would put His law in our minds and write it on our hearts. Why did God say He would write the laws on our hearts?

Why are you always so happy?!



I try my best to obey God's laws all the time, and that brings me joy and happiness

We learnt today that the book of Leviticus has Laws for Sacrifice, Laws of purification from ceremonial uncleanness (sins). Why don't we follow these laws in church today?

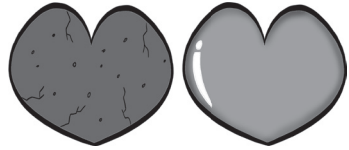


APPLICATION

The church today is under the New Covenant because of Jesus' love and sacrifice for our sins. Since we are under the New Covenant:



- ❖ We no longer have to make the animal sacrifices.
- ❖ Follow ritual cleansing for our sins.
- ❖ And we don't have to try obeying the laws in our strength. In the New Covenant, God promises:
 - In Jeremiah 31:33 that He would put His law in our minds and write it on our hearts.
 - In our memory verse for today which is taken from Ezekiel 36:26, God promises:
 - A renewed heart and renewed spirit .
 - God Himself will put the law in people's hearts and minds.
 - The Holy Spirit will help us and cause us to follow, and keep the laws.



What is your response and attitude to:

- ❖ The laws that God gave out of His love and for your well being.
- ❖ The New Covenant in which the Holy Spirit Himself will help you and cause you to follow and keep His laws.

Similarly, the rules your schools and parents have laid down are for your well being and protection.

Having understood this, what is your response and attitude to the rules that your parents and school have set to protect, guide and help you.



Do you want to give your rebellious, stubborn, hardened heart to God, and ask the Holy Spirit to soften your heart, so you can love God and obey Him?

My response:

Areas in my life where I need to obey the rules set by your school and parents and laws set by God. My attitude to obeying rules and laws in God's Word:



FOLLOW UP

(To be filled up before the next class.)

The Laws and rules I obeyed this week.

The change in my attitude to obeying laws and rules I had to follow during this week.



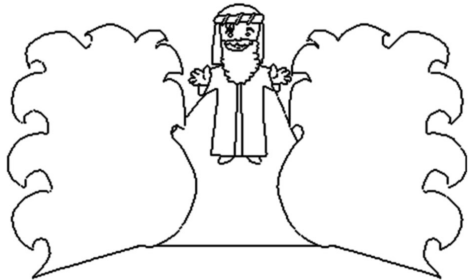
TAKE HOME ACTIVITY

Moses Word Search

E K A N S A M U G N N I Q R P
 T N E M D N A M M O C S M E R
 F I R S T B O R N I D R I V E
 S S E N K R A D D T O A R O D
 S H E P H E R D P C O E A S A
 M I R I A M Y T L E L L C S E
 H O A R A H P A A T B I L A L
 N O R A A Y C E G O D T E P C
 U V O G G C Y S U R S E S O M
 P N R E S L A V E P F L I E S

Aaron
 blood
 commandment
 darkness
 Egypt
 firstborn
 flies
 Israelite
 leader
 miracle

Miriam
 Moses
 Passover
 Pharaoh
 plague
 protection
 sea
 shepherd
 slave
 snake



Old Testament



First and Second Commandments



LEARNING OBJECTIVES

- Children will learn the true meaning of the first and second commandments.
- Children will understand the relevance of these commandments to their everyday lives.
- To help children obey these two commandments.



SCRIPTURE PORTION

Exodus 20



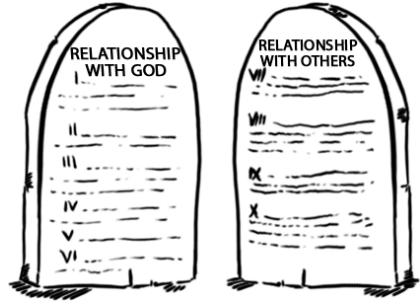
MEMORY VERSE

Mark 12:29-30: "... the Lord our God, the Lord is one and love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength."



INTRODUCTION

In the last lesson, we learnt why God gave the Israelites so many laws. The heart of all the Laws that God gave the Israelites was the Ten Commandments. The order in which God gave the Ten Commandments is important. The first four of the Ten Commandments have to do with our relationship with God. The last six have to do with our relationship with others.



Many people today think that the Ten Commandments were given to the Israelite nation alone to follow. They think the Church today does not need to obey them because we live under grace and not under the law. They say we receive the blessings and promises of God by faith, and not by obeying the old laws.

However, though the Ten Commandments are old, they are not outdated. They apply to our lives even today. Following them will help and benefit us, rather than make life difficult or hard.

In this lesson, you'll learn what the first two commandments mean, and how they apply to our lives.

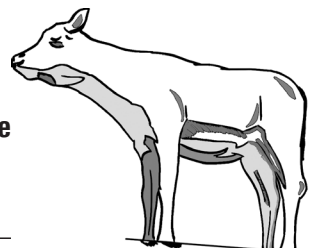
First Commandment: You shall have no other gods before me.

Second Commandment: You shall not make for yourself an idol.

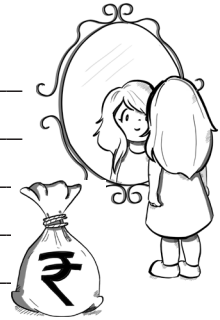


DISCUSSION QUESTIONS

Why is an idol an insignificant thing? To find the answer, read Psalms 115:3-8.



What are some of the idols in your school?



According to Jesus, which is the first and most important commandment? To find the answer, read Mark 12:29-30.

What would it mean to love the things of the world? To find the answer, read 1 John 2:15-16.

What would it mean if we were to choose friendship with the things of this world? To find the answer, read James 4:4.

Why can't we love both the things of the world and God at the same time? To find the answer, read Matthew 6:24?

How do we keep God first in our lives?





APPLICATION

Based on what we have learnt today, it's very clear that we cannot please both God and the things of the world at the same time. God wants us to love Him with all our heart, soul, mind and strength.

This does not mean that He does not want us to enjoy hanging out with our friends, listen to music, watch TV, read books, study, excel in sports and other activities etc. All He wants is for us to keep Him at the center of our lives. This means we involve Him in everything we do.

*God, I commit my day
and time to you...
Guide and help me..*



You can begin by committing your day, time and talents to God. Ask God to help, guide and give you the wisdom to choose, do, say, read, watch things that would honor Him. If you do this, God will help you balance things right. He'll surely help you get everything done that needs to be done that day.

Secondly, throughout the day, keep talking to God:

E.g. When choosing friends, ask God to help you choose right.

When you sit down to study, ask God to help you understand and remember what you're studying.

If you love reading, ask God to help you choose a book that would increase your knowledge.

If you are going shopping, ask God to give you the wisdom to choose the best.

This way, you can involve God in your life, and show Him that He is the most important Person to you.

Are there things in your life that have become gods—idols that have taken the place of God in your life? If so, write them down.

Would you like to make a commitment, to love God and keep Him first in your life? If so, pray and tell God.

Keep God at the center of your life by involving Him in everything you think, say and do.



FOLLOW UP

(To be filled up before the next class.)

This week how did you keep God in the center of everything you thought, said and did. What difference did it make in your life?



TAKE HOME ACTIVITY

Just for KIDS

Mark 12:30-31

Change some of the letters below to find the words in these important verses.

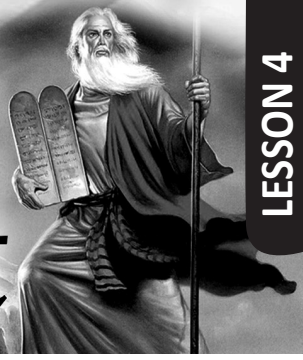
Change: C's to L J's to A K's to O Z's to H
 Q's to T P's to R X's to E

(The other letters stay the same)

" L
 C K V X Q Z X C K P D Y K U P
 G K D W I Q Z J C C Y K U P
 Z X J P Q J N D W I Q Z J C C
 Y K U P S K U C J N D W I Q Z
 J C C Y K U P M I N D J N D
 W I Q Z J C C Y K U P
 S Q P X N G Q Z . . . C K V X
 Y K U P N X I G Z B K P
 A S Y K U P S X C F .



Old Testament



Third and Fourth Commandments



LEARNING OBJECTIVES

- Children will learn the meaning of the third and fourth commandments.
- Children will understand the relevance of the second and third commandments in their lives today.
- To help children obey the third and fourth Commandments.



SCRIPTURE PORTION

Exodus 20



MEMORY VERSE

Exodus 20:11: "... In six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy."



TEACHING CONTENT

In this lesson, you'll learn what the third and fourth commandments mean, and how they apply to your lives.

Third Commandment: You shall not take the name of the Lord your God in vain.

Fourth Commandment: Keep the Sabbath day holy.

I. Third Commandment: You Shall Not Misuse the Name of the Lord Your God

Many people think that taking the Lord's Name in vain simply means to use God's Name as a swear word, slang word or carelessly use the name of God when we speak every day. These are true, but taking God's name in vain is far more serious than just that.

A. God's Name Represents His Authority

The Lord's Name represents God's Person—His divine nature and characteristic, His Authority and Glory. To take His Name in 'vain,' or as 'nothing,' then, is to take God Himself as nothing!

God's name represents His authority, this is very clear when we pray in the Name of Jesus. We come to God in prayer, not by our own authority, but by the authority of God's Son. So when a person takes God's Name in vain, they are proclaiming that God's authority and power are empty and weak.

Read the verses given below and write down what kind of authority/power the name of God has?

Acts 4:12: _____

John 14:13: _____

Romans 10:13: _____

Mark 16:17: _____



B. God's Name is Honored in Our Actions and Lifestyle

When we fail in our actions to live according to God's laws and commands, we take God's Name in vain.

When our actions, attitudes and behavior are not in line with God's laws, and are not according to God's Word, we cause unbelievers to speak evil of the God we serve. Hence we dishonor God and His name.

II. Fourth Commandment: Keep the Sabbath Day Holy

The word 'Sabbath' in Hebrew means 'to rest; to cease; to cause to cease.' God was commanding the Israelites to work for six days and rest on the seventh day like He did—God created everything in six days and rested on the seventh day.

It is not enough to 'remember' the Sabbath; we must also 'keep it holy.' The word 'holy' means to set aside for God. It is to be a day when we can focus on God—so that we can receive the strength, encouragement and wisdom we need to live out the remaining six days.

The Israelites observed the Sabbath on the seventh day of the week—on Saturday. Since Jesus rose from the dead on the first day of the week, His followers began to set aside Sunday as their special day of Sabbath and worship.

Through this commandment God is also saying that, if we can't complete our work in six days, then we're too busy; we're busier than God Himself! If we choose to obey His command and place Him first in our lives, He will help us get rid of unnecessary things, and give us the strength and help to do our daily work.



DISCUSSION QUESTIONS

Do you call your mum, dad, teacher or principal by their name?

How do you call them?

Why don't you call them by their name?

Why is God concerned the way His people speak and use His name?

When we don't use God's name as swear or slang word, what are we doing or showing?

What happens if you take God's name in vain? To find the answer, read Exodus 20:7.

What did Jesus say about swearing? To find the answer, read Matthew 5:34-37.

What is the first thing that God made holy? To find the answer, read Genesis 2:2-3.



APPLICATION

Third Commandment

I'm sure you have heard the saying, "Actions speak louder than words." Do your friends know you're a Christian because you go to church on Sundays, or because of your Christian name, or because of your actions?

Have they ever told you, "Hey you're different from the rest of the class/school? I'm sure you're a Christian." Are your actions honoring God so much so that your friends want to follow your example? Or are your actions disrespecting the God you worship?

Have you dishonored God's name through your actions at home, school, or among friends?



Write down ways in which you are dishonoring the God you worship?

Write down ways in which you will honor God in your life.

Fourth Commandment

We learnt that God Himself rested on the seventh day. God who is infinite, limitless in power and strength didn't need to rest. He rested because He saw that it was worth doing so. God who instituted work also instituted time for rest. The time of rest was given to man to stay away from work and focus on God.

With the rest day, there would be the obvious outcomes of refreshing and renewal. The "rest day" was set aside as a way of honoring God.

Rest honors God. It is an act of worship toward God.

The idea of Sabbath is not that of relaxation or refreshment, but putting a stop or pause from our busy activity. Many people think that they can use the Sabbath to do things they couldn't do during the week because of their jobs or attending school or college. So they use this day of rest to go for picnics, shop, party, watch movies or sleep as a way of relaxing and refreshing themselves. Many also use the Sabbath to attend classes to learn musical instruments or coaching classes for some exams or sports (cricket, football) etc.



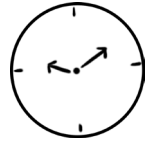
We don't break this commandment if we study, complete our homework or project work, shop, sleep or go out with our friends on Sunday. We break this commandment when we frequently and consistently put others things in place of attending church and spending time with God.



That's why God said keep the Sabbath day 'Holy.' 'Holy' means to set apart unto God to worship Him, pray, read the Bible and gather together for worship. This alone will provide us with much needed rest for our minds and, encouragement and strength to face another week.

The Sabbath is a great gift and blessing that God has given to mankind.

Write the down the things you mostly do on Sundays, and the amount of time you spend doing each of them.



Based on the list given above, are you obeying God and keeping the Sabbath holy?

What can you begin to do from today, to honor God by keeping the Sabbath holy?



FOLLOW UP

(To be filled up before the next class.)

This week how I was able to follow / obey the third and fourth commandments.

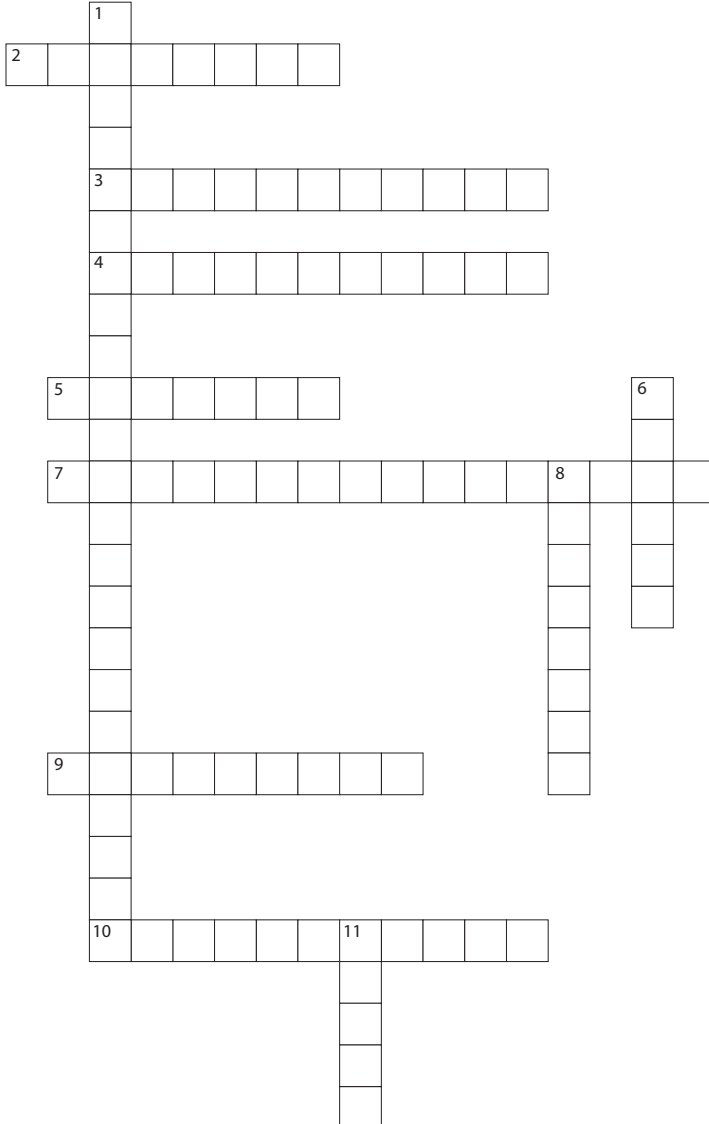
Third Commandment:

Fourth Commandment:



TAKE HOME ACTIVITY

Complete the crossword puzzle.



Across

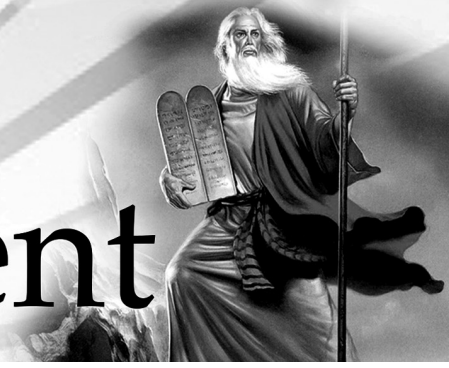
- 2 This is the worship of false gods.
- 3 The only true God, Father, Son and Holy Spirit.
- 4 You shall not misuse the name of the _____.
- 5 The holy day set aside for rest and attention to God's Word is called the _____.
- 7 We should _____ in God above all things.
- 9 We should fear and love God so that we do not despise _____ or His Word, but regard it as holy and, gladly hear and learn it.
- 10 Using God's name in order to perform spells.

Down

- 1 The First Commandment:
- 6 You shall not _____ the name of the Lord your God.
- 8 _____ the Sabbath day by keeping it holy.
- 11 This means to call down God's punishment on oneself or someone else.



Old Testament



Fifth and Sixth Commandments



LEARNING OBJECTIVES

- Children will learn the meaning of the fifth and sixth commandments.
- Children will understand the relevance of the fifth and sixth commandments to their lives today.
- To help children obey the fifth and sixth commandments.



SCRIPTURE PORTION

Exodus 20, Genesis 4:3-12



MEMORY VERSE

Ephesians 6:1-3: Children, obey your parents in the lord, for this is right. 'Honor your father and mother' is the first commandment with a promise—'that it may go well with you and that you may enjoy long life on the earth.'



TEACHING CONTENT

In this lesson, you'll learn what the fifth and sixth commandments mean, and how they apply to your lives.

Fifth Commandment: Honor your father and mother.

Sixth Commandment: You shall not murder.

I. Fifth Commandment: Honor Your Father and Mother

There are no qualifications attached to this command, such as “Honor your parents if they are worthy of it—if they are good and don’t punish you.”

This commandment is to be obeyed no matter how ‘good’ or ‘bad’ our parents are. Why? God in His great wisdom established the family and gave parents the authority to lead the family. To dishonor our parents, then, is to dishonor God, defy His authority and reject His sovereign plan. But what does it mean to ‘honor’ our parents?

A. Honoring our Parents Means Respecting Them

Leviticus 19:3 (NKJV): “Every one of you shall revere his mother and his father, and keep My Sabbaths: I am the Lord your God.”

The word ‘reverence’ means to ‘fear or respect.’ To honor our parents is to have great respect for their God-given place of authority in the family.

B. Honoring Our Parents Means Obeying Them

For God, it is very important that children obey their parents.

Why should we listen / obey our parents?

Because they know what’s best. They have more experience than you, and know which actions would lead to which consequences. So they wish to protect you from making mistakes. This can save you from a lot of serious tragedies. It is a wise child who knows this and is willing to learn and apply what his parents and elders tell him.

Jesus, who gave us this commandment, followed it Himself, and set us an example to follow.

Luke 2:51: “Then he went down to Nazareth with them and was obedient to them. But his mother treasured all these things in her heart.”

II. Sixth Commandment: You Shall Not Murder

Apart from respecting God and our parents, God also wants us to respect those around us. Hence God gave us the sixth commandment.

Commit your relationships to God, and ask the Holy Spirit to help you love and respect people, so that God may be honored in your life.



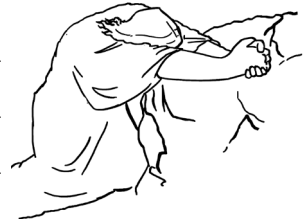
DISCUSSION QUESTIONS

Fifth Commandment:

Does the fifth commandment have a promise attached to it? What is the promise?

Who set us an example to follow in obeying our parents?

Father, not my will,
but Yours be done



Why do our parents tell us what to do and what not to do?

Does the New Testament command Christians to “honor your father and mother?” To find the answer, read Ephesians 6:1-3. Does the apostle Paul say that this is the right thing to do?

Did Jesus teach and command the people and His disciples to honor their father and mother? To find the answer read Matthew 19:18-19, Luke 18:20.

Write down ways that you can honor your parents from today.



List on how we can honor our parents:

- Obey and show respect, even when parents make mistakes.
- Listen carefully to what they say.
- Answer parents respectfully and acknowledge that you have heard them.
- Look at parents when conversing with them.
- Speak politely about them.
- Speak politely to them.
- Think God-honoring thoughts about them.
- Show common courtesies such as saying sorry, please, thank you etc.
- At times, be willing to give up your own desires and comforts in order to serve and help parents.
- Listen to them and heed their counsel.
- Thank parents for the different things they do for you and buy you.
- See, admire and imitate their strengths.
- Pray for your parents.
- Willingly obey their godly commands.
- Do what your parents would want, even when they are not around.

- Keep the promises you make to your parents.
- Complete the tasks that parents give you to do.
- Get your parents' permission before you do anything.
- Spend time with your parents.
- Respect and honor your parents through your words and actions.
- Honor their wishes regarding dress, music, hairstyle, etc.
- Respond humbly to correction.
- Take care of the things your parents have provided you.

Sixth Commandment:

We disobey the sixth commandment when we watch movies and play videos that negatively influence our behavior and actions. Are you willing to make a commitment today, to give up these negative influences?

Write down the names of people you have hurt with your words or actions?

How can you show them God's love through your words and actions?

Mom, Dad.. I'm so sorry.





FOLLOW UP

(To be filled up before the next class.)

This week how I was able to follow / obey the fifth and sixth commandments.

Fifth Commandment:

Sixth Commandment:



TAKE HOME ACTIVITY

Honor Your Parents

Exodus 20:21 "Honor thy father and thy mother: that thy days may be long."

AND	LONG
BE	MAY
DAYS	MOTHER
FATHER	THAT
HONOR	THY

X D S B I Z S Y S T I U C A Z
 K Z P F M F I A K G M Y J M H
 V C E G M Y S T J D G O I U Z
 R S E I H L M O K M W O O S S
 P L S D E Y Z Z D V U O W V K
 F T C M S N J H I R U J U D J
 T R S S O L E V E U U G E W U
 W I X R O N O H B S T V R Y U
 N P H N M O T H E R B U K Y E
 W D G D N A H D P A J W S F B
 R S G G F T A Z Z E K Q D G R
 A C Z J T Y T A E G Z H Q L I
 B E S D S J H L B G S T M K W
 P J V J G M Y I B F P Y A J A
 H U T P H W A A J F K C Y B R



Old Testament

Seventh and Eighth Commandments



LEARNING OBJECTIVES

- Children will learn the meaning of the seventh and eighth commandments.
- Children will understand the relevance of the seventh and eighth commandments to their lives today.
- To help children obey the seventh and eighth Commandments.



SCRIPTURE PORTION

Exodus 20, Genesis 2:7-14



MEMORY VERSE

1 Corinthians 6:9: "Do not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the ... thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God."



INTRODUCTION

In this lesson, you'll learn what the seventh and eight commandments mean, and how they apply to our lives.

Seventh Commandment: You shall not commit adultery.

Eight Commandment: You shall not steal.



TEACHING CONTENT

I. Seventh Commandment: You Shall Not Commit Adultery

I. Adultery with Another Man or Woman

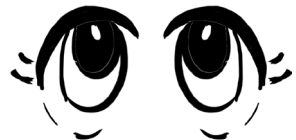
Adultery is when a married person doesn't stay faithful to their partner, but has a relationship with another man or woman. The person who commits adultery in a marriage relationship breaks or goes against the covenant of marriage.

Why did God give this commandment?

To protect the honor and purity of marriage. God created marriage and it is very important to Him. It is through marriage and the family that we learn how to conduct proper relationships, both with other people and with God. Since it is such an important institution to character development, God does not tolerate its defilement.

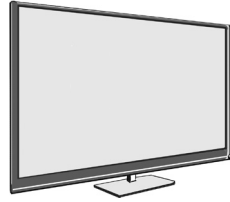
B. Adultery with Our Eyes

Jesus in Matthew 5:28 expands this commandment to include adultery both before and after marriage. Anyone who looks at a girl/woman lustfully has already committed adultery with her in his heart. According to Jesus, we can also commit adultery with our eyes and in our hearts when we look at the bodies of girls or women in the wrong way.



How can we avoid committing adultery with our eyes?

Turn it off: Television, movies and internet are full of dirty scenes and images. These images can lead us to think dirty thoughts. If we find that the thoughts are getting out of control, we have to learn to turn it off... no matter how tempting or good it seems.



Talk to someone: If you are struggling with dirty thoughts or actions, turn to someone you can trust to help you. Friends, leaders, pastors, or even your parents can help you.



Prayer is powerful: God is number one in our lives when we face temptations. He knows our limits, and He knows when it's getting too much. Prayer is our time with God when we can tell Him our most intimate thoughts (since He knows them anyway). It's our time to allow Him to work in us to avoid committing adultery.



II. Eighth Commandment: You Shall Not Steal

Stealing is not only about taking things that belong to others. Stealing can include robbing God.

We steal from God when:

A. We Rob God of the Things that Belongs to Him

Example Ananias and Sapphira (Acts 4:32 - 5:11) who stole from what belonged to God.

The land belonged to Ananias and Sapphira and they could do what they wanted with it. When they decided to give the land to God, the whole money they got after selling it belonged to God. So when they took part of the money, they actually stole what belonged to God.

B. We Rob God of the Tithes and Offerings Due to Him:

In Malachi 3:7-12, God told the Israelites that they were robbing Him of His tithes and offerings.

What are tithes?

A tenth (10%) of a person's salary.

C. We Steal God of the Time and Worship Due to Him

When we don't dedicate the Sabbath to God, we steal God of the time and worship due him.

When we don't spend enough time in worship, prayer, reading the Bible and giving Him our tithes and offerings, we rob God of what is due to Him.



DISCUSSION QUESTIONS

How does this commandment apply to you today, when you're not yet married?

According to the law which God gave the Israelites what was the punishment for adultery? To find the answer, read Leviticus 20:10.

Why did God give such a severe punishment for the person who commits adultery? To find the answer, read Hosea 4:1-3.

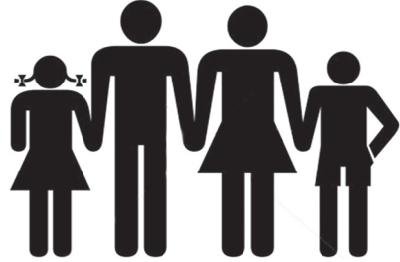
Will a thief and an adulterer inherit the kingdom of God? To find the answer, read 1 Corinthians 6:9-10.

Will God forgive an adulterer?

What does God say we should do if we find something that is not ours? To find the answer, read Deuteronomy 22:1-4.

Write down areas where you have been unfaithful, dishonest to your parents, siblings and friends.

Draw the stick images of the family given on a card/chart paper/ handmade paper. On the picture of each family member, write down the qualities that you like most about them, and why you are grateful to have them in your family. Hang these up in your room. Whenever you're tempted to be unfaithful to any of them, remind yourself of their love and faithfulness towards you.



What are some ways you have stolen from God?



APPLICATION

The Lord wants us to be faithful and honest in all our relationships and the things we do. The prosperity and wellbeing of the land you live in—Bangalore/India—and the quality (blessings and prosperity) of your life, depends on your relationship with God, and your faithfulness and honesty towards others.

It is important to study in a good school, score good marks, study in the best university in the world, and be the best doctor, teacher, engineer, pilot, etc. But we will be able to enjoy these achievements and live in peace only when we obey and keep God's commandments and laws.

Ask God to forgive you if you have:

Been unfaithful and dishonest in your relationships with others

Taken and kept things that are not yours

Robbed God of the time you need to spend reading the Bible and praying

Not giving God what He is due

Lead the children in a prayer of commitment.



FOLLOW UP

(To be filled up before the next class.)

This week how I was able to follow / obey the seventh and eight commandments.





























































































































Seventh Commandment:

Eight Commandment:



TAKE HOME ACTIVITY

BREAK THE CODE AND DISCOVER THE HIDDEN BIBLE VERSE

 - A	 - N	          
 - B	 - O	        
 - C	 - P	        
 - D	 - Q	            
 - E	 - R	          
 - F	 - S	          
 - G	 - T	       
 - H	 - U	          
 - I	 - V	           
 - J	 - W	  
 - K	 - X	
 - L	 - Y	
 - M	 - Z	



Old Testament

Ninth and Tenth Commandments



LEARNING OBJECTIVES

- Children will learn the meaning of the ninth and tenth commandments.
- Children will understand the relevance of the ninth and tenth commandments in their lives today.
- To help children obey the ninth and tenth commandments.



SCRIPTURE PORTION

Exodus 20, 1 Kings 21



MEMORY VERSE

Ephesians 4:29: "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."



TEACHING CONTENT

In this lesson, you'll learn what the ninth and tenth commandments mean, and how they apply to our lives.

Ninth Commandment: You shall not give false testimony against your neighbor.

Tenth Commandment: You shall not covet.

What does it mean to covet?

To covet means to desire or to take pleasure in someone else's things. Coveting becomes a problem when we want what others have. It's wishing you had something that belongs to someone else. It goes way beyond simply admiring something that someone else has. It's more than just thinking, "I'd like to have one of those, too." It is wanting something that you cannot afford to buy; that is way beyond your ability to get. Coveting includes jealousy and envy. It is feeling like you just have to have something and you won't be satisfied until you get it! It's resenting the fact that someone else has what you don't have and are willing to do something hurtful to get it.



The different types of lies that can be used to bear false witness:

- Hateful, wicked, or disgraceful — these are wilfully spoken to destroy another person's good name.
- Normal lies — saying something that isn't true. Misleading others to make us look more important. Done to avoid embarrassment or punishment.

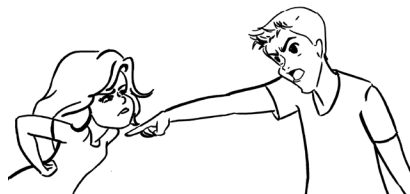
- Lies at the request of others — when someone close to us instructs us to lie or make false claims.
- So-called “white” lies — when you plan to tell a lie, to avoid social embarrassment or keep out of trouble.
- Lies to avoid responsibility — when we say “I didn’t do it” even though we did.
- Exaggerated statements — when we pretend to be someone that we’re not.
- Jokes and gossip — lies told for the purpose of fun, at someone else’s expense.
- False assumptions — to assume someone did something when they did not.
- Unintentional lies — passing on false information believing it’s true.
- Making promises you know you cannot keep is another way of lying.



DISCUSSION QUESTIONS

When you admire something someone has, is that coveting?

According to James 4:1-3 what do our evil desires, greed and covetousness cause us to do?



According to James 4:1-3 why don't we get what we covet or greedily desire?

Is covetousness idolatry?

Covetousness is not trusting in God. How can we overcome this?

Covetousness can make people ungrateful, how can we overcome this?

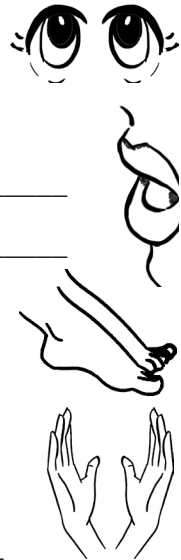
Read Hebrews 6:18 to find out what's impossible for God to do? What do we learn from this?

For the two references given below, write down what we should ask God for in prayer?

(A) Psalm 120:2 : _____

(B) Proverbs 30:7-8 : _____

God doesn't hate anyone, but Proverbs 6:16-19 mentions 6 "things" God hates. What are they? What do we learn from this? (eyes, mouth, hands, feet)



What delights God? To find the answer, read Proverbs 12:22.



APPLICATION

Today, you learnt the numerous sins that greed, covetousness, lying and gossip can lead to. When we do not let God control our wants, our coveting will lead us to break other commandments too.

One way we can overcome greed and covetousness is by being thankful and content with what God has given us and to covet the spiritual things. God has promised us that when we seek His Kingdom and righteousness first, all the things we need will be given to us. When we desire/covet the spiritual things, we will automatically desire less of the worldly things.

Secondly, remember that God has promised to meet all our needs. Hebrews 13:5 asks us to be satisfied with what we have and free from the love of money because God has said, "Never will I leave you; never will I forsake you."

Thirdly, trust God to meet all your needs.

Have you broken the ninth commandment by:

- ❖ Gossiping about others.
- ❖ Speaking curse or bad words.
- ❖ Falsely testifying against others.
- ❖ Making fun of others by calling them names and putting them down



We read in James 4:29: Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

How can we do this? A few questions we can ask ourselves before speaking negatively about another person:

1. Does it really need to be said or is it better left unsaid?
 - Will it be helpful or hurtful if I tell someone this?
 - If it's said, will it break my relationship with that person?
 - Is it fair to everyone involved?

2. If I really must inform someone about these negative things, do I have evidence for what I want to say? Is it completely true?

Having said this, there is absolutely no need for us to discuss anybody's negatives.

Would you like to make a commitment to God, to speak only what is helpful for building others up? If you have been greedy and discontented with what you have, ask God to help you have a thankful heart. Ask God to covet/desire the spiritual things.



FOLLOW UP

(To be filled up before the next class.)

This week how I was able to follow / obey the ninth and tenth commandments.

Ninth Commandment:

Tenth Commandment:



TAKE HOME ACTIVITY

Unscramble the following words:

1. _____ means wanting something really bad. (egctnvio)
2. Taking things away from others and _____ them so they cannot have them is sinful. (innrgui)
3. Do you always _____ about things you cannot have? (ikhnt)
4. The ninth commandment forbids coveting our neighbor's _____. (ewfi)
5. Are you _____ about the things others have and show this by unkind words to them or to others about them? (uesvniio)
6. 'Coveting' starts in our thoughts when we _____ others. (djeug)
7. Do you have _____ thoughts about others? (oulynh)
8. You should not be _____ of things others have. (ulsejao)
9. Covetous desires and impure thoughts often result in _____ actions. (llusnf)
10. Do you want to _____ what others have because you cannot have it? (ostredy)
11. Sinful actions become _____, which lead us away from God. (thasib)
12. We should not scheme for someone else's _____. (sssisisnope)
13. Coveting is a sinful _____ for something that is not ours. (esidre)
14. The tenth commandment forbids coveting our neighbour's _____. (osdog)
15. Are you _____ with another's possessions? (Sbeoseds)

