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Old Testament

LESSON 1

Promises God Made to Abraham



LEARNING OBJECTIVES

- God fulfills each one of His promises.
- Faith and Obedience are important for God's Promises to come true in our lives.



SCRIPTURE PORTION

Genesis 12:1-7; Genesis 15; Genesis 17:1-8; 15-19; Genesis 22:1-19



MEMORY VERSE

2 Corinthians 1:20: "For no matter how many promises God has made, they are 'Yes' in Christ. And so through Him the 'Amen' is spoken by us to the glory of God."



INTRODUCTION

The Old Testament is a collection of thirty-nine books about the history and religion of the people of Israel. Testament means 'Covenant.' 'Covenant' means "an agreement." God makes an agreement with a specific group of people—Israelites to love and care for them. Through these covenants, God attempts to relate to the rest of humankind.

In the next few weeks, we are going to very briefly look at a few specific stories in the first four books of the Old Testament. Through these stories, we will see how God fulfills the covenant He makes with His chosen people.



TEACHING CONTENT

God made a Covenant with Abram (means exalted father). Later God changed his name to Abraham (Father of many nations). Abraham was not able to see the completion of most of the promises in his lifetime. Yet, Abraham knew that God is faithful and will keep his promises. In the next seven weeks, we will see how God fulfilled His Covenant—promise to Abraham.



DISCUSSION QUESTIONS

Were all the promises God gave Abraham easy for him to believe?

Do you think Abraham understood why God was asking him to leave his country and sacrifice his son?

Why did Abraham obey God?



Did Abraham question God before obeying Him?

Why did Abraham receive the promises from God?

Why did God choose to carry out His plan through Abraham and not through anyone else? To find the answer, read Genesis 26:4-5.

Can we enjoy the blessings of Abraham today even though we are not Abraham's offspring (Israelites or Jews)? How? To find the answer, read Galatians 3:26-29.

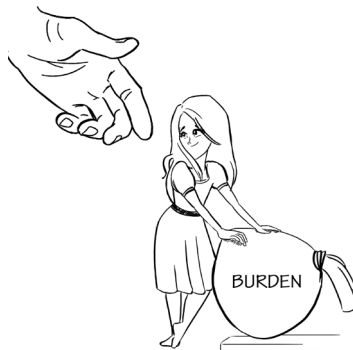
Before most of God's promises mentioned in the Bible, there is a command. We need to obey for the promise to come true. Below are a few examples. Underline in red what God wants us to do and underline the promise in blue.

1. Matthew 11:28-30: Come to Me, all who labor and are heavy laden, and I will give you rest.
2. Proverbs 3:5-6: Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him; He will make your paths straight.
3. Luke 11:9: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

4. John 15:7: If you remain in Me and My Words remain in you, ask whatever you wish, and it will be given you.



5. Psalm 55:22: Cast your cares on the Lord, and He will sustain you ...
6. 1 Peter 5:7: Cast all your anxiety on Him, because He cares for you.



APPLICATION

Given below are a few promises from the Bible. Tick at least five promises that you can claim over your lives in prayer, or over the lives of your family members or friends. Next week, share with your class how God fulfilled those promises.

A few promises you can claim over your life and over the life of your family and friends:

We have been promised eternal life	1 John 2:25
God has promised forgiveness for all our sins	1 John 1:9
We are promised the Holy Spirit	Luke 11:13
God can do impossible things in our lives	Luke 18:27
He has promised deliverance from fear	Psalms 34:4
All of our needs will be supplied	Philippians 4:19

Promises God Made to Abraham

God will not withhold any good thing from us	Psalms 84:11
God has promised wisdom	James 1:5
God has promised peace	Isaiah 26:3
God has promised escape from temptation	1 Corinthians 10:13
God has promised us health and healing	Jeremiah 30:17
God has promised protection from harm and danger	Psalms 91:10
God promises to answer our prayers	Matthew 21:22
God promises to do mighty things through our faith	Matthew 17:20
God promises to teach and guide us	Psalms 32:8
God promises to give us what we ask for	John 14:13
God promises to always be with us	Matthew 28:20
God promises to give us strength	Philippians 4:13



TAKE HOME ACTIVITY

In this puzzle is a box with letters from A to Z. Each of the letters has a corresponding image. Below this is a secret phrase. Each of the blanks has images below it which corresponds to a word. Fill in the letters that corresponds to the images below the blanks to find out the promise God made to Abraham.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	

O	P	Q	R	S	T	U	V	W	X	Y	Z			



✌️🌸👉 🌸✌️😊👉 🌸👉✌️🌸

👉🌸👉👉 🌸👉✌️🌸👉 ✌️🌸 🌸✌️👉🌸👉✌️🌸

✌️🌸 🌸👉👉 🌸✌️🌸👉 🌸🌸👉 🌸🌸

🌸😊🌸 ✌️🌸👉 ✌️🌸👉👉 🌸✌️🌸👉 🌸🌸

🌸👉👉 🌸👉✌️🌸👉🌸👉



FOLLOW UP

(To be filled up before the next class.)

The promises God fulfilled in my life this week:

1. _____
2. _____
3. _____
4. _____
5. _____



Old Testament

LESSON 2

Promises God Made to Jacob



LEARNING OBJECTIVES

- Even though we sin, God is faithful in keeping His promises.
- God wants us to respect and treat as holy His spiritual blessings and promises.
- Children will learn to choose, respect and treat as holy their spiritual birthright—God's promises and blessings.



SCRIPTURE PORTION

Genesis 27, Genesis 28:10-22; Genesis 32:22-32



MEMORY VERSE

Ephesians 1:3 (CEV): "Praise the God and Father of our Lord Jesus Christ for the spiritual blessings that Christ has brought us from heaven!"



ATTENTION GETTER

Activity:

Draw a circle around the objects that represent things of eternal value and put a cross mark over the objects that represent things that are of temporary value.

Chocolate



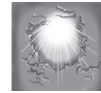
Bible—Word of God



Earth



Heaven



TV



Reading the Word of God



Gossiping about someone



Sharing the gospel with someone



INTRODUCTION

God made some wonderful promises to Abraham. Although Abraham did not see the fulfillment of most of the promises during his lifetime, God was faithful in keeping and fulfilling His promises. After the death of Abraham, God confirmed His promise to Abraham's son Isaac and to Isaac's son Jacob. Even though Jacob (the son of Isaac and Rachel) stole his brother Esau's birthright and sinned against God, God was faithful in fulfilling the promise He made to Abraham and blessed Jacob.



DISCUSSION QUESTIONS

To fulfill God's promise to Rebekah, was it necessary for Jacob to cheat his brother and father? Why?



What was the result of Jacob's sin?

Why did God bless Jacob even though he sinned?

Why does God bless you even though you sin?







Since, God always keeps His promises, does it mean we can continue to sin?

Why did Esau give away his birthright?

What is the birthright we receive when we accept Jesus into our lives?

Why do we, and other people like Esau, not value or treat as holy our spiritual birthright—the blessings and promise?

Read the following list. Circle 'thumbs up' for choices that represent eternal values and 'down' for choices that are not:

- Saying a prayer—thanking God before you eat your meals.  
- Copying in a test or exam.  
- Reading the Bible every day.  

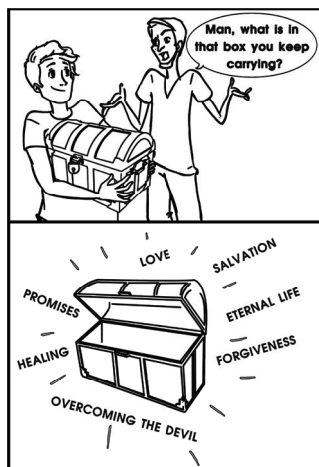
- Joining a few friends and making fun of other children in your class. 👍👍
- Making friends with someone who is lonely in your class. 👍👍
- Grumbling and complaining when your parents ask you to help them. 👍👍
- Doing your chores (cleaning your room, studying etc.) cheerfully. 👍👍
- You don't attend church because on Sunday morning you like to watch TV or prefer not to wake up early. 👍👍
- You spend all your time on Saturday playing and watching TV, and not devote even 10 mins to learning your Memory Verse. 👍👍
- Instead of putting your offering in church, you use it to buy something to eat at the canteen in school on Monday. 👍👍
- Using bad language/words is very common and cool in school; so you use them too because you think they're cool. 👍👍
- To avoid getting punished you choose to lie to your parents and teachers. 👍👍
- Listen attentively to your teacher and not play or talk in class. 👍👍



APPLICATION

What's the worst sin you've ever committed? Did you know that there is no sin too big or too awful for God to forgive? God's love and mercy are greater than any sin. In spite of our sin, God is faithful in keeping and fulfilling his promise.

What a loving and merciful God we have, who chooses to bless us in spite of us not obeying Him and loving Him the way we should. How are you treating His blessings—salvation, eternal life, forgiveness, His love,



His promises, healing, the power to overcome the devil, etc? How are you valuing these blessings? Esau didn't appreciate the blessings he had. He was too quick to trade His eternal blessing for a temporary bowl of stew (soup) to satisfy his hunger.

Jacob on the other hand did not let go of God till he received his eternal blessings. That brought about an inner spiritual change which changed not only his name but also his character. He was forever changed inside out.

The same will take place in your life when you let go of your temporary pleasures and choose to receive eternal blessings.

Are you trading your eternal blessings for the temporary satisfaction of watching TV, copying to get a little more marks, lying to save yourself from punishment, using bad words, or acting in ways that would please your friends and the world?

When we choose things that yield eternal blessings, it does not mean that life will be boring or that we'll not have fun or be cool. But it will cause others to also choose to value and desire blessings that are eternal. This will also lead them to know the giver of eternal blessing—Jesus.

Ask God to help you choose things that will yield eternal blessings.

Write down 5 temporary pleasures you will give up for eternal blessings.

TEMPORARY PLEASURES	ETERNAL BLESSINGS

Pray and ask God to help you to give up your temporary pleasures.





FOLLOW UP

(To be filled up before the next class.)

Temporary pleasures I gave up this week and how I felt.



TAKE HOME ACTIVITY

(Taken from DLTK Growing Together)

Jacob & Esau Word Search

T R I C K Q H R
R U N S N I W T
B R O T H E R W
S S E L B F F D

**BLESS
BROTHER
RUN
TRICK
TWINS**



Old Testament



Promises God Made to Joseph



LEARNING OBJECTIVES

- God never leaves nor forgets about us.
- God's presence is always with us.
- Even though others may try to harm us, God will fulfill His plan and promise.



SCRIPTURE PORTION

Genesis Chapter 37, 39–45



MEMORY VERSE

Deuteronomy 31:6: "Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you."



INTRODUCTION

In the story of Joseph, we see the beginning of the fulfillment of the covenant (promise) God made to Abraham. God told Abraham that for four hundred years his descendants would be strangers in a country

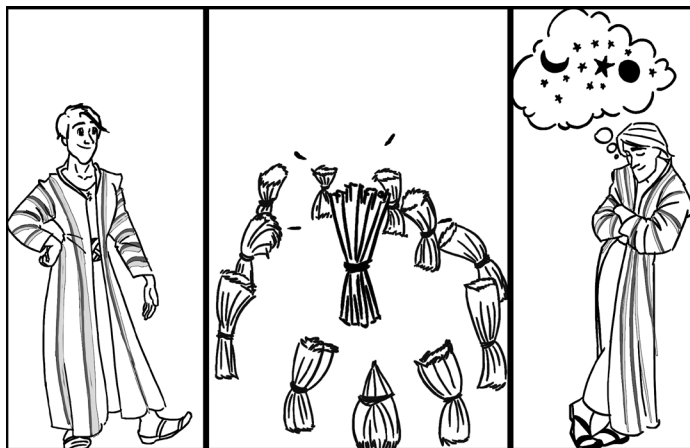
not their own where they would be enslaved and mistreated. But He would punish the nation where they served as slaves; and afterwards they would come out with great possessions (Genesis 15:13). God rescued the young boy—Joseph from his brother's evil plans and used him to begin the fulfillment of this promise.



TEACHING CONTENT

Joseph was Jacob's favorite son because he was first born of his beloved wife, Rachel. Joseph's ten older brothers were jealous of him and hated him. Why did Joseph's brothers hate him and why were they jealous of him?

You can find the answers in the pictures given below.



DISCUSSION QUESTIONS

How did Joseph become a manager in Potiphar's house and in-charge of other prisoners while in prison?

Have you ever felt forgotten by your family or friends?

When have you felt forgotten by them?

Do you feel at times that God does not love you and has forgotten you?

When do you feel that God has forgotten you and does not love you?

Does God ever leave us or forget us? How do we know?

Why did Joseph have to suffer even when he did not do anything wrong?

Is it true that bad things happen only to wicked people and that only they suffer?

Is it true that God will remove all troubles from the lives of those who love and obey him?

What did Joseph do when he went through problems and troubles, even though it was not his fault?



APPLICATION

God loves each one of you very much. However, the Bible doesn't say that those who love Jesus and obey Him will never have problems and troubles in life. When you face problems and troubles don't be discouraged, and don't wonder if God is with you or if He loves you. Remember, He loves you and He is always with you. Even if your friends and family leave you, God will never leave you or forsake you. God will bless you even when you are going through the problem.

I think God has forgotten me.
No! He is God. So He can never forget!



Satan will tempt you to think that God does not love you or care for you, that He will not bless you or help you. The Bible calls satan a liar and the Father of all lies. So all that satan speaks are lies; we shouldn't believe him. During such times, read the promises in God's Word, believe them and ask God to bless you and give you favor. When you do this, you will be surprised to see what God can do.

What are some of the thoughts / problems that are troubling you?

Do you think:

- No one loves you?
- You are not smart or good looking.
- You are not talented.
- Not good in studies.

Do you face problems like:

- You're not doing well in studies.
- Friends in school make fun of you.
- Because you don't use bad words, copy during a test, or lie, your friends are no longer with you.

- Maybe you're constantly sick or having some weakness or deformity.
- During your test, you don't remember what you learnt.

Write down five problems you are going through, and against each problem write down what God promises in His Word to help you. Pray every day trusting God to help you and fulfill His promise for you.

PROBLEMS	PROMISE



FOLLOW UP

(To be filled up before the next class.)

How I experienced God's help and fulfillment of His promises this week:

1. _____

2. _____

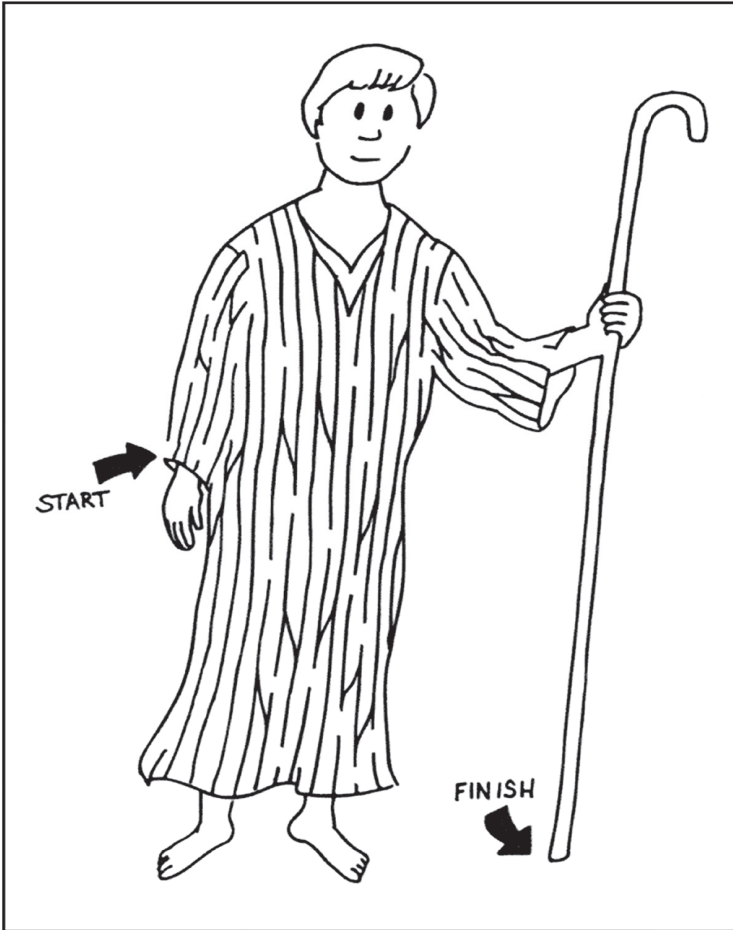
3. _____

4. _____



TAKE HOME ACTIVITY

(Taken from Biblewise.com)



Old Testament

LESSON 4

Moses and the Burning Bush



LEARNING OBJECTIVES

- God has a special plan and purpose for our lives.
- God will fulfill His plan and purpose for our lives if we are willing and allow Him to.
- God will give us His wisdom and strength, and guide us in fulfilling His plan for our lives.



SCRIPTURE PORTION

Exodus Chapter 1 to Chapter 4:20



MEMORY VERSE

Jeremiah 29:11: "I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."



INTRODUCTION

Joseph and his brothers comfortably settled in Egypt and were growing in number. After a few years, a new Pharaoh who didn't know Joseph

ruled Egypt. He was afraid of the Israelites because they were growing more in number than the Egyptians. He thought if enemies came and fought against the Egyptians, the Israelites would join the enemies and overthrow the Egyptians.

So Pharaoh treated them as slaves. God had already revealed this to Abraham. God told Abraham that for four hundred years his descendants would be strangers in a country not their own, and that they would be enslaved and mistreated there. But He would punish the nation where they served as slaves, and afterwards they would come out with great possessions (Genesis 15:13).

God promised Abraham that He would deliver his people out of slavery. God chose Moses and led him to deliver His people out of Egypt.



DISCUSSION QUESTIONS

When all the Israelite babies were killed, why was baby Moses saved? To find the answer read Hebrews 11:23.

Did God have a plan for Moses? What was God's plan for him?

Was Moses hesitant to go to Egypt because he had to do everything by himself?

After God answered all of Moses' questions, performed miracles, and assured him of help, Moses was still not ready to go. Do you think God made a mistake in choosing him?

What did God say His name was, and what does it mean?



APPLICATION

Just as God had a plan for Moses' life, God has a plan for each of your lives. Maybe you think you are not special or important. That is not true. You are very special and God has a wonderful plan for your life.

Just as Moses was scared, people are often scared that God's plan for them may not be good. They worry that they may not like God's plan for their lives. Children, I want you to know that you can trust God's plan, and you can be confident that God's plan is the best plan for your life. Today's memory verse will help you remember that God's plans are always good. God does not want to bring you harm; He wants what is best for your life.

God does give us a choice, just like He did with Moses. We can choose to accept God's plan or reject it. We have to decide whether we want to choose God's plan or our own plan. Children, God's plan is always the best, and it will bring much happiness to your life.

When you choose to accept God’s plan, God will step by step reveal His plans for your life. One way God reveals His plans is when you spend time every day reading your Bible and praying.



If you like to commit to spending time with God every day, write down the time you would commit to do this. When you are praying, say God please reveal your plan for my life.



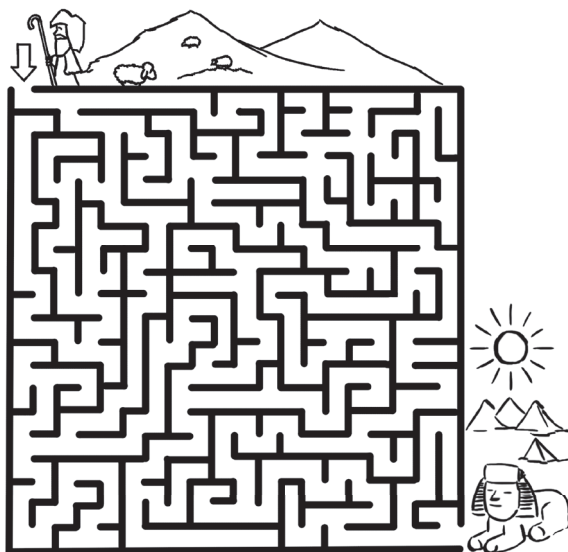
Another way of knowing God’s plan, for our lives is by knowing the talents He has blessed you with. List the talents God has blessed you with. Beside each, write down if you are using the talent. If yes, how are you using it? If no, how would you like to start using it?

TALENTS	AM I USING MY TALENTS	HOW AM I USING MY TALENTS	HOW WILL I START USING MY TALENTS



TAKE HOME ACTIVITY

(Taken from www.kevinspear.com)



FOLLOW UP

(To be filled up before the next class.)

Share your experience of using your talents.

1. _____

2. _____

3. _____



Old Testament

The Ten Plagues

LEARNING OBJECTIVES

- Our God is the only true and living God.
- Our God is mighty and powerful.
- God wants everyone to worship and obey Him.

SCRIPTURE PORTION

Exodus 4:29 to 12:36

MEMORY VERSE

Proverbs 28:14: "Blessed is the man who always fears the Lord, but he who hardens his heart falls into trouble."

DISCUSSION QUESTIONS

Why did Pharaoh not allow the Israelites to leave Egypt?



Why was Pharaoh so stubborn?



Why did God harden Pharaoh's heart?









How does God show His strength, might and power even today?









Do you think God was acting cruelly when he destroyed the Egyptians with the 10 plagues?







Did the Egyptians believe that the God of the Israelites was powerful?







What stories did God want Moses to tell his grandchildren?



Why did God ask Moses to tell his grandchildren about the miracles he was witnessing?



Does God want us to also tell others about His miracles and His love? Why?



Over and over again, God showed Pharaoh how powerful and strong He was. But Pharaoh refused to humble himself and obey God.

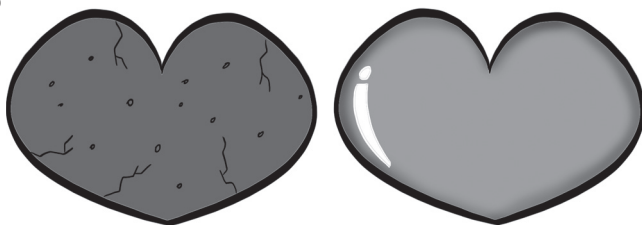
Often, we too are like Pharaoh and his officials, being stubborn and hard-hearted. The Bible says, "Blessed is the man who always fears the Lord, but he who hardens his heart falls into trouble" (Proverbs 28:14). The devil can easily use a person with a hardened heart to do things that are wrong. A person who is obedient to the Word of God, and who fears the Lord, cannot be controlled by the devil.

There are many areas in our lives where our heart is hardened. God is giving us an opportunity to change. Let's change and not wait till God has to deal with us in the hard way that He did with Pharaoh and the Egyptians.



The Ten Plagues

All you need to do is accept your sin, submit and surrender those areas to God. Once you do, God promises to remove your heart of stone and give you a heart of flesh. The Holy Spirit will cause you to obey Him and walk in His ways. Isn't that wonderful?



List down areas in your life where you are stubborn and hard-hearted.

Do you want to submit these areas to God? If you would like to, pray and ask the Lord to help you.

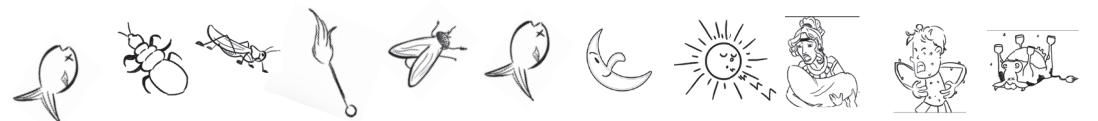


FOLLOW UP

(To be filled up before the next class.)

Share how you have been able to do what God has asked you to do during the week.

1.



2. _____



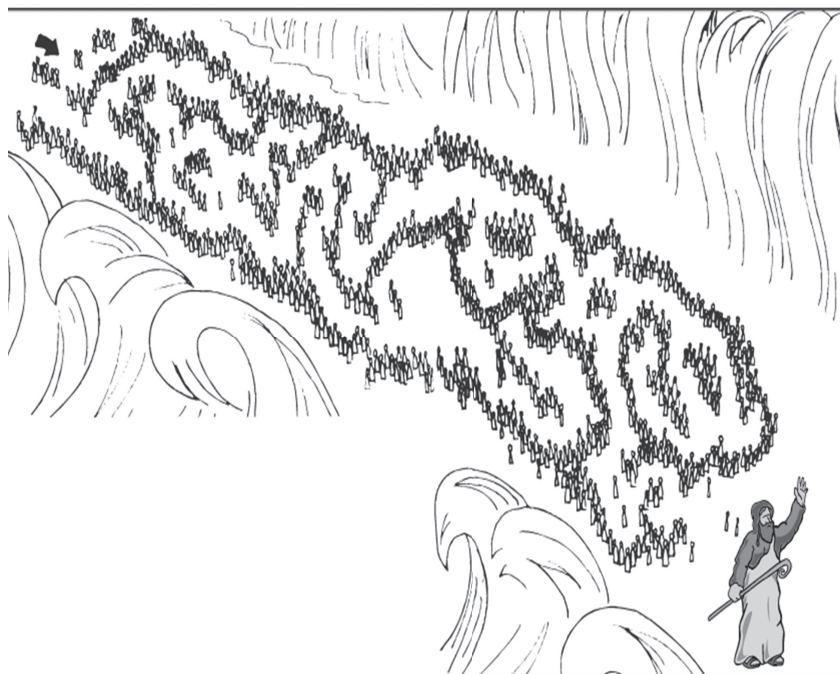
3. _____



TAKE HOME ACTIVITY

(Taken from www.wordsearchfun.com)

Word Search – Search for the words.



Old Testament

LESSON 6

God's Providence and Protection



LEARNING OBJECTIVES

- God provides and cares for us.
- Trust God to provide for our daily needs.
- Complaining is sin.



SCRIPTURE PORTION

Exodus 13:21-31; Chapter 14, 15:22-27 and Chapter 16



MEMORY VERSE

Philippians 2:14: "Do everything without complaining or arguing."

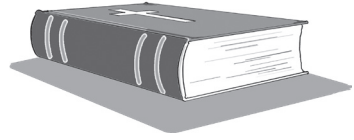


DISCUSSION QUESTIONS

Why did God lead the Israelites by a pillar of cloud and fire by day and night?



What has God given us to guide us in our life's journey?



After watching God's powerful hand deliver them from Egypt, why were the Israelites afraid when they saw the Egyptians coming behind them?

What helps us to have confidence in God when we are afraid or when we face a problem?

After the Israelites miraculously crossed the Red Sea, why did the people panic when they had no water to drink and food to eat?

Does God provide everything you want in life?

Is complaining a sin?

Why is complaining a sin?

Did God hear the Israelites grumbling?

When we grumble or complain does God hear us?

What should you do if you are ever tempted to complain about things?



APPLICATION

This story is an example for us to trust that God will provide for our every need—to be assured that He loves and cares for us.

When others think of you, are they reminded of your complaining, or do they think of you as someone who is content? Being content is a godly attitude. It's being sure of the fact that God knows your needs and will always be faithful to you.

Write down a list of things that you're grateful to God for:

Things I Have	Things I Am

Pray each day that God will help you to be content and happy with what He has given you.





FOLLOW UP

(To be filled before the next class.)

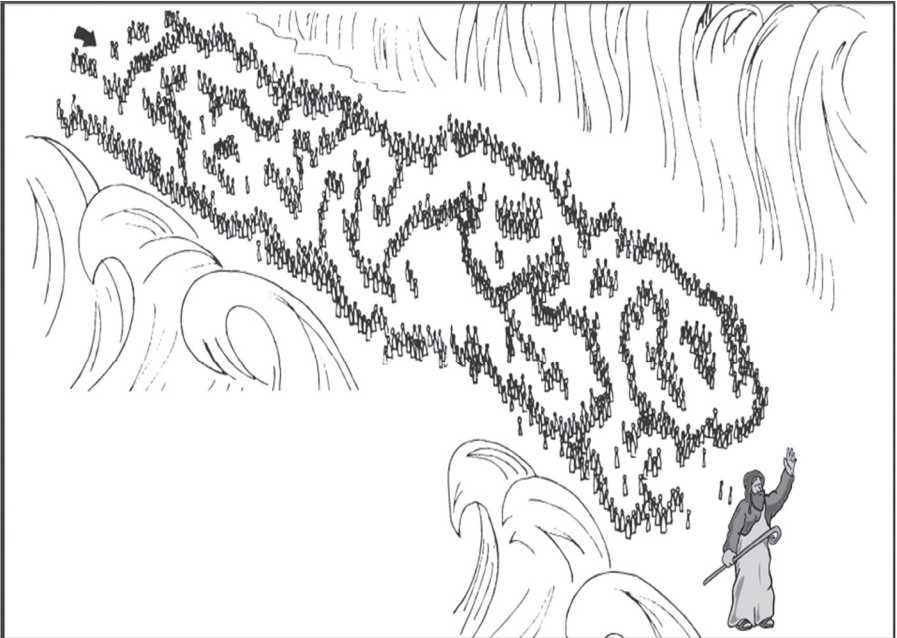
Different occasions this week, instead of complaining I thanked God for something in my life.



TAKE HOME ACTIVITY

(Taken from Bible Wise.)

Can you find your way to Moses in the front of the line and help him lead the people?



Old Testament

Twelve Men Who Spied Canaan



LEARNING OBJECTIVES

- Understand that God's way is the right way, and that we should trust Him.
- Realise that since God is with us, we have nothing to fear.
- God is gracious, loving and forgiving; but He punishes sin.
- Listen and take advice from people and friends who trust and have faith in God.



SCRIPTURE PORTION

Numbers 13 and 14



MEMORY VERSE

Proverbs 13:20: He who walks with the wise grows wise but a companion of fools suffers harm.



DISCUSSION QUESTIONS

Though God forgave the people, why did He punish them?

Do you think their punishment was very harsh? To find the answer, read Numbers 14:11 and 22.

Why did the Israelites listen to the ten men, and not to Joshua, Caleb and Moses?

How were Joshua and Caleb different from the ten men?

Joshua and Caleb

Ten men

What does the Bible say about choosing friends? Read the passages below to find the answer.

Proverbs 13:20

Proverbs 22:24-25

1 Corinthians 15:33

Why is it important for us to choose friends who live right and do the right things?



APPLICATION

Both Joshua and Caleb had the courage to stand up for God, and what they believed was the truth. If the Israelites had listened to Joshua and Caleb, they too would have surely entered the promise land along with the two.



Often, like the Israelites, we too listen to our friends, and to the world, saying and doing things that we shouldn't. We don't want to stand up for the truth. We are willing to go against God and disobey Him by following the evil ways of the world.

The Bible says in:

Romans 12:9: Hate what is evil; cling to what is good.

Psalms 97:10: Let those who love the Lord hate evil.

Proverbs 8:13: "To fear the Lord is to hate evil; I hate pride and arrogance, evil behavior and perverse speech."

What are some things that you or your friends think are ok for you to do, but God says is not right.

- Ok to copy one little answer in the test.
- Ok to say a lie to save your friend who did something wrong.
- Ok to cheat while playing a game so your team can win.
- OK to use bad words because everyone uses them.

- Not cool to pray before eating my lunch if my friends are watching.
- It's ok to talk bad about your friend or other classmates, when they are not around.
- It's ok to laugh and put down others who don't speak good English or are not good in studies.
- It's ok for you to play with your friends or cousins on Sunday rather than go to church.

What are some of the wrong behaviors / attitudes you have copied from your friends?

1. _____
2. _____
3. _____
4. _____

Children, there are only a few people who obey God and His Word, and do what is right. On the other hand there are thousands who do wrong. But just because thousands do a certain wrong thing, it doesn't necessarily make it right. God's Word (Bible) tells us what is right and wrong. When we follow His Word, we will surely enter the Promised Land. What is our promised land? Heaven!



FOLLOW UP

(To be filled up before the next class.)

This week I had the courage not to do the following wrong things that my friends were doing.

1. _____

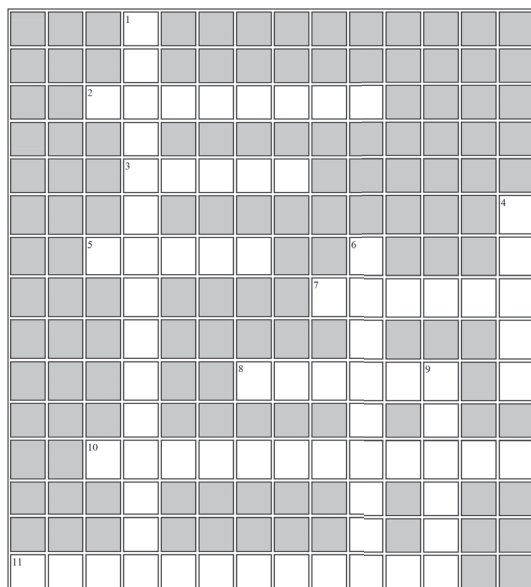
2. _____

3. _____



TAKE HOME ACTIVITY

(Garden of Praise)



Across

Down

2. The unbelievers were ____.
3. There was one man from each ____.
5. The men were to bring back some of the ____ of the land.
7. The people had to ____ in the desert for 40 years.
8. Moses wanted to know if the people were ____.
10. where the spies were sent
11. The men felt like ____ in their own sight.

1. The men carried a ____ on a pole.
4. the number of days the men were gone
6. Caleb and Joshua gave a ____ report.
9. The men described the people of the land as ____.

WORD BANK: LAND OF CANAAN, TRIBE, FRUIT, STRONG, FORTY, CLUSTER OF GRAPES, GRASSHOPPERS, GIANTS, FAVORABLE, WANDER, PUNISHED

