



**Sunday July 09, 2017**  
**Emotional Wholeness And Deliverance Series**  
**Part 2 : Receiving Healing And Deliverance**

**Quick Review**

God desires for us to be holy and whole.

The soul can be sick in that there can be problems in a person's soul.

**LIFE'S PROBLEMS RELATED TO PROBLEMS IN THE SOUL**

- A, Behavior and choices
- B, Emotional wellbeing
- C, Relational problems
- D, Life experiences
- E, Physical health

**CAUSES OF PROBLEMS**

- #1, Wrong Thinking, Wrong Mindsets, Wrong Believing
  - #2, Wrong Speaking, Wrong Words
  - #3, Continual Deep Seated Sin
  - #4, Trauma And Adverse Experiences
  - #5, Involvement In Occult And False Religions
  - #6, Ancestral Commitments And Practices
- Evil spirits Causing Problems

**TODAY**

**Emotional Wholeness & Deliverance Series**  
**Part 2 : Receiving Healing And Deliverance**

Our goal is to outline how we are going to receive healing and deliverance and spend a good amount of time in prayer and ministry today.

First we will talk about the basis for our healing and deliverance, and then we will walk through on how we receive.

**RESTORING THE SOUL : BASIS FOR OUR HEALING AND DELIVERANCE**

God wants us well, spirit, soul and body. He has provided the means for the healing of our soul, so that we can be emotionally whole.



## ***God Restores Our Soul***

**Psalm 23:3**

**He restores my soul; ...**

the word 'restores' has a two-fold meaning (A) to turn back or to return to God, and also has the meaning of (B) repairing, restoring, refreshing to a state of well being and wholeness.

God is the One who turns back our soul back towards Him.  
He is also One who makes us whole emotionally.

### ***Involves Healing, Deliverance And Journeying Into Wholeness***

The work of restoring our soul includes healing, which is repairing and making well all that has been sick and damaged.

It also includes deliverance, which is setting free from the work of demonic spirits in every which way they may be troubling our soul.

It also involves an ongoing journey of developing wholeness in our soul. There are practices we must do and maintain on a regular ongoing basis to stay whole and healthy emotionally.

We will first discuss the basis through which we receive healing, deliverance and wholeness for our soul. It is important that we understand, believe and receive what God has already provided for us, for our emotional wholeness.

We will make mention of these 5 important basis for our healing

#1, Healing And Deliverance Provided For On The Cross

#2, The New Creation Life

#3, Authority To Expel Demons

#4, Holy Spirit Anointing

#5, The Engrafted Word

### **#1, HEALING AND DELIVERANCE PROVIDED FOR ON THE CROSS**

When the Lord Jesus died for us on the Cross, He paid the price for our complete redemption, including the wholeness of our soul.



We must be aware and be fully convinced about the finished work of Christ on the Cross.

The Cross brings

- A) Complete Wholeness
- B) Darkness To Light
- C) From Curse To Blessing
- D) Satan's Defeat, Victory is Ours

We briefly cover these four aspects of what the Cross brings to us.

### **A) Complete Wholeness**

**Isaiah 53:5**

**But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.**

The chastisement for our peace means the punishment that brought us peace was on Him. He took it. He took the punishment for our transgressions and our iniquities, so that we could have peace. Peace here is the Hebrew word 'shalom' and includes wholeness, completeness, soundness, wellness, peace, health, prosperity, safety, and tranquility.

By His wounds we are healed. The word healed is the Hebrew 'rapha' means to make whole, to cure, heal.

Hence we see emotional wholeness as part of the provision the Lord Jesus made for us through His work on the Cross.

### **B) Darkness To Light**

Through the redemptive work of Christ on the Cross we are delivered from darkness to light (Colossians 1:13, Acts 26:18).

**Colossians 1:13-14**

**13 He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love,**

**14 in whom we have redemption through His blood, the forgiveness of sins.**

**Acts 26:18**



to open their eyes, in order to turn them from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins and an inheritance among those who are sanctified by faith in Me.'

This means that darkness has no more legal claim over our lives. Darkness, the devil and his demons, have no more right over our lives - unless we willfully give it to them.

### **C) From Curse To Blessing**

Through His redemptive work Christ has moved us out from under the curse of the Law, its weight and its consequences, because of our inability to keep the Law. He has brought us into the blessings of God.

#### **Galatians 3:13-14**

**13** Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "CURSED IS EVERYONE WHO HANGS ON A TREE"),

**14** that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.

#### **Colossians 2:14**

having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross.

### **D) Satan's Defeat, Victory Ours**

The Lord Jesus conquered and defeated satan and all his demons on the Cross. The victory is now ours. We walk in the triumph of the Cross.

#### **Isaiah 53:12**

Therefore I will divide Him a portion with the great, And He shall divide the spoil with the strong, Because He poured out His soul unto death, And He was numbered with the transgressors, And He bore the sin of many, And made intercession for the transgressors.

#### **Isaiah 53:12 (Easy to Read Version)**

For this reason, I will treat him as one of my great people. I will give him the rewards of one who wins in battle, and he will share them with his powerful ones....

#### **Colossians 2:15**

Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.

#### **Hebrews 2:14-15**

**14** Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil,

**15** and release those who through fear of death were all their lifetime subject to bondage.



## **#2, THE NEW CREATION LIFE**

We have been made a new creation in Christ Jesus. We have a new identity and the power to walk in newness of life. The old has gone. We have every right to walk free from anything and everything that held us enslaved in our life, before we came to Christ.

### **2 Corinthians 5:17-18**

**17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.**

**18 Now all things are of God,...**

As we walk this new creation life we are being transformed and conformed into Christlikeness. So everything that is not of Him or like Him must be and will be taken out of our lives.

In Christ we are purchased and redeemed. Satan and his demons have no more rights over us. Hence we can resist them and get them out of every part of our being, with all confidence.

We are the Temple of God. We consecrate every part of our being, our emotions, our passions, our appetites, our desires, our affections - every part of us, to God. We are totally consecrated to the Lord.

## **3, AUTHORITY TO EXPEL DEMONS**

### **Mark 16:17-18**

**17 And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues;**

**18 they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."**

Every believer has been given authority in Jesus' name to cast out demons.

## **4, HOLY SPIRIT ANOINTING**

The power and work of the Holy Spirit bring healing even to our inner person.



The Anointing breaks yokes (bondages) and removes burdens (oppressions) of all kinds.

Isaiah 10:27

The Anointing of God bring healing to our souls, removes the spirit of heaviness, brings comfort and joy in place of mourning, heals the broken in heart, sets the oppressed and captives free, and transforms us

**Isaiah 61:1-7**

**1 "The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound;**

**2 To proclaim the acceptable year of the LORD, And the day of vengeance of our God; To comfort all who mourn,**

**3 To console those who mourn in Zion, To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness; That they may be called trees of righteousness, The planting of the LORD, that He may be glorified."**

**4 And they shall rebuild the old ruins, They shall raise up the former desolations, And they shall repair the ruined cities, The desolations of many generations.**

**5 Strangers shall stand and feed your flocks, And the sons of the foreigner Shall be your plowmen and your vinedressers.**

**6 But you shall be named the priests of the LORD, They shall call you the servants of our God. You shall eat the riches of the Gentiles, And in their glory you shall boast.**

**7 Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion. Therefore in their land they shall possess double; Everlasting joy shall be theirs.**

The Lord Jesus quoted part of the Isaiah 61 passage as He launched His ministry making this relevant for New Testament Spirit Anointed ministry (Luke 4:17-18).

## **5, THE ENGRAFTED WORD**

**James 1:21**

**Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.**

The Word of God has power to save our souls. The Greek word for "save" is 'sozo' which means to save, deliver, protect, heal, preserve, do well, be (or make) whole (Strong's Hebrew and Greek Dictionaries, by James Strong, S.T.D., LL.D., 1890).

As we receive the Word and let it be implanted or engrafted and become a part of us, we are made whole.



## **You Must Cancel All Legal Ties And Close All Entry Points**

Having understood all of the provisions God has made for our healing, deliverance and wholeness, we have to make a determined choice, a personal decision that we are going to sever all ties with demons and deeds of darkness.

**Ephesians 4:27**  
**nor give place to the devil.**

God has done all that is necessary and provided all that we need for our wholeness. Now, we are instructed not to give place to the devil. This is action we must take.

### **RESTORING THE SOUL : RECEIVING HEALING AND DELIVERANCE**

We now present what we must do to receive healing and deliverance and then we walk through this together by praying prayers together in Jesus' name.

## **DELIVERANCE THROUGH SANCTIFICATION AND CONSECRATION**

We must keep in mind that not all healing and deliverance needs to come through loud and aggressive "casting out of demons". More often, most of us believers, as we walk with the Lord Jesus, and go through sanctification and increased consecration automatically break off demonic ties and evict any evil spirits that we may have given entrance into our lives. Much of this happens in a quiet manner.

When the rooms are cleaned, the cockroaches leave. Similarly, as we continuously clean out our inner person, demons attached to the "dirt and filth" that was once there, find no more place in our lives.

And we must continue in this in an ongoing manner. We are called to live a life of continuous sanctification and consecration.

As we walk with the armor of God and walk in righteousness (the Armor of righteousness) we are divinely protected.

## **RECEIVING HEALING AND DELIVERANCE**



First review all the 10 points below, see what you would need to do for your own life, and then work through each of these points in succession.

- #1, Repent.
- #2, Ask God For Forgiveness.
- #3, Believe In And Receive The Completed Work Of Christ On The Cross.
- #4, Release Forgiveness.
- #5, Embrace The Truth Of God's Word .
- #6, Renounce The Lies.
- #7, Close All Doors (Entry Points).
- #8, Expel Evil Spirits.
- #9, Consecrate Yourself To The Lord.
- #10, Welcome The Work Of The Holy Spirit.

Ongoing Lifestyle Changes

- #11, Sever All Ties.
- #12, Renew Your Mind With The Word Of God.
- #13, Develop A Godly Lifestyle.
- #14, Learn And Develop Skills You Need For A Fruitful Life.

We do points #1 to #10 in prayer.

Do this (points #1 to #10) often to keep the house clean. You can engage in continuous self-deliverance, especially as you become aware of areas that need to be cleaned out or areas you may have inadvertently opened up to the enemy.

Points #11 to #14 deal with lifestyle changes that need to be maintained in an ongoing manner.

We have provided a sample/suggested prayer that can be used. You are welcome to pray in your own words.

### **#1, Repent.**

Recognize what is wrong and to turn away from it completely and choose to turn to God and His ways (Isaiah 55:6-8)

*Lord, I confess and repent of wrong thoughts, wrong thought patterns or wrong things I have been believing about you, about myself, and about others. Now specifically state what you are aware of, if any...*





*Lord, I confess and repent of wrong words I have spoken over my own life. Now specifically state what you are aware of, if any...*

*Lord, I confess and repent of continual and habitual sin I've been engaged in. Now specifically state what you are aware of, if any...*

*Lord, I confess and repent of my involvement in occult and false religions. Now specifically state what you are aware of, if any...*

## **#2, Ask God for forgiveness.**

Receive God's unconditional mercy and love (Romans 5:8)

Ask God's forgiveness and cleansing with the blood of Jesus from whatever you have confessed and repented of.

1 John 1:7,9

## **#3, Believe in and receive the completed work of Christ on the Cross.**

This is the only and complete reason we can be free, made whole and well (Isaiah 53:4-6; Ephesians 1:7)

*Heavenly Father, I believe that the Lord Jesus Christ died for me on the Cross and shed His blood for me. I know I am washed and redeemed by His blood. I know I am made whole through the price He paid for me on the Cross. I believe He suffered so that I could be healed and made whole. Now declare specific areas that you receive His healing and wholeness for....in Jesus' name.*

## **#4, Release forgiveness**

to those who may have hurt you or in some way caused you to go down the wrong path (Matthew 6:12,14-15)

*Heavenly Father, in Jesus' name, I receive healing for the trauma and adverse effects of **unexpected experiences** I have gone through that have really hurt me and left me in much pain. ...now mention, if any....*

*Heavenly Father, in Jesus' name, I also release forgiveness to those who may hurt me, knowingly or unknowingly....now mention people to whom you specifically release forgiveness...*



*Heavenly Father, in Jesus' name, I receive healing for the disappointments and rejection I felt through **unmet expectations**...now mention, if any....*

*Heavenly Father, in Jesus' name, I also release forgiveness to those who I have held responsible for these disappointments and rejections. I forgive them and take my eyes off them. I look to You, who alone can meet all my needs and expectations....now mention people to whom you specifically release forgiveness...*

*Heavenly Father, in Jesus' name, I receive healing from **self-inflicted wounds through personal mistakes, wrong choices and wrong decisions** I have made. ...now mention, if any....*

*Heavenly Father, in Jesus' name, I forgive myself just as you have forgiven me. I believe you are bigger than my mistakes. I believe you are greater than wasted time and you can restore time. I believe you are able to restore resources that I have wasted.*

## **#5, Embrace the Truth of God's Word .**

In prayer, acknowledge before God and accept as true what God says about you, regardless of what you feel (John 17:17; John 8:31-36)

For specific areas where you feel there are problems, pray and tell God that you receive what His Word says about you, instead of what others have said or what you feel.

Fear about the future  
Fear about men  
Feelings of rejection  
Feelings of inadequacy

## **#6, Renounce the lies.**

Declare with your mouth that you will have nothing to do with the old ways of living. Declare that you reject the lies that you have been believing so far. Declare that you believe God's Word and what Jesus has done for you on the Cross. Declare boldly the truth of God's Word concerning the specific problems that need to be addressed (Romans 10:8-10)

For specific areas where you feel there are problems, declare God's Word over yourself. Declare that you are who God says you are. You can do what God says you can do. You will become everything God has promised and spoken about you.



Fear about the future  
Fear about men  
Feelings of rejection  
Feelings of inadequacy

### **#7, Close all doors (entry points).**

Renounce and cancel all rituals, consecrations, dedications, prayers and offerings that you or your ancestors may have done to false gods, false religions and involvement in occult practices. Declare that you shut every door to these evil spirit and they have no more access back into your life. Burn/destroy wrong artifacts at home and remove charms, amulets, ornaments that they may be wearing that are dedicated to evil spirits (sometimes they may need to do this before ministry happens). (Genesis 4:6-7; Ephesians 4:26-27).

*In Jesus' name, I cancel, negate and nullify all dedications, prayers, rituals, sacrifices and vows made by me or my ancestors to false gods and goddesses. I cancel the effects of any of my or my ancestors involvement in the occult and in occult practices. I declare in Jesus' name that I sever all ties towards these demonic powers. In Jesus name I renounce all associations with demonic spirits.*

### **#8, Expel evil spirits.**

Identify and bind the work of every evil spirit. Break every demonic influence. Cast out every evil spirit that may have gained entrance into your life (soul). Tear down and destroy every demonic stronghold that may have been built in your life and expel every spirit that inhabited that stronghold. (Matthew 12:28-29; 2 Corinthians 10:4-6).

*In Jesus' name I bind and expel out of my being every evil spirit, every unclean spirit that may have gained access or entrance of any kind. Now specifically expel evil spirits, calling them by the name of the problem or condition or influence or activity they may be associated with.*

*In Jesus' name I shut every door to these evil spirit and declare they have no more access or entrance into my life. I am washed, cleansed and covered by the blood of Jesus. I am redeemed and purchased by the blood. I am God's property and the devil has no claim over me. I am free in Jesus' name.*



## **#9, Consecrate yourself to the Lord.**

Present yourself, your entire being and all that is yours to the Lord. Consecrate your mind, will, emotions, affections, choices to the Lordship of Jesus Christ (1 Thessalonians 4:1-7).

*Heavenly Father, in Jesus' name I consecrate my entire being to you. I consecrate my spirit, soul and body, completely and wholly to you and you alone. My body is the temple of the Holy Spirit. My body is not for sin or sickness or any evil work. My soul belongs to the Lord Jesus Christ. I consecrate my emotions, feelings, appetites, passions, desires all to the Lord Jesus. They are holy.*

## **#10, Welcome the work of the Holy Spirit.**

It is the anointing, the presence, power and work of the Holy Spirit that set us free and brings wholeness into our lives (Isaiah 61:1-7).

*Loving Holy Spirit, in Jesus' name I welcome you. Fill my complete being. Fill my mind, my will, my emotions with yourself. Release me from all that is negative and not of God. Heal me from every hurt, pain and wound. Heal my memories. Cleanse my thoughts, affections, feelings, desires, emotions and passions. Empower my will to choose what is always pleasing to the Father. Work through me so that Jesus is glorified in all I say and do.*

## ***Ongoing Lifestyle Changes***

### **#11, Sever all ties.**

Get rid of things that cause you to sin. Cut off sinful relationships. Anything that causes you to sin or go back to the old ways needs to be dealt with severity (Matthew 5:29-30, 1 Corinthians 15:33; 2 Corinthians 6:14-18).

### **#12, Renew your mind with the Word of God.**

of God by reading, listening, meditating and obeying God's Word on a continuing basis. Develop positive, healthy and Biblical thinking patterns. (Romans 12:1-3, 1 Peter 1:22).

### **#13, Develop a godly lifestyle.**

Keep your life clean. Grow into Christlikeness (2 Timothy 2:20-22).



## #14, Learn and develop skills you need for a fruitful life.

Example, proper communication skills, proper relationship skills, time management, money management, healthy eating, exercise, professional skills, etc. (Ecclesiastes 10:10)

# LIFE GROUP STUDY GUIDE

## Emotional Wholeness And Deliverance Series Part 2 : Receiving Healing And Deliverance

This is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 2 hours. Each Life Group would have up to 12-15 people.

### Preparation

To prepare for the Life Group meeting, you can listen to the Sermon Key Points (sermon summary in five minutes) or the full length Sunday sermon. You can also review the Sunday Sermon notes. All these are available in the "All Peoples Church Bangalore" mobile App or online at [apcwo.org/sermons](http://apcwo.org/sermons) . Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

### Welcome

The Life Group meeting may commence with a time of prayer, worship and a fun activity.

### LISTEN to God's Word

Read the following Scripture passages: *Isaiah 53:5, Isaiah 61:1-7, James 1:21*

### INVESTIGATE God's Word Together

Discuss these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group study.



*#1, Discuss the 5 important basis for our healing) deliverance and emotional wholeness that were presented:(1) Healing And Deliverance Provided For On The Cross, (2) The New Creation Life, (3) Authority To Expel Demons, (4) Holy Spirit Anointing, (5) The Engrafted Word*

*#2, Deliverance through sanctification and consecration was mentioned as the normal way for a believer to be free from demonic influences, What do you understand by this?*

*#3, Review the 10 points presented in receiving emotional healing and deliverance, Discuss the importance of each of these in the process:(1) Repent, (2) Ask God For Forgiveness, (3) Believe In And Receive The Completed Work Of Christ On The Cross, (4) Release Forgiveness, (5) Embrace The Truth Of God's Word, (6) Renounce The Lies, (7) Close All Doors (Entry Points), (8) Expel Evil Spirits, (9) Consecrate Yourself To The Lord, (10) Welcome The Work Of The Holy Spirit.*

*#4, Review the 4 points presented as "Ongoing Lifestyle Changes" that must be maintained. Discuss the importance of each of these in the process of receiving emotional healing and deliverance:(11) Sever All Ties, (12) Renew Your Mind With The Word Of God, (13) Develop A Godly Lifestyle, (14) Learn And Develop Skills You Need For A Fruitful Life.*

If time permits, each one takes a few (3 minutes max) to share one or two main learning today and how they see themselves applying it into their specific life situations. Within the group, feel free to share areas of emotional healing that may be needed. (Keep all matters confidential). Encourage each one to participate and share.

### **FELLOWSHIP** by sharing your life and spiritual journey

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

### **ENCOURAGE** each other by praying and ministering to one another

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow bringing healing, releasing miracles, prophecy, etc.

Regroup and close by thanking God together.